



This is a digital copy of a book that was preserved for generations on library shelves before it was carefully scanned by Google as part of a project to make the world's books discoverable online.

It has survived long enough for the copyright to expire and the book to enter the public domain. A public domain book is one that was never subject to copyright or whose legal copyright term has expired. Whether a book is in the public domain may vary country to country. Public domain books are our gateways to the past, representing a wealth of history, culture and knowledge that's often difficult to discover.

Marks, notations and other marginalia present in the original volume will appear in this file - a reminder of this book's long journey from the publisher to a library and finally to you.

### Usage guidelines

Google is proud to partner with libraries to digitize public domain materials and make them widely accessible. Public domain books belong to the public and we are merely their custodians. Nevertheless, this work is expensive, so in order to keep providing this resource, we have taken steps to prevent abuse by commercial parties, including placing technical restrictions on automated querying.

We also ask that you:

- + *Make non-commercial use of the files* We designed Google Book Search for use by individuals, and we request that you use these files for personal, non-commercial purposes.
- + *Refrain from automated querying* Do not send automated queries of any sort to Google's system: If you are conducting research on machine translation, optical character recognition or other areas where access to a large amount of text is helpful, please contact us. We encourage the use of public domain materials for these purposes and may be able to help.
- + *Maintain attribution* The Google "watermark" you see on each file is essential for informing people about this project and helping them find additional materials through Google Book Search. Please do not remove it.
- + *Keep it legal* Whatever your use, remember that you are responsible for ensuring that what you are doing is legal. Do not assume that just because we believe a book is in the public domain for users in the United States, that the work is also in the public domain for users in other countries. Whether a book is still in copyright varies from country to country, and we can't offer guidance on whether any specific use of any specific book is allowed. Please do not assume that a book's appearance in Google Book Search means it can be used in any manner anywhere in the world. Copyright infringement liability can be quite severe.

### About Google Book Search

Google's mission is to organize the world's information and to make it universally accessible and useful. Google Book Search helps readers discover the world's books while helping authors and publishers reach new audiences. You can search through the full text of this book on the web at <http://books.google.com/>

UC-NRLF

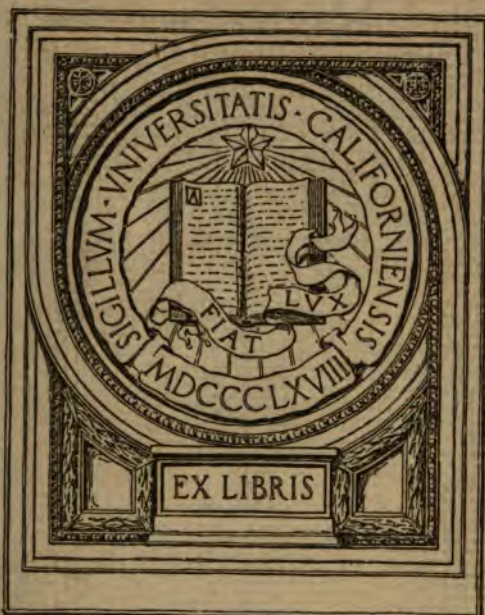


\$B 31 452

# The Art of Acting

---

F.F. MACKAY

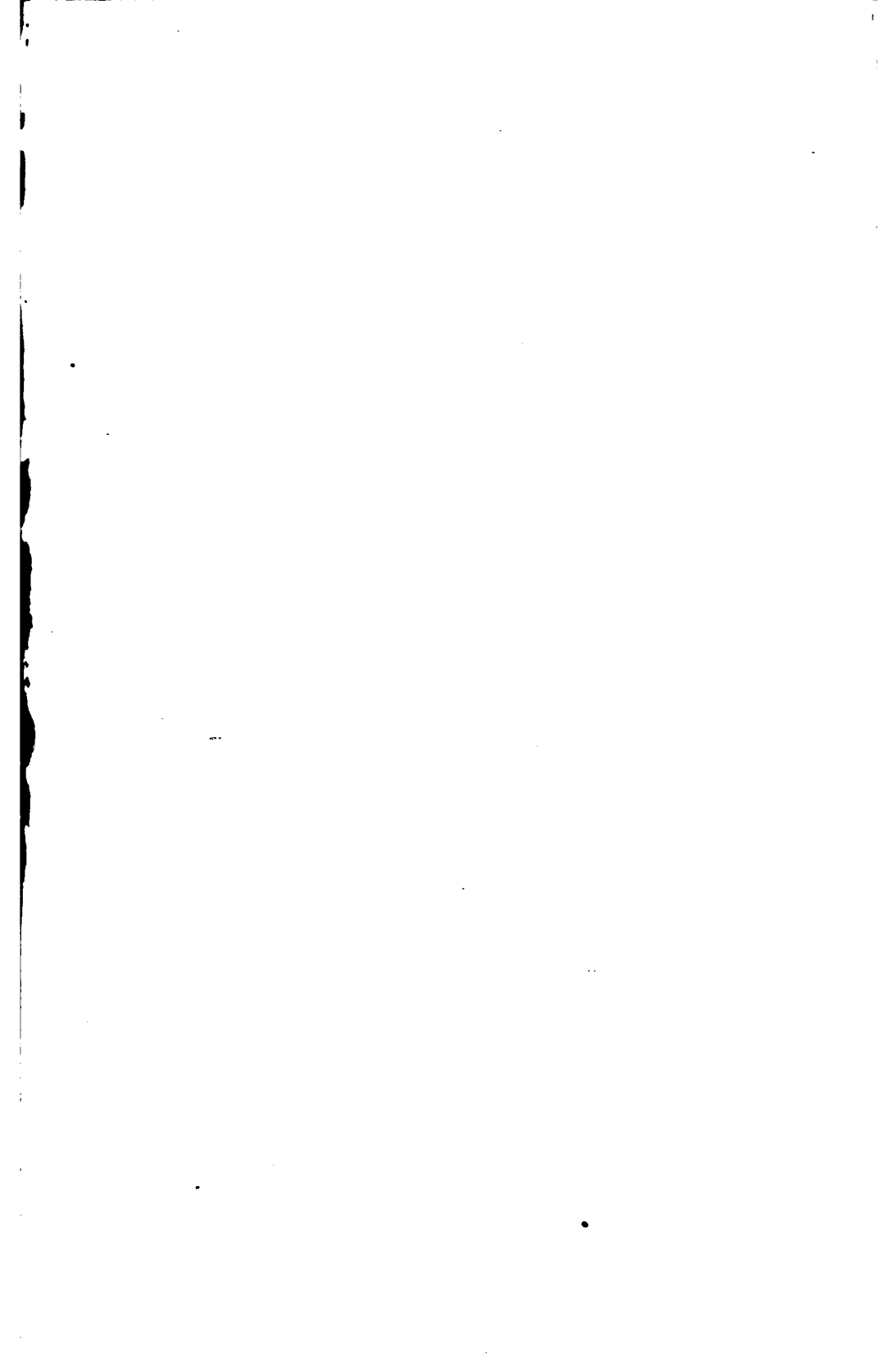


EX LIBRIS

9068  
M1527









# **The Art of Acting**

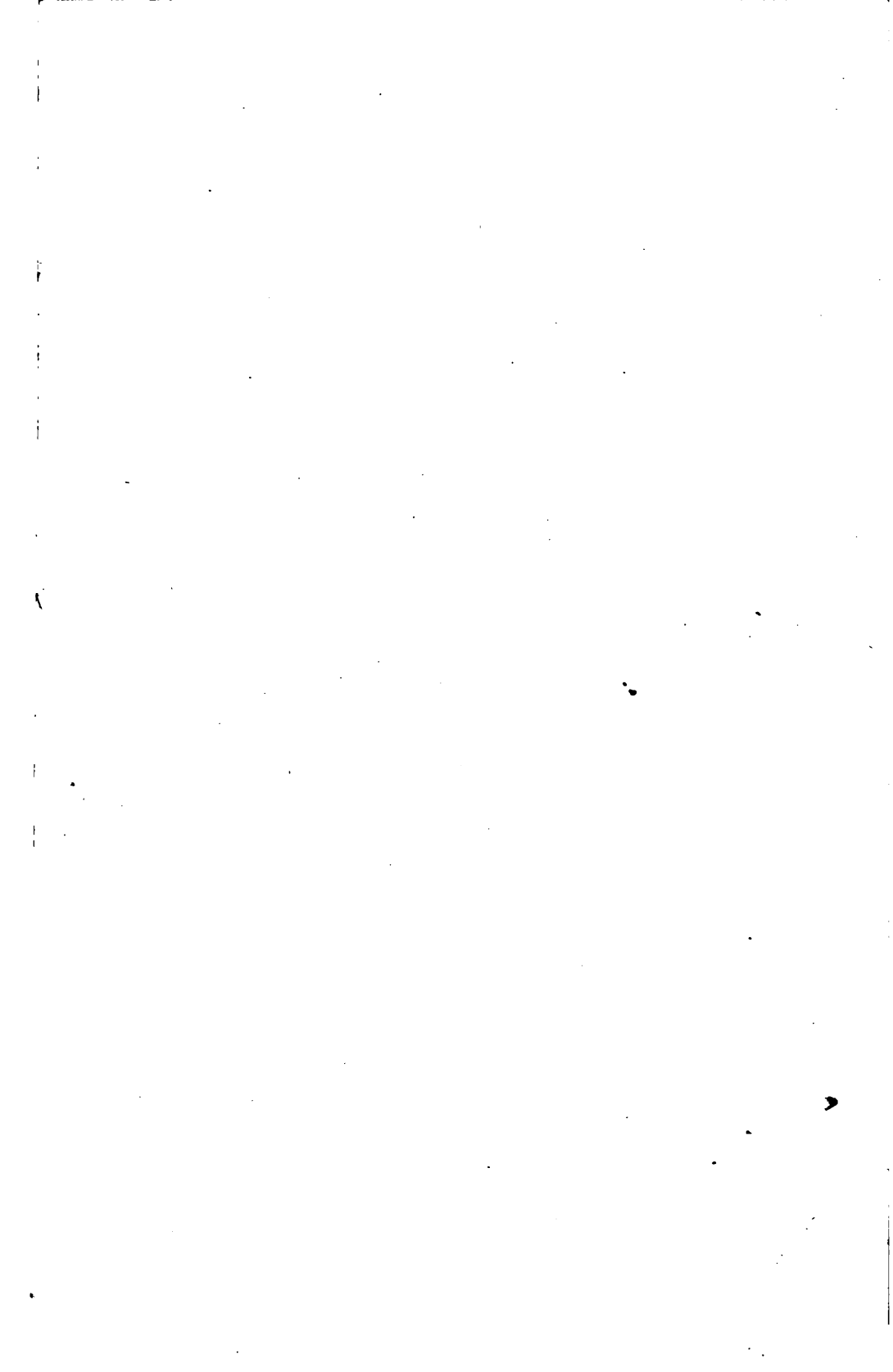


**Works by H. H. Markay**

**The Art of Acting**

**Vocal Gymnastics**

✓ **The Emotional Analysis of Shakespeare's  
Dramatic Characters**  
(In Preparation)





*F. F. Mackay.*

# **The Art of Acting**

By

**H. H. Mackay**

---

Embracing

**The Analysis of Expression**

and its application to

**Dramatic Literature**

---

New York

**H. H. Mackay**

23 West 44th Street

1913



*F. F. Mackay.*

# **The Art of Acting**

By

**H. H. Mackay**

---

Embracing

**The Analysis of Expression**

and its application to

**Dramatic Literature**

---

LIBRARY OF  
UNIVERSITY OF CALIFORNIA

New York

**H. H. Mackay**

23 West 44th Street

1813

**COPYRIGHT, 1913**  
**BY F. F. MACKAY**  

---

**ALL RIGHTS RESERVED**

70 VIND  
AMERICAN

## Contents

PORTRAIT OF THE AUTHOR . . . . .	4
DEDICATION . . . . .	9
INTRODUCTION . . . . .	11
EDWIN BOOTH'S LETTER TO THE AUTHOR . . . . .	14
WHAT IS ACTING? IS IT AN ART? . . . . .	25
THE PASSION . . . . .	63
✓ EMOTIONS . . . . .	67
DEFINITIONS OF THE TECHNIQUE OF SPEECH . . . . .	83
✓ EXPRESSION . . . . .	94
UTTERANCE . . . . .	96
VOICE . . . . .	104
FORCE . . . . .	119
STRESS . . . . .	137
PITCH AND INFLECTION . . . . .	156
TIME . . . . .	173
GESTURE AND POSE . . . . .	189
✓ LAUGHTER . . . . .	215
✓ CRYING AND WEeping . . . . .	227
✓ PERSONAL MAGNETISM . . . . .	240
DRAMA . . . . .	246
THE DRAMATIC DIRECTOR . . . . .	261
MAKE-UP . . . . .	278
ANALYSIS OF THE DRAMATIC COMPOSITION . . . . .	289





## Dedication

---

**T**O my sons—Charles, William, and Edward—I dedicate this book.

---

*My sons, in this volume you will find recorded my observations resulting from fifty-five years of study and practice in the Art of Acting and Teaching.*

*The matter herein contained is the only legacy I am able to leave to you; but I have a hope, almost a belief, that you, starting upon a higher plane of general intelligence, and with a clearer conception of art, may achieve a richer harvest of those "rascal counters" by which the world still estimates the value of the man. But while struggling for existence, love and develop art. The approbation won by the exposition of art is always honest; and the friendship gained by art is always true. The true artist finds in his work a satisfying pleasure which the mere money hunter never experiences. The doing as well as the contemplation of the fine arts, always begets a restful condition of the mind that may not improperly be called happiness. And, after all, what is life without its resting places—those oases in the arid*

## The Art of Acting

*plains of strife—those moments when the mind may cease perceptive work and reflect.*

*The preciseness of mathematical calculation does not seem to harmonize with the qualities of mind that make the most successful developments of the fine arts, yet I would respectfully suggest that a knowledge of arithmetic, sufficient to reckon the sum of one's daily dependence, is absolutely necessary for the preservation of personal liberty and the dignity of freedom. I would therefore advise you to bring your learning in mathematics to bear, occasionally, in ascertaining the value of your art, that you may not be merely the servants of buyers and sellers. Dealers in art will never rate you higher than the value you place upon yourselves.*

*Finally, read, observe, and think for yourselves.*

*Trusting that you will find pleasure and profit in correcting the errors and promulgating the truths of this book; wishing you each and all greater success than has fallen to my lot; and with the assurance that none is less happy and some are happier because I have lived, I am*

*Your affectionate father,  
F. F. MACKAY.*

## **Introduction**

**T**HE exponent of Supreme Power and Omniscience is creation. The exponent of all human knowledge and power is Art.

The greatest pleasure that the mind can know comes from its recognition of Nature's forces—the solution of her secrets, and a knowledge of her ways.

The scientific mind revels in the study of Nature, and the intellectual man listens with delight to an exposition of her mysteries. The greatest mystery in Nature is the ignorance of man.

We know nothing positively; but even comparative knowledge makes a good foundation from which imagination may project her flights. Facts lead us to the boundaries of creation, where fancy flies into unlimited space, with each moment of progress growing and strengthening in the hope that, from the regions of the unknown,

## The Art of Acting

imagination may bring a true theory of that Power that bade all things that are, to be.

Men who love Nature find pleasure in imitating her works.

The poet seeks to describe in words the impressions that Nature makes upon his mind; the musician strives to harmonize the sounds that fall upon his ear, from the bird note to the deep toned thunder; while the painter, with lines and colors, tells the story that Nature reads to him through all her forms by light and shadow tinged.

The dramatist and the actor retell with words, with voice, with pose and gesture, the passion and the emotions of the mind. The basic principle of all mental expression by physical action is the mimetic power.

All men are not born great; nor do all men inherit mimetic power in equal degrees.

The object of this work is to present a method by which the art of acting may be acquired through study, by those who have the inherent fitness for the work of illustrating the *dramatis personae* of the dramatist.

## **Introduction**

This is a subject that I think ought to engage the attention of all lovers of art; and, if I fail to awaken sympathy and to arouse interest in the matter, let the failure be attributed to the inability of the writer, rather than to the absence of worthiness in the Art of Acting.

May 1<sup>st</sup>, '92

My dear W. Mackay-

After several attempts to read your essay without interruption I have succeeded - and with much gratification. I hope with profit. 'Tis 'tis too late, I fear, to begin a life which should have been studied much earlier in my stage-life. 'Tis a noble legacy for you

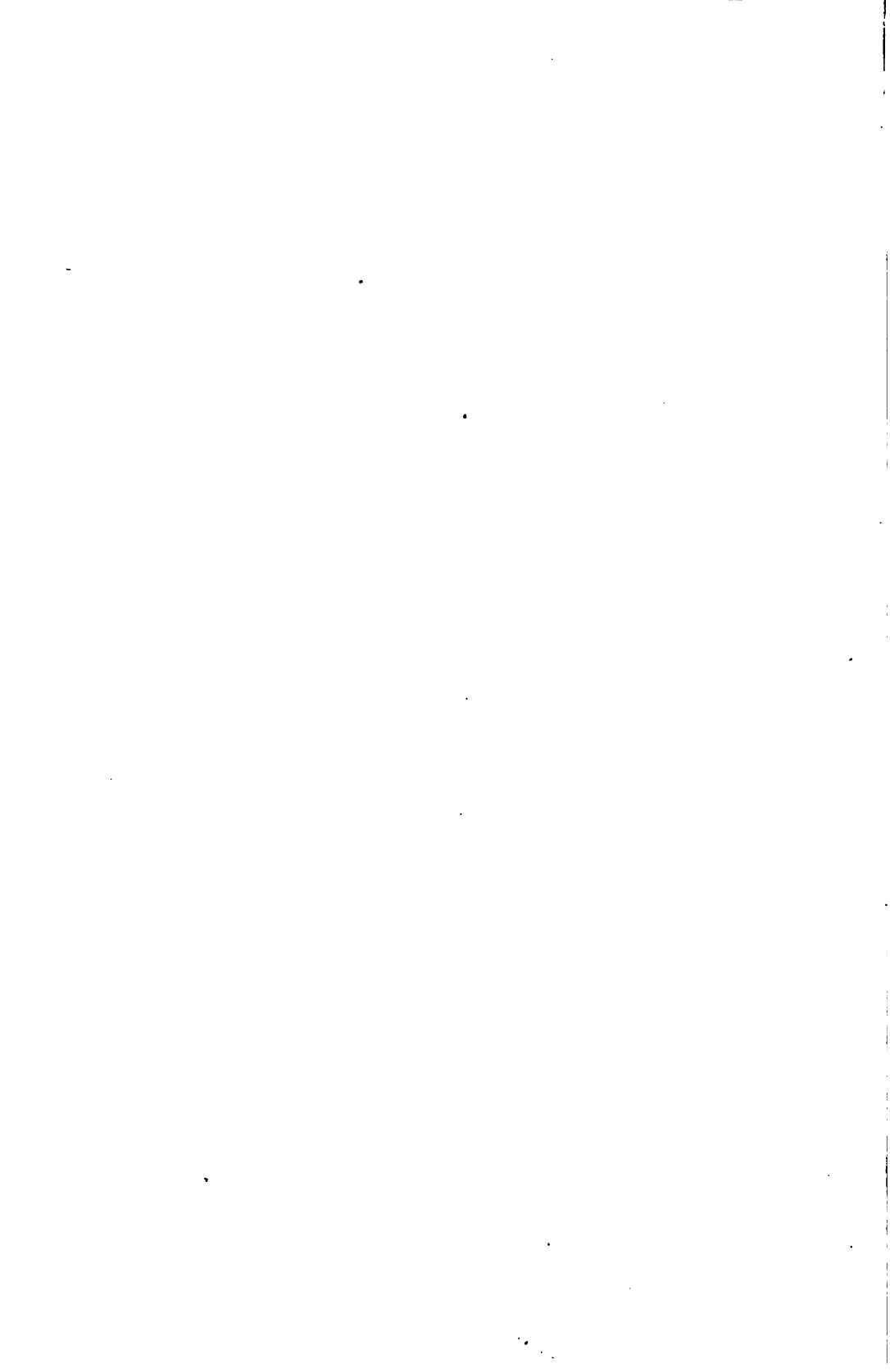
vous, and I sincerely  
hope that it will be of  
great value to you, as  
'tis' honorable to you;  
'tis' full of solid wis-  
dom for the students of  
our art.

Apologizing for  
delay in returning  
it, and thanking you  
for the privilege of  
reading it

I am truly yours

Frederic Booth





## The Art of Acting

**T**HAT the dramatic art takes a high antiquity has been shown by the Oriental scholar, Horace Hayman Wilson, who in 1828 published in London several Indian dramas which he had translated from the Sanscrit, dating some five hundred years before Thespis, who is said to have been a dramatic writer and actor, nearly six hundred years before the establishment of the Christian Church. If age may bring respect, then certainly the art of acting ought to rank among the honorable callings.

But acting has something more than age to recommend it to our favorable consideration. It has been regarded as an exponent of great mental culture among all enlightened nations. Acting is worthy of encouragement, because it is to-day our most intellectual public entertainment, and because it is a powerful factor in the highest

## The Art of Acting

and best civilizing influences of the world.

Acting is worthy of consideration because it strengthens, develops, and beautifies mentally all who study it as an art.

Painting and Sculpture have always been the proteges of refinement; and though, unlike them, acting cannot leave a visible, tangible record, yet in its exhibition it has the power to win and hold more general attention and sympathy than either of them.

The painter and the sculptor may present the linear poses of emotions, but the actor re-presents the emotions themselves. He stands their embodiment. He not only arouses the passion, but he begets motion in the sympathies he awakens, and compels an immediate demonstration for or against the re-presentation.

That the art of acting has not within it the power of self-preservation is a loss, but not a fault nor blemish in the art. It is fleeting as a breath. A pose of the body, a tone of the voice, a glance of the eye, a quiver of the lip, and it is gone; but in its passage it touches the passion

## The Art of Acting

and moves every sensation from joy to despair; and, more than any other art, it makes man forget his selfishness to laugh or weep with the joys or sorrows of his fellow-men.

Shakespeare says:

“Reputation is an idle and most false imposition, oft got without merit and lost without deserving.”

Perhaps to no class of people is the truth of this quotation more entirely applicable, than to dramatic artists.

It often happens that actors, from the representation of characters which have fine situations in a play, due entirely to the constructive ability of the author, are accredited with genius which they do not possess; and while people in the walks of private life may pass through the entire round of dissipation without achieving notoriety, beyond their own immediate neighborhood, dramatic artists are, from the publicity of their calling, liable to the broadest and severest censure for the slightest declensions in morals, or lapse in general deportment.

## **The Art of Acting**

But if the moral status of the theatrical profession is sometimes unjustly criticized through the ignorance and prejudice of those who judge without comparison and pronounce without thought, so too is unstinted approbation often bestowed upon the merest pretense to art; and the readiness with which actors frequently appropriate to themselves the honors which belong to the author, the scenic artist, the machinist, the property-maker, and the calcium-light man especially, is only equalled by the persistent liberality of auditors who, in the excitement of the moment, are ready to bestow fame and favor upon the representative actor, quite unmindful of the author and these auxiliaries.

Other things being equal, better dramatic characters make better actors, in the estimation of the general public, and even professional critics often fall into the error of mistaking for the actor's art those effects which properly belong to the dramatist. In proof of this last proposition, it may be asserted without fear of contradiction—that no actor, whatever his general in-

## The Art of Acting

telligence, has ever succeeded in making a great reputation by the impersonation of inferior characters; and it has often occurred that a novice quite unknown to fame, has achieved distinction in a single evening through some accident which forced the manager to entrust the struggling aspirant with the "leading role." There may be half a dozen Forrests, Davenports, and Booths on the stage during the evening performance, while there can be but one Hamlet, one Lear, or one Macbeth, as the play may be for the occasion. All actors may be artists, but all cannot hope to win distinction in the same play, at the same time; for it is not in the power of any author to place all his *dramatis personae* in an equally favorable light.

There must be shadows in every picture to strengthen the lights and produce a proper effect; and it generally occurs in the dramatic pictures presented on the stage, that the shadows which require the most careful handling and put the ability of the artist to the severest test, produce, after all, only discouraging results to the actor;

## **The Art of Acting**

for the general audience bestow their favors upon the successful hero or virtuous heroine, not because they are represented by the superior artists, but because they are the agreeable "high lights" of the play; while the most artistic efforts of the villain, unless illumined with the glamour of a great name, are lost in the "shadow" with which the author has surrounded him. A good looking "juvenile man" in a stock company would be "called out" for his impersonation of Charles Surface in the comedy of "School for Scandal," while the most artistic efforts of an equally good actor in the character of Joseph Surface would, with most audiences, win for him the reputation of being a "mean sort of a fellow anyway."

This effect comes from the auditor's being more interested in the story or plot of the play than in the art of acting. Indeed there is labor in drawing just conclusions upon any art, and how much of that kind of labor shall be performed, is a question that must always rest with the public. But it may not be inopportune to assert that the dramatic art, or art of acting,

## **The Art of Acting**

would make more rapid improvement if, like the art of painting, it might sometimes be considered and judged apart from the framework—situations made by the author. If criticisms were more frequently the result of reason and not the outburst of an impulse—then the patrons of the theatre would be favored with better performances; for true artists, finding themselves appreciated for their art, would be content to remain in stock companies, instead of “Starring the Country” to appear in “tremendous dramatic situations” or to display individual peculiarities, regardless of the surroundings, or the unities of the play. With just discriminations on the part of the public, actors would be led to adopt a higher standard of excellence than that achieved by appropriating to themselves the applause bestowed by an audience upon the author’s “situations.”

One of the bad effects of this “misfit” applause is that it often encourages the actor to get entirely away from the truth of the character, and to become thoroughly absorbed in presenting his



## **The Art of Acting**

own personality, which is not always a perfect illustration of the author's intention; though it is quite the fashion among weak and merely mercenary authors of the present time, to adapt their work to the idiosyncrasies of some popular actor or actress instead of requiring the dramatic artist to impersonate the characters of the play.

**What is Acting? Is it an Art?**

**What is Art?**

A VERY distinguished actor\* writing upon this subject, quite recently, said: "Art I define as a whole, wherein a large element of beauty clothes and makes acceptable a still larger element of truth." Now while there can be no doubt about the gentleman's ability as an artist, there is great obscurity in his definition of Art, and, as a consequence, there may be some doubt as to its correctness.

How shall we, then, define art? Let us seek for a definition through a brief process of induction.

Two words in our language, "Nature" and "Art," limit and define the universe of things.

Art is not Nature, for the reason that Nature is *created* and Art is *made*, and again,—

\*Coquelin.

## The Art of Acting

Art is not Nature for the reason that Nature *re-produces* plant and animal after their kind, and Art only *re-presents* them, and again,—

Art is not Nature for the reason that Nature is ever *crescent* and Art is ever *decaying*.

Everything that man finds here he calls Nature. Everything that he makes he calls Art. Nature is created. Art is made. To create, in its original sense, is to bring forth a visible, tangible something from an invisible, intangible nothing; while to make, is simply to re-arrange material already created. But to re-arrange—that is, to make—demands a mental and a physical force, and, therefore, art is a result of the application of the impressional force to mental conceptions through muscular action. Under this definition art becomes a generic term which includes the useful as well as the fine arts—two species based in different causes, and with very distinctive effects.

The useful arts are the outcome of the mental and physical forces, striving for the perpetuity of the animal man, but eventually demoralizing

## **What is Acting?**

and depreciating the very forces by which they come into existence. As thus: Suppose two mechanics to seek employment in the office of a machine shop, one man at the age of thirty, the other at the age of sixty-five. Is there any doubt as to which one will obtain the employment, other things being equal? But suppose the question were of oratory, poetry or painting, would we seek the artist of sixty-five, with his experience and years of successful work, and, more than all, with his certain knowledge of his art, or would we intrust the work to the inexperienced man of thirty, who is just beginning his career? The answer is obvious. The fine arts, which result from the effort of the mind to re-present its impressions of nature, actually develop and strengthen the artist, while giving pleasure and thereby happiness to all who are permitted to observe them, through any of the five senses. The power of a people to develop fine art has ever been the limiting power of its highest civilization.

It is very generally asserted and commonly believed that excellence in acting is merely a matter

## The Art of Acting

of individual feeling on the part of the actor, and taste on the part of the audience. To the promulgation and acceptance of this theory of acting, may be attributed much of the indifferent, not to say bad, acting on the American stage.

This theory not only prevents a due consideration and proper appreciation of a very delightful art, among cultivated men and women, but it fosters the egotism of a class of actors and novices who believe they were really born great. This pride of innate greatness is a quality common in the human mind. It shows itself in the love of domination.

The desire to be thought a creature especially favored by the Creator is so strong that even the so-called "self-made man"—he to whom the world accords the honor of seeming to shape his own destiny—will often in boasting of his own personal achievements, fall back upon the history of his ancestors, and assert that he has a right to the position accorded him by his admirers, because of his mental hereditaments from some progenitor who lived high up in the family tree.

## **What is Acting?**

Egotism—unquestioning belief in self—is a liberal purveyor to human vanity.

It is, perhaps, a fortunate thing for many who live by the exhibition of theatrical performances, that so little attention is paid to the art of acting by the public in general and by the critics in particular, but, for the art itself, it is to be regretted that there are but few disciples on the stage, and very few managers, who present acting to the public through love of art, or for any other purpose than that which moves the merchant to present his wares for sale—solely for the acquisition of money.

Well, is not the dealer entitled to all he can acquire by labor expended in handling an article or an art? Undoubtedly. But the theatrical manager has less moral right to allow the art of acting to deteriorate by his handling than the merchant has to adulterate his merchandise or to present a damaged article as first class. The purchaser of adulterated teas may examine before he buys, but the purchaser of a theatre ticket must buy before he examines.

## The Art of Acting

This is treating of acting in the very lowest line of consideration—as mere traffic in the struggle for existence, by those who deal in it.

If there be any truth in the assertion of the philosopher who said: “Every man owes something to the art whereby he lives,” then, certainly, the professors and dealers in histrionism owe something to the art of acting; for it may be asserted, without fear of successful contradiction, that there is no other art that makes such large returns upon the financial and intellectual capital invested.

Is acting merely a matter of taste? Taste is a result of mental action. It may be inherent and it may be cultivated and its function is to accept or reject, to approve or disapprove of a thing already made. Taste never makes anything—it never does anything except to select or to reject, for its own gratification. Taste is a mental quality and not a factor in physical force. Taste is a kind of censor that sits in judgment on all the exterior and interior circumstances of life; and its services are just as necessary to the

## What is Acting?

acknowledged arts of Poetry, Music and Painting as to the disputed art of Acting. All poets, musicians and painters will admit the influence of taste in their art, but none of them will admit that their art is merely taste.

Feeling is one of the senses common to animal life. It is a faculty in human nature on which no one relies—except for first impressions—when he can bring his judgment to bear, or have the advantage of deductions made by comparisons. ~~Feeling~~ Feeling is that sense that places human nature in or out of sympathy with its surroundings whether mental or physical. It is therefore a faculty absolutely necessary to the art of acting. ~~Feeling~~ Feeling is an elementary motor to art; for as taste prompts to the selection, so does feeling prompt to the doing. But as power without proper direction may destroy the very object for whose advancement it is raised, so feeling uncontrolled may make a lunatic instead of an artist. The modern crank is a result of misdirected feeling.

Shakespeare says: "The purpose of playing,"



## The Art of Acting

that is, acting, "both at the first and now, was and is to hold, as 't were, the mirror up to nature"—by imitation—"to show virtue her own feature, scorn her own image, and the very age and body of the time his form and pressure."

Therefore, acting does something. It makes something. Acting makes physical pictures of mental conceptions. Acting is therefore an art. It results from a constant application of mental force to a physical effect, in the re-presentations of Nature. It is pleasing to the beholder and strengthening to the doer. Acting is therefore a fine art, and may be defined as the art of representing human emotions by a just expression of the artificial and the natural language.

Taste and feeling are not arts. Acting is an art; therefore, acting is not a mere matter of taste and feeling.

Taste and feeling are, however, necessary to the art of acting. And although the function of taste in acting is as genuine as it would necessarily be in the selection of this or that kind of discourse for a serious or joyous occasion, or the

## **What is Acting?**

selection of this or that kind of color in arranging pleasing effects in costumes or draperies, or in selecting this or that quality of music for a funeral or a jubilee; yet the feeling that appears, or seems to be, in acting, is not necessarily the genuine sensation of the emotion of the dramatic character represented, but a likeness of the emotion in accordance with the actor's conception of his author's presentation.

An emotion is the result of self-love affected by an exterior circumstance, either past or present, and may be divided into three parts—impression, sensation and expression—the outcome in voice, pose and gesture. In nature all of these factors are active in the presentation of joy, sorrow, anger, or whatever emotion or phase of an emotion is presented. In the art of acting, sensation may be absent but judgment resulting from observation and comparison must, through the faculty of memory, and the mimetic force, direct the physical action so as to produce a likeness of the emotion.

In proof of the position here assumed, that the

## The Art of Acting

art of acting does not necessitate, on the part of the actor, the genuine sensation or feeling of love or joy, or anger, or whatever emotion the author may be describing by his situations, may be cited two or three illustrations that are familiar to actors and are perhaps worth the consideration of the public as facts that will enable them to better understand true art in acting.

The opinion prevails largely that actors who are capable of intense earnestness in their efforts to imitate the signs of an emotion, actually feel the sensation of the emotion they are re-presenting. Now this theory of feeling is just as applicable to the poet, the painter, or the musician, as it is to the actor.

The poet, the painter, and the musician are subject to cold feet and hands, and fevered, aching heads, though sitting apparently quiet in the chair, doing the labor of their respective arts; yet no one thinks of asking the poet if he feels distressed because he fancies that "up the high hill he heaves a huge round stone." Nor does any one ask the musician if the vibrations of the

## What is Arting?

low notes in his compositions have jarred him into a headache. Nor do we ask the painter if his fatigue comes from mental perturbations because he is painting a rearing horse. No, we attribute the distress to the intense mental labor of re-presenting mental impressions by word pictures, tone pictures, and line and color pictures.

So do the signs of distress manifested by a histrionic artist after a great effort, result from an over-draught of the nervous and muscular force, prompted by self-love struggling, through love of art, for approbation.

Earnestness is a prime factor in success. Greatness cannot be achieved without it. Earnestness in what?

Earnestness in doing the imitation. Is it possible that Mme. B.'s Camille is only an imitation—a sham? Yes, 'tis true—and no pity 'tis true—Mme. B.'s Camille is a sham, but the presentation is good, solid, earnest work,—a severe tax on nerve and muscle for the evening.

There are many who believe that Mme. B. actually feels all the joys and sorrows described

## The Art of Acting

in the character of Camille, when she plays it. If this were true "Camille" would undoubtedly soon pass from the popular stage performances of the day for, at the end of the third act, the grief of Camille at parting with her lover is so great that she is ill for six weeks. Now suppose Mme. B. actually experienced the feelings of Camille, the curtain couldn't go up on the fourth act for six weeks—a long stage wait. People who are so eager to catch the early train that they rise before the final curtain is fairly down, would probably be a little late in their return home. No, Mme. B. does not feel as Camille felt. But who knows it? Not the audience; for if the audience can for a moment think that the artist is not suffering with those whom they see suffer, then Mme. B.'s performance is a failure in the art of acting, which must be a perfect imitation of nature.

Who knows, then, that this apparent suffering is not reality?

Let us step behind the scenes for a moment. Perhaps some of you have been there already.

## What is Acting?

So much the better. True art is better appreciated where it is well known.

Well, here we are, and the Camille of the evening is just preparing to go on, in the third act—a long and difficult scene. Before the curtain rises she calls her maid and says: “Jane, you know this scene is very long, and I am always very much fatigued at the end of it, so do have something to refresh me when I come off,” and Jane replies: “Yes, ma’am, the same as usual?”

Camille says: “Yes, I think so. Yes, that will do, only let it be very cold—or, no, I think I’d better have—”

Here the call boy says: “Curtain’s up, Madame B.” and away Camille flies to the entrance, leaving Jane in doubt as to whether she desires a glass of iced tea or a glass of lemonade.

The scene progresses—Camille chats with Mme. Prudence, Nichette and Gustave. She talks of their friendship, the love of Armand, that is making her life like a dream of happiness. She pictures herself in simple summer dress skipping through the fields, or sailing on the water

## The Art of Acting

by his side and her happiness grows in the simplicity and quietness of her life, until she sees herself a child again. Then comes Armand's father on the scene—like cloud o'er summer sun—casting a shadow over her brightest hopes. He crushes her heart to save his own. He pleads for the honor of his family, and for his son's future. He exacts a promise that she will bid Armand farewell forever. She writes her farewell to Armand! He comes on the scene and finds her agitated, and in tears! He exclaims:

"Ah, Camille, how can I ever return such devotion and love!"

Then follows the outburst of her love, losing itself in the sobs and tears of grief at parting.

"And you are happy, are you not? And when you recall, one day, the little proofs of love I have bestowed on you, you will not despise nor curse my memory. Oh do not, do not curse me when you learn how I have loved you!"

"But why these tears, Camille?"

"Do not heed them, Armand. See, they are all gone! No more tears. And you, too, are smiling. Ah! I will live on that smile until we meet again. See, I, too, can smile. You can read

## What is Acting?

until your father comes, and think of me; for I shall never cease to think of you! Adieu, Armand! Adieu forever!"

Camille disappears, and sinks exhausted on a sofa behind the scenes. Her maid approaches with a glass of cold tea, which the actress no sooner tastes than she rejects with an expression of disgust, and exclaims against her maid: "Oh! You stupid thing! I told you to give me a glass of lemonade! I don't want cold tea! I've told you so a thousand times! There, there, don't talk, but take it away."

And thus the love and grief of Camille instantly disappears in the impatience of Madame B., who, ignorant of the true cause of her prostration, fancies that her distress results from experiencing the genuine feelings of Camille; but Jane knows, even while the delighted audience are applauding an artistic representation of love and grief, that their Camille, who radiant with smiles answers to their "call" before the curtain, is still her impatient, petulant mistress,—ready to repeat the imitation of her loves and sorrows and



## The Art of Acting

final death, every night of the six weeks' "run," the period of time through which Dumas says the original Camille suffered illness, almost to death, because of her experiences with the genuine feelings or sensations of love and grief. Then, too, if the artiste really feels the joys and sorrows of Camille, it follows that in order to be consistent with this theory of acting, Mme B. should also experience the sensations which caused Camille's death; for if, in order to be artistic in representing joy and sorrow, it is absolutely necessary to *feel* the joys and sorrows of the character that the artist is illustrating or portraying, how can she represent artistically the death scene of Camille, without feeling the throes of death? In short, upon this theory of absolute necessity of feeling or experiencing the sensations of the character that the artist is illustrating or portraying, how can she represent artistically the death scene of Camille, without feeling the throes of death? In short, upon this theory of absolute necessity of feeling or experiencing the sensations of the character to be portrayed, how can

## **What is Acting?**

the true artist represent Camille's death without herself dying?

Truly a sad condition for a fine art to fall into—where the professors must die in order to live. Why, upon this theory the dramatic profession would need a whole nation to recruit from,—that is, if the actors were obliged to feel all the emotions, to experience all the sensations, of the heroes and heroines, as, for example, the Hamlets, the Macbeths, the Othellos, the Ophelias, the Desdemonas and the Ladies Macbeth.

And when the artist asserts that the impersonation must be correct because it was the outcome of feeling, it may not be too censorious to assert that such a statement is not only the result of ignorance of the laws that govern a highly sensitive being who must suffer fatigue in doing art under the exhausting demands of self-love, for approbation, but it is an acknowledgment of ignorance of the true science that underlies the art of acting. And to assume that feeling without judgment can truly portray the dramatic creatures of such a writer as Shakespeare, or any

## **The Art of Acting**

other dramatic writer whose works take rank with the best literature of our language, indicates the same inability to arrive at just conclusions that would be manifested by a mariner who, because his ship was propelled by an engine of ten thousand horse power, should attempt to cross the ocean without rudder or compass.

It is by the public in general contended that in order to make the auditor feel, the orator and the actor must feel the sensation he is presenting.

The fallacy of this argument may be illustrated thus:

The farmer plants his crop of corn in the springtime. When the corn sprout rises above the ground an inch or two the crow comes from the adjacent forest and plucks it up to get the sweet swollen kernel. To frighten the crow the farmer takes a suit of old clothes, stuffs it with straw, puts a pair of boots on the legs, a hat on the top and hangs it up or stands it up in the cornfield. The crow, seeing the figure of a man, flies away. May we not fairly assume that the crow flies away because it feels fear? What

## **What is Acting?**

does the figure of the man feel that produced fear in the crow? Nothing. The more perfect the sign, the stronger will be the responsive sensation. Now add to the actor the love of approbation as a driving force and the tone, pose and gesture are the signs of the author's mental intention.

Not only does the theory of acting by feeling retard the art by obscuring from the actors the necessity of study, but it must necessarily often destroy the intention of the author. Great dramatic composition is a result of the highest development of all of the senses that combine to make human intelligence. And it takes its position in every civilized country among its proudest literary achievements. The history of Greece and Rome in ancient times, and Spain, France, England and Germany in modern times, will warrant the position. At any rate, the dramatic works of Shakespeare are ranked so high in the scale of rational productions, that his hundreds of commentators have wondered at his beautiful congregations of facts, fancies and philosophy, while not

## **The Art of Acting**

a few scholars both of America and of England have tried to credit these productions to the great Sir Francis Bacon, who through his accumulated knowledge and power of reasoning achieved the reputation of being one of the wisest men of his nation. Whatever else this may mean, it certainly is a great compliment to the intellectuality of dramatic writings. And can it be possible that the players' art, the art of illustrating the works of such great thinkers, shall be relegated to feeling, which is only one of the five senses that combine to make up reason?

The dramatic writer is a constructor of individual characters. He congregates and adjusts human emotions, and so expresses them in artificial language that their kind and their degree are through his medium made known. Hamlet, Macbeth and Othello, Ophelia, Lady Macbeth and Desdemona have long been recognized as distinct characters, as susceptible to mental formation and physical representation by the students of the dramatic art, as are the statues of the Apollo Belvidere or the Venus de Milo, to repro-

## **What is Acting?**

duction by the students of sculpture or the plastic art. It is true, perhaps, that among actors, no two of them present the same characteristics in their impersonation of Hamlet. The differences in the Hamlets presented cannot result from any change in Hamlet himself; for the author—the constructor of that character—has been dead now nearly three centuries, and Shakespeare's Hamlet must remain the Hamlet till doomsday. But just as two painters might contend for the truth of different lights and shadows in a picture, after having made their studies from opposite points of view, and each, inspired by feeling, asserts that he alone is right, so do some actors, unable to analyze for the truth, alter the text, inject action and interpolate language so as to change the construction of Shakespeare's work, fitting it to their own peculiarities, until it is no longer the work of the great dramatist, but the maimed and halting production of the actor's idiosyncrasies. Whatever feeling may do for natural language, it certainly has not the power to analyze and determine the meaning of words and

## The Art of Acting

phrases in artificial language. And as the works of great dramatic writers are admitted to be among the best rational as well as emotional achievements in all languages, is it not probable that an actor will find a more truthful conception of a dramatic situation or speech by seeking for it through the functions of memory and comparison than by groping for it through the operations of feeling?

Feeling is not only a good, but a necessary, motor in acting; but it must be governed by reason if we would obtain best results.

That feeling ungoverned by reason may produce results quite foreign to the author's intention, is clearly shown through the analysis, given by herself, of the feelings of a celebrated actress,\* on which she based her representations of the Sleep-walking Scene of "Lady Macbeth." The actress in a press interview said: "I stand there smitten with horror, dumb with remorse, till the tears run down slowly and silently on my cheeks, before my lips can utter a word."

---

\*Ristori.

## **What is Acting?**

Now, however much opinions may vary about the first part of "Lady Macbeth," it is generally admitted that her death results from remorse,—an overpowering depression of self-love when tortured by the fear of punishment for wrongdoing; and when the judgment settles into a conviction that repentance and atonement cannot regain the lost approbation of the world, despair, the offspring of hopeless remorse, seizes the victim, paralyzes the mind, destroys its healthful relations with the outside world, self-love is lost, self-preservation forgotten, the will power ceases, and the body dies. In the fever of remorse there are no tears. Through repentance the mind may again be put in harmony with its surroundings and the penitent may live; but Lady Macbeth dies of remorse; therefore, we may conclude she did not repent.

In Lady Macbeth's remorse there is despair, but no contrition. There is that mental gnawing that disjoins her mind, breaks her repose, and ends in a mania or melancholia through which death must ensue.



## The Art of Acting

Nowhere in all her character do we find a line declaring or indicating repentance; and no one will, for a moment, doubt Shakespeare's ability to furnish words of contrition had he desired to make Lady Macbeth express sorrow for her sinful act.

Look at the sublime soliloquy of King Claudius in "Hamlet,"—acknowledging his guilt, expressing his hope and praying for pardon.

On the contrary, Shakespeare seems to have marked out a course of mental disease and final death for Lady Macbeth; for when Macbeth is breaking under the effects of the horror induced by the scene of the murder that he has just committed, Lady Macbeth says:

"These deeds must not be thought  
After these ways, so; it will make us mad."

In the Fifth Act the physician who watches with the gentlewoman, after observing all her actions and hearing her words, says:

"More needs she the divine than the physician."

And again, in reply to Macbeth's question—

## What is Acting?

"How does your patient, doctor?"

the physician replies:

"Not so sick, my lord,  
As she is troubled with thick-coming fancies,  
That keep her from her rest."

Then Macbeth rejoins:

"Cure her of that:  
Canst thou not minister to a mind diseas'd;  
Pluck from the memory a rooted sorrow;  
Raze out the written troubles of the brain;  
And with some sweet oblivious antidote  
Cleanse the stuff'd bosom of that perilous stuff?"  
"Therein the patient  
Must minister to himself,"

replies the physician. How do criminals minister to themselves? What is it that brings quiet to the mind, and the re-establishment of its healthful action? Repentance. With repentance comes sympathy from the world; and, through sympathy, pity for self is aroused, and through this pity or compassion for self come tears. In honest communion with ourselves, through love of approbation, begotten of self-love, we pity our own failures and condemn our own misdeeds.

## **The Art of Acting**

But Lady Macbeth did not repent; therefore, we may conclude she did not seek the sympathy of the world, did not receive the sympathy of the world; but that a lingering pride, the remnant of her great selfishness, that led her to seek royal honors by ambition's cruel ways, even through the horrid murder of the aged King, sustained her in the despair of her remorse; and, therefore, Lady Macbeth did not weep.

Yet the actress says she weeps whenever she attempts to re-present this part of Lady Macbeth's character. And she says she cannot help it. Naturally she weeps, for she is a woman of fine feeling, of strong sympathetic nature, and she pities Lady Macbeth as she looks upon her mental and physical ruin—a wreck of the earlier Lady Macbeth. And when she weeps her tears flow from sorrow for the sufferings of another. Her condition is perfectly natural, but it is not therefore artistic.

If you should go to a lunatic asylum to see a former friend, a woman with whom you had been well acquainted, a woman whose physical beauty

## **What is Acting?**

and mental strength had inspired you with admiration, and upon this, your first visit, she should come before you so changed in feature that you could scarcely recognize her—a shriveled form, a death-pale face, with shrunken cheeks, with staring, glassy eyes; and if, instead of recognizing and saluting you, she should, with idiotic leer, pass you by, or stand muttering broken and discordant sentences,—what would be your feelings in such a situation? Undoubtedly you would feel pity for your lost friend, and you would shed tears of sympathy for her condition. This picture places before us two individuals—the one a woman ignorant of her condition, and entirely devoid of any sign of acute suffering—the other a sympathetic friend weeping for the weakness of poor human nature that can be so wrecked. The maniac is Lady Macbeth. The sympathetic lady is the actress who acts upon feelings aroused in her by looking at Shakespeare's wonderful mental wreckage, and so presents herself instead of re-presenting the emotions of Lady Macbeth. And, thus, through feeling,

## The Art of Acting

this great tragic character is robbed of one of its most awe-inspiring effects—death without repentance.

That the actor himself is practically false to this theory of feeling may be clearly shown by stepping into his dressing-room almost any evening in the week, especially, if that evening be during the season of field sports. He returns late from the game to take up his work for the public. As he enters the precinct of grease paint and character costumes, he throws himself on the three-legged chair with a broken back,\* and, heaving a long sigh, says: "By Jove! I don't feel a bit like this thing to-night. It was fearfully stupid of me to stay so late, when I know I must get through this thing once more."

He lights a cigar, puffs awhile, and discourses with a fellow actor upon the merits of the tobacco and the great beauty of the game he has witnessed, until the call boy's voice is heard announcing "Half hour," when the actor starts up with "Well, I must get ready; and to say the

---

\*The bad condition of the stock actor's dressing-room.

## What is Acting?

truth, I feel as stupid as an owl! But there is one comfort, twelve o'clock must come and the curtain must come down." Then he dresses for the character—straightens up his body—takes in a long breath—walks up and down in his room or behind the scenes—thinks over his lines, and, having aroused sufficient force of determined mental action to overcome the relaxation resulting from the fatigue of the day, he begins to concentrate on the illustration of the character, with all its emotions and phases of emotions, and in spite of his feeling of fatigue, his mental weariness or his actual headache from too much nervous strain during the afternoon, or, from the unexpected illness of one of the cast, the artist is frequently complimented for his art, by his admiring friends waiting for him at the back door; and the actor immediately remarks: "Well, I didn't feel a bit like it to-night!"

Will not these illustrations, by foregoing statements of facts, permit us to assume that the dramatic artist never, or, at best, but very seldom, feels like the character; and that egotism,

## **The Art of Acting**

prompted by the love of approbation, leads some actors to think that their ability to portray characters by re-presenting emotions, is a special gift. But just so surely as obtrusive egotism is the outcome of selfishness, so is the theory of feeling in acting the result of ignorance of the science of emotions, the art of acting and of the powers of human endurance

Suppose we assume for the sake of argument that Lady Macbeth was six months dying, from the remorse she felt because of her crime.

Now let us suppose a run of one hundred and eighty nights of this play.

And suppose the actress really did feel all the sensations that Lady Macbeth felt. Then at the end of the first performance she would have lost the one hundred and eightieth part of her force. How could she on the second night of the "run" play the first part of the character with all necessary force? And if we were to assume that the actress recovered each day from the remorse of the night before, she would not die at the end of the run of the one hundred and eighty nights, or

## **What is Acting?**

six months; and so, would not her condition anywhere along the line prove that she did not feel as Lady Macbeth felt?

Then, if it be impossible for the artist to feel like the character portrayed, what should he feel like? He should feel like an artist who has trained his nerve and muscular force to submit his mimetic force entirely to his judgment in representing the intellectual and emotional characters made by authors of dramatic compositions.

The actor must have a cultivated mind to arrive at correct conclusions in analyzing the sentences of an author. He must have a trained body to enable him to present in physical pictures—the mental conceptions—resulting from such analysis.

We know that acting is doing something; and we know that doing is the result of muscular force under mental control; and we know that under mental control muscle can be trained to do anything, from the beautiful posing of the graceful danseuse, or the eccentric suppleness of the contortionist in a circus, to the feats of the strong



## **The Art of Acting**

man, whose breast supports a two thousand pound cannon, while it is being discharged.

If acting is the art of re-presenting human emotions by just expression—true outward signs that made known internal feelings—through artificial and natural language, then certainly a knowledge of emotions and the various forms in which they present themselves, must be a necessary factor in representing the truth, or true art. This knowledge to be available, must be systematized; and knowledge so arranged as to be easily remembered and readily referred to is science.

In nearly all discussions on technique, there has been expressed the fear that technique, if pursued with special care, might destroy or cover up the true meaning of the phrase or sentence to which it is applied. This fear is a fancy to be discarded; for technique is nothing more than the premeditated use of the forms of voice, pose and gesture, through which sensation presents itself in nature. And the question, "If acting is all technique, why cannot every man with a good

## **What is Acting?**

voice and brains act 'Hamlet?' " is assumed by its propounders to be an insurpassable barrier, estopping the further progress of debate on the question of real and imitated emotions. This is in the first place misleading in its assumptions; for it is not asserted by all professors of dramatic art that acting is all technique. And again, it is not asserted by any thoughtful professor of dramatic art that every man with a good voice and brains cannot act "Hamlet."

By parity of reasoning or an analogous mode of questioning, one might ask: "If singing is all technique why can't every woman with a good voice and brains sing 'Carmen?'" or, "If horse racing is all technique, why cannot every horse with four legs and good brains win on the race course?" Well, this is a simple answer. Every horse with four good legs and brains cannot win on the race course because there is a standard of time that he cannot achieve. Every woman with a good voice and brains cannot sing "Carmen" because there is a standard in singing that she cannot reach. And every man with a good voice

## **The Art of Acting**

and brains cannot act "Hamlet" because there is a standard of excellence in acting, with which he does not favorably compare.

This analysis shows a defect in the question.

✓ There is a standard of excellence for skill. To present the intention of the propounders the question may be thus stated: "If acting is all technique, why cannot every man with a good voice and brains act 'Hamlet' up to the same standard of excellence?"

Now for the answer. It is not asserted by professors of dramatic art that every man with a good voice and brains cannot act "Hamlet." But it is asserted that acting is an art. Art is always a result of the application of impressional force to mental conceptions, through muscular action. Art never creates anything, but always makes something by rearranging things already created; and the basic principle of the ability to rearrange things already created is the imitative quality in the human mind, and the history of individuals that make up the group of dramatic aspirants including "every man with a good voice

## **What is Acting?**

and brains," will confirm the statement that there are no two men with good voices and brains whose mental and physical conditions, either in quantity or in quality, are exactly alike. Consequently, the quantity of the imitative quality that enters into the mind of each individual, will not be of equal force in all men with good voices and brains; just as the ability to perceive, compare, and deduce is not the same in all men with good voices and brains.

Then, since the power of imitation in all men with good voices and brains differs in quantity and quality, and the responsiveness of the muscular system under the control of impressional force formulating technique, by the direction of the mimetic quality of the minds of all men with good voices and brains is not the same, it follows that all men with good voices and brains will not produce the same technique. Therefore, although all men with good voices and brains may act "Hamlet," yet, because all men with good voices and brains cannot produce the same technique, every man with a good voice and brains cannot

## **The Art of Acting**

act "Hamlet" up to the same standard of excellence. The technique of an art is the formulated result of a muscular action, under the control of the impressional force that makes the mental conception. Not only does the impressional force, coming from exterior circumstances, differ; but the muscular system whose action makes the formulas called technique, is not, in all men with good voices and brains, equally responsive to the impressional force that makes, at once, the impression and the resultant, which when it is repeated for the purpose of re-presenting the conception, is called technique.

That some people misplace technique and that many attempt technique without due preparation, is undoubtedly a cause of great dissatisfaction to the critical; but to discourage the study of the forms of voice as it changes under the influence of environments, is as injurious to the science and art of elocution in its application to reading, recitation, and acting, as it would be to object to the technique of the composer in arranging a sequence of sounds to be called music. It is not im-

## **What is Acting?**

probable to thinking people that some teachers of elocution object to technique because they rather choose to rely on the impulse of the moment, than do the mental and physical drudgery of training themselves in this kind of work. But "nothing can come of nothing," and even genius cannot impart its specialty except by a deliberately systematized mental action expressed in physical illustration.

Genius is the quickest application muscle to the doing of a mental conception.

There is a science underlying all truthful acting; and, therefore, acting is both a science and an art. As a science it recognizes emotion, dissects it, arranges it, and presents for study the factors that produce it. As an art it puts into practice the appropriate natural and artificial means by which an emotion can be expressed. ✓✓

The word "emotion" and its derivative "emotional," are constantly in use to define plays and limit the qualifications of actors; and yet, so improperly are these words used that they do not clearly limit nor define anything. We hear of

## The Art of Acting

“emotional plays,” and “situations with strong emotions.” What is an emotional play? *What is an emotion?* An emotion, as its derivation signifies (*e et moveo*), means “to move out.”

What is it that moves out? There is the question that must send us back for another starting point,—the passion.

## **The Passion**

**T**HAT self-preservation is the first law of nature is a proposition enunciated and generally believed by all civilized peoples. The infliction of a penalty for the breaking of a law, may be taken as the final proof of the sincere conviction of a people, in the truth of the law.

And all Christian nations are so thoroughly convinced of the truth of the law of self-preservation, that self-destruction fixes upon the suicide the taint of insanity as the penalty for its infringement; and however slight the mental aberration, however brief the period of its wandering, in the moment of destruction, the suicide is, in the opinion of the world, insane or unsound as to this law.



## **The Art of Acting**

And so it may be assumed that mankind generally believes in the law of self-preservation.

And now we ask: Self-preservation for whom? We find the answer in self-love, that inherent principle in our nature which is common to all animal life, and is just as much a necessary part of our mentality, as the leg, or the arm, or even the head is a necessary part of our physical form. Self-love is the passion of the mind; a force that, being acted upon, shows itself by reaction.

And if self-preservation be a first law of nature, then self-love is the first motor to every human action; for it is the cause of self-preservation. This is asserted upon the basis of human reason; and those who choose to wander beyond the limits of reason, to seek the cause in a superior power, may hang their arguments upon any of the branches which I shall, in aiming at another point, leave disjointed and projecting.

Self-love is the primal motor of the ego in man. Through self-love, life and happiness are the first desires of all men. It is common to speak

## The Passion

disparagingly of self-love; but such disparagement results from ignorance.

It cannot be otherwise; for self-love begets our highest aspirations here, making us struggle constantly for the approbation of our fellow-men and filling us with fear to lose the good opinion of the world. Self-love is the source of our best actions, the basis of our laws, the foundation of our highest wisdom and for this reason Christ said: "Do unto others as you would that others should do unto you; for in that you have the *law* and the *prophets*"—the rule of life and the wisdom of the world.

Here we find self-love not only admitted as a principle in life, but taken as the standard of justice between man and man. And here a thought: If our system of education were based upon a knowledge of personal rights as suggested by self-love, instead of a knowledge of arithmetic, in its relation to dollars and cents, might we not hope for a higher standard of morality than we now have?

Self-love is a powerful factor in social life, and

## **The Art of Acting**

a governing force in individual existence. While its action may elevate mentality to its highest flights, it can also depress to lowest depths. It can distract the mind and kill the body. Self-love expresses itself by emotions, and these emotions or outcome of self-love we call joy, fear, anger, grief and many other names describing various phases of these emotions all gathered under the generic term "passion."

Self-love must not be confounded with selfishness.

Selfishness is a static condition of the ego to which everything comes and from which nothing is given off. It is a rudimentary force of the animal in man lacking every quality of human intelligence that serves to make social life agreeable and happiness possible.

Self-love recognizes an ego in every alter. Selfishness sees no ego but self. Selfishness always receives but never gives. Self-love is always giving, in order that it may justly receive.

## Emotions

**T**HE subject of passion and emotions has been discussed and presented for the consideration of students in the field of psychology, by men notable as scholars and analysts; and yet, as the matter stands at the present time, there seems to be much obscurity as to the true meaning and proper application of these words.

Some persons, in using the words "passion" and "emotion," speak of them as being entirely synonymous. Others use these words as if they always expressed the same thing in kind but different in degree; and other speakers, after using the words passion and emotion, seek to make their meaning more explicit by defining them as

## **The Art of Acting**

*heart and soul*, words that are also frequently used as interchangeable terms. Here the obscurity becomes so great that there seems to be no real meaning to any of the words.

Actors often use the words "emotion" and "emotional" as if they were the very antithesis of the word "legitimate," e. g., emotional drama and legitimate drama. And they describe the artist who enacts the character of Lady Macbeth as a "legitimate actress," while the artist who enacts the character of Camille is called an "emotional actress." It requires but little thought to know that the two characters above named are both "emotional" and both "legitimate." In the field of amusement, everything is legitimate that entertains and does not demoralize.

Happiness is the first desire of every human being in the world. The agnostic seeks happiness here. Those who believe in a future life, failing to achieve happiness here, have a final hope for happiness in a state of existence hereafter; and even the atheistic materialist, whose mind cannot conceive a hereafter, looks forward to the

## **Emotions**

termination of life, for the extinction of his unhappiness, and so negatively expresses his desire for happiness.

Self-love is the first active principle of life, in whatever form, the first motor to every human action. The passion of the human mind is ever prompting the ego to seek happiness. Self-love is an individual motor and always acts independently for the happiness of the individual. Unlike selfishness, which is a static condition of self, self-love is always active, re-acting upon self and, by reflection from the alter, bringing happiness or unhappiness to the ego. Self-love, being an individual force, and ever constant in its action for happiness, is always impelling the ego under the pressure of impulse or the power of reason, to seek that condition of repose from physical toil and mental strife that man calls happiness.

Self-love is not only the sustaining power of the ego, but it is an indisputable fact in nature that self-love is the first motor to every human action. Upon a merely superficial view of this

## **The Art of Acting**

proposition, it would seem to lead to the conclusion that there must be an absorption or seizure by the individual of every outlying thing to gratify animal selfishness. The history of the world shows that this is true, and that, as a rule, your neighbor envies you all you possess except your diseases; but history also shows—that is, undisputed general history—that the earth has always borne communities of human beings who, while acting under the influence of this self-love, have nevertheless been compelled by their very nature, to obey the first law that self-love teaches, viz., self-preservation, which is a law of man's nature, always prompting to safety, in order that the ego may enjoy happiness. Happiness is the aim of man's life.

Every circumstance—every environment—that affects self-love, either by elating or by depressing the mind must produce its effect through the force of impression, begetting a sensation in the nerve system, which, being communicated to the muscular system, presents exterior signs which we call emotion. It will thus be seen that

## Emotions

an emotion is made up of three parts, impression, sensation, and exterior action—expression.

Self-love is the foundation of the human hereditament called mentality. It may be called a passion, indeed it might be called *the passion*, since it is the first motor to every human action.

Apparently lying a dormant force, even at birth, it is brought into action only through impressions which it suffers, and it expresses its pleasure or displeasure by the emotions which we name joy, sorrow, love, anger, etc. These emotions are either elating, and therefore tensive in their muscular action, or they are depressing and consequently relaxing to the muscular system. Again, each emotion is a sign of good or evil intention; therefore, emotions either are benevolent or they are malevolent. For example: Joy is a benevolent emotion, tensive in its action,—a bold, abrupt, strong outburst of self-love, proclaiming its gratification and satisfaction with exterior circumstances—past or present environments.

Anger is malevolent emotion, tensive in its



## **The Art of Acting**

action on the muscular, and elating to the mental—a strong, abrupt explosion of self-love in opposition to the impression-making environment or circumstances past or present.

Hatred is chronic or unsatisfied anger—malevolent in its nature, expulsive in utterance, slow in movement, orotund and pectoral in tone, a vanishing stress, and with a general tendency to downward inflection, as if seeking emphasis.

Jealousy is a complex emotion, resulting from the alternate action of the sensations love and anger. Love and anger do not blend in the production of jealousy, but the separate sensations crystallize as they approach each other, and act upon the individual through the inhering force of each of the sensations. Love and anger, the elements of jealousy, act by force of attraction and repulsion, each for the moment quite independent of the other; and the wreckage or destruction of the affected being will depend for its degree upon the strength of the sensation love, the force of the anger and the power of broad mental discipline to suppress their combined ac-

## Emotions

tion. Jealousy is a mental disease, most apparent in youth, where from lack of experience there is no dominating judgment to direct or to exhaust the forces combining against the desired happiness of the being. Jealousy presents itself in ever-varying ways. In voice it runs through every tone or quality, and with all degrees of force. At other times it is silent as to voice and shows itself in muscular action, from the twitching of the facial muscles to the most abrupt and forceful gestures and poses of the body. The look askance, the stolen side-wise glance, the furtive, restless eye, the contraction of the *corrugator supercillii*, the drooping corners of the mouth, are signs of the mental concentration and depression, resulting from jealousy. Though love and anger may ferment in silence and in seeming quiet, while the subject has power to hold them in suppression, yet there comes a point in time when they cannot be contained; then follows abrupt explosive utterance, quick and angular actions and such abnormal mental and physical conditions that the subject is for the time being insane.

## **The Art of Acting**

Study of the action of an impression is an absolute necessity if the artist would know how to imitate the effect through the dramatic author's medium, his words and sentences. Perhaps for this purpose a partial list of emotions and phases of emotion here inserted may be of service.

### **BENEVOLENT EMOTIONS.**

Joy	Gladness	Mirth
Merriment	Happiness	Cheerfulness
Hope	Desire	Expectancy
Grief	Sorrow	Sadness
Pity	Melancholy	Regret
Penitence	Gratitude	Mercy
Love	Friendship	Sympathy
Tenderness	Admiration	Fascination
Infatuation		Confidence

### **MALEVOLENT EMOTIONS.**

Wrath	Hate	Jealousy
Envy	Suspicion	Irritation
Enmity	Pique	Pride
Vanity	Anger	Indignation
Impatience	Vexation	Chagrin
Remorse	Shame	Humiliation
Suffering	Bewilderment	Terror
Horror	Fear	Dread
Fright	Awe	Wonder
Astonishment	Amazement	Surprise

## **Emotions**

### **TENSIVE AND ELATING EMOTIONS.**

Joy	Gladness	Mirth
Merriment	Hope	Desire
Expectancy	Confidence	Wrath
Anger	Indignation	Vexation
Impatience	Irritation	Hate
Jealousy	Envy	Suspicion
Pride	Vanity	Pique
Terror	Fear	Fright
Timidity	Wonder	Astonishment
Amazement		Surprise

### **RELAXING AND DEPRESSING EMOTIONS.**

Horror	Dread	Awe
Dejection	Regret	Remorse
Grief	Sorrow	Sadness
Melancholy	Despair	Despondency
Shame	Humiliation	Chagrin
Mortification	Penitence	Contrition

### **RESTIVE EMOTIONS.**

Love	Mercy	Happiness
Gratitude	Friendship	Tenderness
Cheerfulness	Pity	Compassion
	Sympathy	

### **QUALIFYING WORDS.**

Rapture	Fervor	Buoyancy
Ecstasy	Enthusiasm	Exhilaration
Rage	Fury	Violent

## **The Art of Acting**

It is not here assumed that this is a complete list of the words in our language which name emotions or phases of emotions, but that consideration by the reader of these few words will help to better understand the art of acting.

Of all the emotions that sway the heart or warp the judgment of men and women, none is more potent than the emotion called "love." Love has been the theme of song and story since men could communicate their thoughts and feelings. It has been the prime mover in every social change and is the chief projector and supporter of our social life.

What is love and whence comes it?

What is that mental effect which is to mind as is the perfume of the rose to the tree that bears it? Its highest development.

Whatever may be the final scheme in the individuation of man and woman, we are forced to regard their individual mentality as only parts of a creation whose entity must come from the union of the parts. Self-love is equally strong in man and woman, and is constantly striving in

## **Emotions**

each to perpetuate the ego. This restless longing proves the imperfection of the individual. Something is wanting—repose.

And the outcome of self-love seeking rest by the confiding mental associations of man and woman is the emotion that we call "love."

Love begets the entity of man. And the highest happiness that the ego can know is when two self-loves so perfectly conjoin that love controls the two as one.

Love is always aggressive, leveling in its nature and unlimited in force. It may be trained and led by social laws; but, when society seeks to check its course, love mocks at precedent and rule, laughs at bolts and bars and bids defiance even to death itself; yet this emotion, so powerful, is always soft, tender and persuasive in expression. How beautifully and how truly has that great linguist of the emotions, Shakespeare, described the vocal expression of this emotion is:

"How silver sweet sound lovers' tongues by  
night,  
Like softest music to attending ears."

## **The Art of Acting**

In those two lines what a lesson for actors; and yet in the entire catalogue of passion, there is perhaps no emotion more falsely re-presented on the stage than the emotion—love.

In many instances, the actor, possessing a full, orotund quality of voice, and seeking approbation for personal qualities, rather than for artistic merit, belies the emotion by the use of declamatory force, making it bravado instead of an expression of supplication and persuasion. Let the dramatic artist remember that we sing for sound, but we should talk for sense.

So strong are the habits of tradition in the theatre, that the monotonous and rhythmical effect heard in reading on the stage undoubtedly comes to us from the earliest times of plays in England, when the monks used to chant the Mysteries and Miracles. But the monotony in quality of voice, and sameness of inflection, by reason of the constant recurrence of these factors at certain given intervals of time, are not always the signs of ignorance in the art of acting. They are sometimes the result of an insuppressible de-

## Emotions

sire in the ego of the artist that delights in the musical effect of swelling rhythmical tones.

This defect is commonly described as being in love with one's own voice. But there is still another cause for the habit of impinging sound on sound. This form of utterance becomes an assistant to memory. The abrupt pause—the entire cessation of sound—and change of inflections make a chasm in the action, over which the mind will not always successfully leap to the next word. Clever artists fill up the accident to memory with pantomime; others bridge the space with tones and inflections; novices generally fill up these spaces or pauses, made by the slips of memory, with the repetition of words already spoken.

Anything for sound! Let the student remember that it is not sound sense to lose sense in sound. By this musical trick in the voice, memory catches on and the "stick" is avoided.

There is another effect in speaking, produced by the application of force to the middle of the sound—a kind of crescendo and diminuendo



## **The Art of Acting**

movement of the voice, which being musical in its nature has a soothing, quieting influence on the auditor.

We hear this effect of the voice in all themes of tenderness—sentiments of love and friendship. With light force it prevails in the language of melancholy, and awakens sympathy in the tones of regret. And even when force or loudness of voice is applied to the words, this form of stress has the power to prevent the mind of the auditor from dwelling on the facts in a statement by impressing the hearer with a conception of intense feeling on the part of the speaker, which conception begets feeling in the listener, sometimes overwhelming the judgment. The mind loses its power of comparison and the auditor often responds in an uncontrolled outburst of feeling in harmony with the speaker.

This crescendo and diminuendo form of force being musical in its nature, appeals to feeling. And where the speaker is gifted with a good flow of language, a good voice and an emotional nature, his oratory, to nervous, sensitive people, be-

## **Emotions**

comes quite overpowering. The extreme of the effect of loudness and this musical stress is often seen in camp-meeting oratory, where both men and women are sometimes thrown into spasms, and physically prostrated by its power. These factors in expression should have no place in didactic matter where the appeal is to mental equilibrium only.

Every word in a dramatic composition is the sign of an idea, or something relative to an idea; and if it be true that we can and do analyze a written sentence for the purpose of arriving at a correct conclusion as to its meaning, do we not thereby admit that the sentence, with its principal and subordinate clauses, is only a means of conveyance, by a rational process, of the emotions which the writer would record, of their kind, and in their place? If we make this analysis by a constant reference to our stored up memories of the laws that govern the construction of the written language, then does it not follow, as probable to thinking, that if one's memory be filled with the laws that govern the movements

## **The Art of Acting**

of an emotion, that by placing the several factors of an emotion in their proper relation to each other, we shall be able to re-present the emotional part of the composition, if our logical conclusion be correct?

Every sound that we make in expressing thought and feeling must have utterance, quality of voice, force, stress, time, inflections, pose and gesture,—factors of expression that present themselves so abundantly on every hand that we really never know their true value, until we attempt to invigorate the inanimate signs by which the author has recorded his mental pictures.

## **Definitions of the Technique of Speech**

**I**N defining the art of acting, the phrase, "by the just expression of artificial and natural language," is used.

The word "just" may be taken upon its ordinary interpretation as meaning "correct," "true;" while the word "expression" in its original sense means "to send out" or "to push out." Thus, we find that the just expression of an emotion means to enunciate, to utter the artificial language, so harmoniously blended with the natural language as to present to the mind a true physical picture of the emotion.

What is natural language, and what is artificial language?

Natural language is made up of the tones of

## **The Art of Acting**

the voice with all the variations of modes of utterance, qualities of voice, force, stress, inflections and time, together with the gesticulations and positions of the body. Artificial language is made up of the words that we speak.

We call the tones of the voice, the gesticulations and positions of the body, natural language, because all people of whatever nation understand, without special instruction, the tones of the voice and the actions of the body.

For instance, an American would readily understand the groan, or the laugh, of a Chinaman, although he might not understand a word of the written Chinese tongue. Written language is clearly artificial, because it is made. We must study it and agree as to what it shall mean. We are constantly manufacturing words in the English language. It is not a great many years since the word "telegram" was made and presented, in our vocabulary. Previously to 1853, we used to talk of "a telegraph despatch," but the phrase was too long for the rapid movement of American life, and so, as soon as we could agree

## **Definitions**

upon it, the phrase gave way to the word; and after this manner words have been made and multiplied until our language has grown so rich that almost every sensation and thought may be described without a single movement, except the movements of the vocal and articulating organs.

That words are artificial, and may mean anything by agreement, will perhaps be clearly shown if we write the word "pain" on the blackboard and ask a Frenchman and an American to interpret it. The Frenchman will tell us that it means "bread," while the American will tell us that it means "physical distress." These are two very opposite meanings, but each of these nations has agreed upon the meaning; and so the written word "pain" presents to the mind of each nationality whatever the people of that nation have agreed upon.

Words as we write them, are made up of elementary characters, and as we speak them, they are made up of elementary sounds. It is generally agreed that the elementary characters of the English language are twenty-six in number; but

## The Art of Acting

the agreement upon the number of elementary sounds is not so harmonious. Some writers on this subject have asserted that there are forty-six, others forty-four, while others have contended that there are but forty-two elementary sounds; and some of these are compound, resolvable into a lesser number of simple sounds.

Even if we admit the lowest number, it will be largely in excess of the number of elementary characters used in writing the language. This scarcity of characters for the presentation of sounds, makes one of the greatest difficulties that the stranger has to overcome, in studying our language; and it reduces the perfect speakers to a small percentage among our own people. The French readers find in the body of whatever book or paper they read, signs placed over the characters that give the exact sound to each form, but we have no such signs, and one character must stand for one, two and even four different sounds as thus: *a* in *an, art, all, ale*. This state of things is very perplexing to those foreigners who seek to know our language. However, this

## Definitions

is a matter for the philologist, and as I purpose to write only of the art of acting, I shall confine myself to the necessities of that art in using the sounds as we find them, instead of discussing the question, why are they so obscurely characterized?

Since in the art of acting we must speak, we ought to know what we speak, and how to speak

The basis of the English language, in speaking, is the elementary sounds.

I am of the opinion that there are but forty-two; and even some of these are compounds, or partial compounds of a lesser number of single sounds. As, for example, the sound made in pronouncing the long or alphabetical *i*, is composed of the sound of *a*, as we hear it in *father*, and the long sound of *e*. And the sound made in pronouncing the alphabetical *a* is made up of a sound that is only found in itself, and the long or alphabetical sound of *e*.

These forty-two elementary sounds may be divided into three classes, and so named as to define their nature, as



## The Art of Acting

TONIC.	SUBTONIC.	ATONIC.
<i>a</i> as in <i>ale</i>	<i>b</i> as in <i>babe</i>	<i>p</i> as in <i>pipe</i>
<i>a</i> as in <i>arm</i>	<i>d</i> as in <i>did</i>	<i>t</i> as in <i>tent</i>
<i>a</i> as in <i>all</i>	<i>g</i> as in <i>gag</i>	<i>k</i> as in <i>kite</i>
<i>a</i> as in <i>and</i>	<i>j</i> as in <i>joy</i>	<i>ch</i> as in <i>child</i>
<i>e</i> as in <i>eve</i>	<i>v</i> as in <i>vile</i>	<i>f</i> as in <i>fate</i>
<i>e</i> as in <i>end</i>	<i>th</i> as in <i>then</i>	<i>th</i> as in <i>think</i>
<i>i</i> as in <i>ice</i>	<i>z</i> as in <i>zone</i>	<i>s</i> as in <i>sin</i>
<i>i</i> as in <i>imp</i>	<i>z</i> as in <i>azure</i>	<i>sh</i> as in <i>she</i>
<i>o</i> as in <i>old</i>	<i>l</i> as in <i>lull</i>	<i>h</i> as in <i>hat</i>
<i>o</i> as in <i>move</i>	<i>m</i> as in <i>mar</i>	<i>wh</i> as in <i>what</i>
<i>o</i> as in <i>on</i>	<i>n</i> as in <i>not</i>	
<i>u</i> as in <i>tune</i>	<i>r</i> as in <i>far</i>	
<i>u</i> as in <i>up</i>	<i>r</i> as in <i>run</i>	
<i>u</i> as in <i>full</i>	<i>ng</i> as in <i>sing</i>	
<i>ou</i> as in <i>out</i>	<i>w</i> as in <i>well</i>	
<i>oi</i> as in <i>oil</i>	<i>y</i> as in <i>yet</i>	

There are sixteen tonic, sixteen subtonic, and ten atonic elementary sounds.

The tonic elements are those sounds that make up the round full form of our language when we speak. By the tonic elements we present and sustain the different qualities of voice, the force,

## Definitions

the stress, the inflections, and the time of movement in speaking. The subtonics assist the tonics in supporting or carrying these parts of expression, while, together with the atonic elements, they serve to cut up and separate the tonic elements into words and syllables. The base of every syllable in the English language must be a tonic element. Although there are but sixteen of these tonics to give variety of tone to the voice, yet quite one-fourth (twenty-five per cent.) of the fullness and boldness of our language is thrown away by careless speakers in substituting the sound of *u* in *up* for the five sounds *ā* *ā* *ā* *ō* and *ē* in the words *was*, *for*, *and*, *of*, and all words terminating in *ent* and *ment*; e g., *patience*, *government*. This is a very large percentage of sound thrown away when we remember that men do business and grow rich upon one-eighth of one per cent. To one who desires to make clearly defined vocal pictures, the study of the tonic elements of our language is of very great importance.

As separatives and articulators, the subtonics

## **The Art of Acting**

and atonics are deserving of very nice attention in the study of oratory; but to the actor these elements become especially interesting, and a knowledge of their powers peculiarly valuable. It is through this knowledge that the student may at once recognize the transposition of elementary sounds that foreigners make in their efforts to pronounce the English language; and such knowledge must certainly be a very desirable acquisition to the dramatic artist since in his professional capacity he is frequently called upon to give imitations of broken English in the characterization of foreigners. However good the acting might be in certain other respects, we could not recognize the Irishman without those transpositions that make his brogue, nor the Frenchman without his transpositions and nasal effect in voice, nor the German without his transpositions and guttural sounds. And with all due respect, I say to those distinguished foreigners, who have been seen on the American stage and much admired by many, that the art of acting cannot be perfect while the articulation and the

## **Definitions**

pronunciation of the language are imperfect; for the audience will always desire to know the cause of action; and this they cannot know unless the speaking as well as the gesticulation and positions be artistic. No speaking can be truly artistic without precision in articulation and correctness in pronunciation. Correct pronunciation is articulating the sounds properly and accenting the syllables of a word according to an accepted dictionary.

Articulation and pronunciation are but the necessary mechanism of enunciation or utterance, the first factor of expression, by which the words, the signs of an idea, may be intelligently presented to the sense of hearing. Any one with properly formed lips, teeth, tongue and palate may articulate precisely, and, with memory, may always pronounce correctly.

To neglect articulation and pronunciation is to throw away two powerful assistants to the dramatic art; for, with perfection in articulation, the sounds, by the muscular action of the lips and tongue, are compacted and driven through the

## **The Art of Acting**

auditorium of a theatre to strike the auricular nerve of the auditor with a proper effect, like a bullet sent to the bull's-eye of a target from the muzzle of a gun; while sounds projected carelessly may be likened to a ball of sawdust that by atmospheric resistance is exploded and scattered, never reaching the object at which it was aimed.

By reason of the neglect of this simple part of the art of acting, we hear people, even in the middle distance of the auditorium of a theatre inquiring of a neighbor, with an apology for the intrusion,—“What did he say? I didn't hear him.” Of course, the inquirer did hear but did not understand because of the speaker's imperfect articulation.

A few minutes of practice each day, in the analysis of words, that is, resolving them into their elementary sounds, and doing them with the organs of articulation, will in a short time produce most gratifying results to the artist and to his auditors. The artist may find excellent practice in analyzing the second person singular of the indicative mood, present and past tense, of

## **Definitions**

any verb in our language; e. g., "Thou trou-bl'st."  
"Thou trou-bl'dst." "Thou charm'st." "Thou  
charm'dst."

Correct pronunciation means simply the putting together of the elementary sounds into syllables and words and accenting the syllable of a word according to the best usage of the language.

In all cultivated languages there are standard dictionaries for the study of the history, the meaning, accentuation and euphony of words.

It is true that the lexicographers differ about the meaning, the elementary sounds, and the accent of words; and the actor should therefore, and because of his position before the public, select for his authority a dictionary that gives the fullest history and the most perfect euphony to the words. The actor should, in pronunciation, be a good authority and a satisfactory reference for the patrons of his art. To be ignorant of a sufficient authority upon the question of a disputed word, is unworthy a true dramatic artist.

## **Expression**

**B**Y the use of the word "expression," in defining the art of acting, we understand a result arising from combining all the elementary principles of artificial and natural language, and their presentation or sending out, for an effect, which effect should be a true, visible and auricular picture of the author's mental conceptions.

Articulation and pronunciation are merely the mechanism of expression, the absolutely necessary machinery by which the thoughts and sensations of the mind are conveyed to the sense of hearing. The more perfect this machinery, the more certain the effect of the emotion. But whether it be the rage of anger or of grief, the shout of joy, the murmur of happiness, the wail

## **Expression**

of despair, or the merriment of laughter—whatever the emotion or the phase of emotion—it must be recognized through the factors of expression; and however great or small the dissimilarity in emotions, the difference in expression always results from a transposition of the modes of utterance, the qualities of the voice, the force of the voice, the stress, the time, and the inflections of the voice, just as the forms of grammar and the figures of rhetoric result from the position and transposition of words and phrases in a sentence. Grammar, rhetoric and logic are intellectual arts; so is acting an intellectual art; but, while in the study of the first three arts named, we are to consider only the rational processes, in acting we are to study feeling—that is, sensation as it appears by the various emotions.

Through the science of grammar, rhetoric and logic, we learn from words the true conceptions of the author; through the science of emotions we vitalize those conceptions; and by the art of acting we re-present them in dramatic characters.



## Utterance

**B**Y utterance we understand merely the mode of sending out the sounds made by the organs of speech.

There are seven modes of utterance. The effusive, the expulsive, the explosive, the sighing, the sobbing, the panting and the gasping.

This factor of expression, mode of utterance, is heard on all sides of us, and in some of the above forms, at all hours of the day and night; so that one needs to have but small powers of observation to acquire a knowledge of it; and, with a little daily practice, one may make the imitation quite in perfection.

Each mode of utterance has its peculiar dramatic language; that is, as a factor in expression it has its own peculiar power.

## Utterance

*Effusive utterance* is the language of repose. It is the result of a quiet, undisturbed condition of the mind, and is, in short, voice produced by the vocalization of our normal breathing. It is pouring out sound. Therefore, this mode of utterance is applicable, in acting, to all those passages, in dramatic composition, that convey the idea of physical and mental repose.

*Expulsive utterance* is the language of sustained mental activity—that degree of mental force that sets the muscular system to work compressing the air in the lungs and driving it out with a louder sound—a more determined effort to be heard.

In acting, the expulsive mode of utterance applies to all sustained, didactic, argumentative passages, and descriptive matter, whether moderate or declamatory in force.

*Explosive utterance* results from sudden mental impressions producing abrupt muscular action. It is, therefore, the language of everything impulsive, and in acting applies to exclamations of all kinds, whatever the emotion seeking rec-

## The Art of Acting

ognition. The shout of joy, the shriek of terror, the outburst of laughter, gladness and mirth, though differing in force, are all explosive in utterance; and even argument, though didactic in its nature, becomes explosive in utterance when it assumes the dogmatic form. The dogmatic speaker is always impulsive and his utterance becomes a series of explosions, as if he were shooting each word at his auditors.

*The sighing utterance* is the language of mental distress, and is the outcome of a large, quick, though not abrupt, inhalation, and prolonged exhalation in the expulsive mode. The sigh tells of muscular suppression through long continued mental action. It is always dramatic, for it indicates, at the moment, the resumption of the physical activity. The sigh in dramatic composition is generally signified by the words "Ah!" or "Oh!" sometimes by "O!" and "Ah, ha!" The well-known sigh in the celebrated Sleep-walking Scene, in "Macbeth," is written with three consecutive "O's," which a celebrated foreign actress, because of her ignorance of the English

## Utterance

language, delivered as if they were three consecutive sighs—although the attendant immediately says, "What a *sigh* was there!" As well might we assume, whenever we meet with the three forms "ha, ha, ha," so common in dramatic writing, that they mean three consecutive laughs.

*Sobbing utterance* is the language of mental distress in a greater degree than is expressed by the sigh. The sob generally terminates a long strain of weeping. It shows the inability of the mind to control the physique. It is made by a spasmodic inhalation and an expulsive exhalation of the breath. The absence of this factor of expression in imitating the subsidence of an overwhelming outburst of grief, destroys the truthfulness of the representation, and shows the lack of study in the would-be artist. The opportunities for observation are almost as common as are the chances for studying the sigh, for the sob frequently remains as the language of mental distress hours after the cause of the outburst has passed away.

The lack of this very simple part in terminat-

## The Art of Acting

ing Juliet's scene with the Nurse, wherein Juliet learns of the banishment of Romeo, as the conclusion of a heartrending grief, generally exposes the actress to the criticism that she is only playing that she is acting.

*Panting utterance* results from any unusual and violent exercise, as fast walking, jumping and running. The breathing is made up of short, quick inhalations with rapid expulsions. The action of the abdominal, intercostal and pectoral muscles is abnormal both in tension and in relaxation, indicating a larger consumption of the vitalizing principle of the air than can be taken in by the ordinary sustained breathing. Therefore, the panting utterance is the language of physical distress. Panting utterance projects a sentence broken into phrases disjoined in sense; and when the panting is very violent, it utters merely the words, with sometimes long pauses between.

The defect in this kind of utterance on the stage is, that the physical distress generally disappears too quickly, and so destroys, almost in its inception, the illusion which a longer continued

## Utterance

action might perfect. A very fair specimen of this kind of utterance may be found in the lines of the Nurse in the scene with Juliet, when, to the old woman hastening home with news of Romeo, Juliet exclaims: "O honey nurse, what news?" The Nurse talks of her weariness, her aching bones, and the jaunt she has had, and when Juliet further implores her with "Good, good nurse, speak!" the Nurse replies:

"Jesu, what haste! can you—not stay—  
awhile? Do you—not see—that I—am—out of  
—breath?"\*

Panting utterance is an important factor in the representation of great fatigue in wrestling, boxing and fencing on the stage, and, quite as much as any other part of expression, helps the audience to appreciate the dramatic situation. This mode of utterance is very simple in form and easy of acquisition. By a little practice in doing and judgment in the application, another element may be added to beautify the art.

*Gasping utterance* is made by a long, slow and

---

\*Also the Messenger in "Macbeth," Act V., Scene V.

## **The Art of Acting**

continuously weakening exhalation and a short, abrupt inhalation. It is the language of physical exhaustion. It seems like an intense muscular contraction for the purpose of retaining the breath, which the gradual relaxation, through growing weakness, allows to escape in an explosive manner at first, but which terminates in mere effusion; and then by an abrupt contraction, as if the will power had suddenly determined to live on, the breath is snatched back again at the very point of its final exit.

The words and phrases of a sentence ride out upon the expiring breath with a general diminution of force until the final cessation of the cause by either recovery or death.

This mode of utterance is more difficult to acquire than either the "sobbing" or the "panting," because of its complex and unnatural action, and also because the opportunities for observation are not so frequent. However, there are always opportunities for study in hospitals of any large city. This factor of expression belongs to nearly all heroic death scenes on the stage, for they are

## Utterance

generally the result of violence, forcing a strong will to contend with a decaying or broken physique.

Mercutio's death scene furnishes a very fine specimen of this mode of utterance.

*Mercutio.*

Why the devil—came you between us?—I was,  
hurt under your arm.

*Romeo.*

I thought all for the best.

*Mercutio.*

Help me into some house—Benvolio—or I  
shall faint—a plague o' both your houses—  
They have made worm's meat—of me—I have  
it—and soundly, too——your houses!



## Voice

THE next factor in expression to be considered is Voice. On this factor a volume might be written without exhausting the subject. But as the cause, development, and effect of voice in dramatic art only are the object of this essay, I shall speak of the voice only in its application to acting.

Every actor has a voice of some kind; either harsh or soft, squeaking or musical, orotund or thin, pectoral or nasal, guttural or head tone; and if the characters to be assumed were each fitted to the actor's peculiar quality of voice, he might always seem to be an artist. But the actor's art is not only limited, but sadly belittled when the dramatist is compelled to fit all of his *dramatis personae* to the natural conditions of the actor. This form of dramatic writing, considered quite

## **Voice**

an accomplishment by some local dramatists, limits the writer and represents the defects of the actor until his "sameness" grows tiresome. There may be money for the manager in this form of dramatic writing and acting, but there is also death to dramatic art in the line of impersonation and illustration of the heroic characters of Shakespeare and other great dramatists.

The dramatic author's art is—

"To show virtue her own feature, scorn her own image, and the very age and body of the time his form and pressure,"

in words so arranged as to present human emotions in their true relation and resemblance to nature; and the actor's art is, through the application of his intelligence and the adaptability of his physique, to illustrate the works of the author.

In the expression of an emotion, voice is a powerful factor; and every actor may, if there be no physical defect, so cultivate his voice as to be able through its changes, not only to re-present correctly the varying phases of emotions, but also to present a repertoire of perhaps three or four

## The Art of Acting

distinct characters without allowing his individuality to appear.

A repertoire of four entirely distinct characters would indeed be very remarkable. I do not remember to have seen any actor with such versatility.

Voice is always made in the larynx at the top of the trachea, by the vibration of the vocal cords, which cords are in themselves merely muscles. Upon the strength of these vocal cords, together with the firmness and hardness of the general muscular and the osseous systems, will depend the *timbre*—the ringing musical tone of the voice. Upon the tension of the vocal cords and the length of the column of air between the larynx and the mouth, will depend the inflections of the voice, and upon the place of principal resonance will depend the quality of the voice.

As a factor in speech, voice is vocalized breath conveying thought and sensation.

Now, while the human being has but one voice, we have all observed a great difference in the same voice under differing circumstances—e. g.,

## VOICE

the mother will call her child to her with one effect of voice, and command her servant with quite another effect of voice. A man will talk of the beauty of the park near Niagara Falls with one effect of voice, while he will speak his admiration and wonder on beholding the grandeur of the Falls themselves, with quite another effect. These are phenomena of the voice so common that the simplest student of nature must have observed them. But perhaps all have not asked why is this or that effect? Why are these changes? The answer is plain and lies before us as thus: Voice is a result of muscular action under mental impressions, and mental impressions are the result of continually changing circumstances; so that we may conclude that voice, like every other factor, in the expression of an emotion is governed by some exterior circumstance, past or present.

The effects of voice that we hear in nature under varying circumstances, may be divided for dramatic purposes into three qualities agreeing with the place of principal resonance, as: *Head tone*, because the place of principal resonance is

## The Art of Acting

in the head; *Pectoral* (*pectus*, the chest), because the place of principal resonance is in the chest; and the *Orotund*, from *os et rotundum*, because the place of principal resonance is in the mouth. The orotund is in reality a combination of the head tone and the pectoral quality and is not only the best vocal exponent of the dignity and grandeur of the human voice, but it is largest in its compass, and the most musical and varied. It touches the head tone and dips down into the pectoral. The true orotund quality, resulting from proper cultivation of well developed vocal organs, is the very perfection of the human voice.

To know of these distinctions in voice, and to know how to make the several qualities, is something; but to the actor all this knowledge is worthless, unless he knows the dramatic language of each of these qualities, so that, after hearing them in nature, he may properly apply them in speaking the language of the dramatic author.

*The Head tone*, because of its penetrating power, and because of its susceptibility to smoothness

## Voice

and softness, is heard, in nature, in all of those situations where mental conviction and persuasion are aimed at, where the speaker seeks rather to present the power of his mentality than to overwhelm by his superior physical force. Therefore, the head tone prevails in argumentation and didactic matter. The emotion love, and all of its phases, friendship, tender sympathy, regret, sadness, melancholy and some phases of joy, as gladness and mirth, assume, with different utterances and varying forces, the head tone. The outburst of anger is generally in the head tone, and through this quality of voice expresses the weakness of the speaker. The shriek of terror, though it may terminate in a broken falsetto, generally begins in the head tone.

The head tone properly prevails in the ordinary conversation of domestic life—the every day local relations; but because of a lack of action in opening the mouth, the tone is much perverted by a resonance through the nose, sometimes described as a “nasal twang;” and because of carelessness in articulation, we have that disagree-

## The Art of Acting

able redundancy even in drawing-room discourses, "I beg pardon."

An excellent illustration of the head tone with an explosive utterance may be made with the raillery of Mercutio throughout the "Queen Mab speech," except where the voice must vary in tone to give the imitation of strength, as in the last part wherein he describes the soldier.

*The Orotund quality* is the vocal representation of strength, power and command. It requires great strength to produce it, and we find it emanating in words when the speaker is seeking to impress others with his own strength or when he is describing the power and grandeur of nature. We look for it in the dramatic hero, because we always associate heroism with strength. We listen for it in the shout of joy, and in the word of command. Without its aid indignation would be changed into anger, and sublime description would become ridiculous. While a military command delivered with a head tone would be laughable; the emotion love presented with the orotund quality becomes a bombastic absurdity. In the

## Notice

first instance the strength of the situation would not be expressed; and in the second instance the sentiment would be overburdened with volume of sound. A good illustration of the effect of these two qualities of voice may be made with that brief speech of Othello, wherein he dismisses Michael Cassio, because of his drunkenness while on guard at Cyprus on the first night of Othello's arrival in the island.

It will be remembered that Othello and Cassio were very close friends; for Desdemona, when suing to Othello for Cassio's reinstatement, says:

"What! Michael Cassio,  
That came a-wooing with you; and so many a  
time,  
When I have spoken of you dispraisingly,  
Hath ta'en your part; to have so much to do  
To bring him in!"

This shows at least a very strong friendship, and Byron says: "Friendship is love without wings." In dismissing this very dear friend, Othello says:

". . . . Cassio, I love thee,  
But never more be officer of mine."

Now if we were to read this entire passage



## The Art of Acting

with head tone, expulsive utterance, moderate force, a median stress, and slow time, we might discover all of Othello's professed love, but none of the strength nor dignity of his office; and if on the other hand we were to read it with an orotund quality throughout, we should find in the voice, power, but no love. What then must we do with it? Divide the sentence into two parts, and use the quality of voice in harmony with the sentiments of each part.

Impressions come upon us with the rapidity of lightning, and the sensation will make changes with all the speed that the machinery of the muscles will allow. The actor may therefore make variation in quality in every phrase or even on a single word in a sentence, if the emotion change in either phase or kind.

*The pectoral quality* of voice is less common in use than the other qualities just described; but it is not less natural than the head tone and the orotund.

The pectoral quality is much lower in resonance than the orotund, and seems to come into

## **Noise**

action as a part of expression at that point where the lowest range of orotund ceases to express strength. The pectoral quality has breadth and volume; but the moment that energy of muscle is applied to drive out the sound, the increase of tension produces orotund, and immediately changes the effect. The pectoral quality is more monotonous in its movement than either of the other qualities, and its range in expression is therefore smaller.

The principal resonance of the pectoral quality is in the chest, and results from a partly relaxed condition of the entire muscular system under any impression that compels the mind to recognize the weakness and dependence of the human being upon some superior power. It is the language of awe. Every circumstance that inspires the human being with a profound respect for a Superior Power, that can but will not destroy, seems to throw down the physical force, and even in the quality of voice declares the weakness of man.

Whether we contemplate the silence and vast-

## **The Art of Acting**

ness of the desert, or wonder at the volume and breadth of the ocean, or seek to scan the mountain peak lost in the shadowing clouds, or, looking into space, behold the myriad worlds that constitute the universe, the impression comes upon the mind that behind all of these phenomena, there is a Supreme and Everlasting Power; and human power is humbled by the thought. The awful as well as the grand and beautiful in nature must find a fitting representative in the quality of voice.

To one who justly appreciates the grandeur and power of Niagara, how absurd would seem the head tone of the beholder who might exclaim, "Oh, how beautiful!" Even the orotund would sound inadequate, while exclaiming in its strength and boldness, "Oh, how grand!" for we should expect with the next breath a suggestion for race-ways, to harness the mighty cataract to mill stones and to the spindles and looms of woolen factories. But the truly awe-inspired looker-on speaks his admiring fear with aspirated pectoral in a single word "Wonderful!"

## VOICE

Within the past few years there has been much discussion among the actors of what is called the "Natural School of Acting"—which simply means doing what is natural to themselves—about the proper quality of voice to be used in representing the true characteristics of the Ghost in "Hamlet." It has been contended that the head tone and the orotund qualities should appear in the voice of the Ghost, according to the emotion to be expressed, just as they might have appeared in the natural or normal condition of Hamlet, the father, when he was King of Denmark.

This may be a proper outcome to the merely grammatical and logical study of the Ghost's speeches; but for dramatic purposes we must consider the emotional part of the character.

As a dramatic person in the play, what is the Ghost, and whence comes he? There are no such creatures in nature; and yet in the play the Ghost exists—that is, he comes upon the scene as other characters do. We may find the likeness of any of the other characters of this play in real life;

## **The Art of Acting**

but no where among the realisms of nature do we find a ghost. The Ghost is, therefore, supernatural—the creature begotten of an awful imagination; for to the poetical temperament, to the strongly emotional man to reach into the realms of the Supreme Power and fetch thence that which the original creator has destroyed, to bring back to earth the dead, to revivify a fraction of that mentality which is the human hereditament from ages of circumstances, with their innumerable impressions, and to make that being do and suffer with a semblance of life, is a truly awful outcome of the imagination. Whatever may be thought of the reality of the confines from which the Ghost comes, a belief in the everlasting fires of that place cannot but terrify the mind, and thoughts of the unlimited torture of his “prison-house” must horrify the body. The Ghost is therefore begotten of awe and horror.

If it be true that the mind, untrammelled by the artificial rules of society, is constantly seeking to present its impressions through ever-varying qualities of voice in harmony with the circum-

## Voice

stance and the impression, then it will follow that we cannot accept this extraordinary character, as speaking with the ordinary qualities of voice. The familiar head tone would dispel the awful by arousing sympathy; and the orotund quality, as the vocal representation of strength, would make the auditor feel that the Ghost must be a voluntary prisoner in his fiery cell, else with such power he might escape from those horrors, the story of which would make "one's eyes start from their spheres."

The Ghost must be awful and his story horrifying, or the dramatic situation is lost. If we have not a quality, quantity and movement of voice to impress the mind of the auditor, and lead it out into the regions of the supernatural, then the Ghost becomes ridiculous by the contrast of the real with the assumed unreal.

As the low notes of the church organ, vibrating on the air, thrill the nerves of sensation and compel the mind to recognize the solemnity of the place as the boundary line between earth and heaven, so does the pectoral quality of voice im-

## **The Art of Acting**

press the auditor with the awfulness of that "undiscovered country from whose bourn" nought but the shades formed of incorporate air return.

In the presentation of awe resulting from the contemplation of the powerful, the grand, and the sublime in nature, the pectoral quality is pure; but when horror ensues as the final result of terror, the voice becomes strongly aspirate. In hatred—that is, chronic, deliberate anger—the pectoral mingles with the guttural,—a quality of voice made by a partial resonance or vibration of the pharynx in imitation of the low, harsh notes of animals that growl, thus expressing the animal nature of the sensation.

A good example of the pectoral affected by guttural resonance, is found in several speeches of Shylock, when expressing his hatred for Antonio. A particularly strong example is in that speech which closes out his terrific scene with Tubal, when his hatred, raging for revenge, says:

"Go, Tubal, fee me an officer; bespeak him a fortnight before;—I will have the heart of him if he forfeit; for were he out of Venice I can make what merchandize I will."

### Force

**T**HE term "force," as applied to the art of acting, is purely technical, and is used to limit and define energy of muscle and loudness of voice. There is an opinion prevailing that "loudness" and "energy" are synonymous terms; but if we reflect that, although we cannot have great loudness without great energy of muscle, we can nevertheless have great energy of muscle without loudness, we may perceive that the word "force" covers something more than loudness of voice. So we may say that force describes the activity and strength of the voice-producing organs.

We cannot divide the force of the speaking voice into the precise degrees named in the singing voice, where the singer and the instrument



## The Art of Acting

must harmonize through *moderato*, *forte*, *fortissimo*, *piano* and *pianissimo*; nor is it at all necessary, for speaking is never done in concert, except to weaken and destroy, while concert in music strengthens and beautifies the effect. Music seeks its expression through sound, while speech is nothing unless it conveys the sense of each particular word.

For the practical purpose of arriving at the dramatic language of force, we may divide the force of the speaking voice into five degrees, which shall approximately express all thought and sensation, as whispering, suppressed, moderate, declamatory and impassioned. Those who have given no thought to the science that underlies the art of acting are quite likely to think these divisions and names arbitrary; that the teacher selects the word for naming a degree of force, and then fits the force to the name; but with only a little observation one may see that the reverse of this is true. We hear the various degrees of force in nature, and we simply name them, in order that we may bring them in from the field of

## Force

observation and apply them correctly in the art of re-presenting. The degree of force is entirely distinct from the quality of voice. For example, in secretiveness, or in weakness, we hear the whisper. Secrecy is the result of a mental determination to avoid discovery, and weakness the inability to control purity of tone in the voice. Hence, we say that the whisper, when voluntary, is the language of secretiveness, and when it is involuntary, it is the language of weakness. It requires but little thought to see the truth of this statement; and any intelligent actor, with but little study of the dramatic situation, will readily learn the just application of this powerful factor in expression. Although there may be none of the loudness that results from purity of tone and energy of muscle, yet the energy of muscle may be so great as to drive the whisper to the farthest corner of the auditorium in either the lecture room, the church, or the theatre. I think the most powerful prayer made as an appeal to the mercy of Omnipotence that I ever listened to, was begun with the whispering force and

## **The Art of Acting**

never arose above suppressed force during the entire time of delivery. It was the most truthful presentation of profound respect to the Supreme Power that I have ever had the pleasure of hearing. I felt that the speaker was fully impressed with the awfulness of coming into the presence of Deity.

Through lack of this kind of force on the part of the attending physician and gentlewoman, the Sleep-walking Scene of Lady Macbeth is generally destroyed. The horror and alarm of Lady Macbeth's "To bed, to bed, there's knocking at the gate," cannot be expressed without the whisper.

### **SUPPRESSED FORCE.**

Suppressed force is the outcome of very intense emotion. Although it resembles the impassioned force, yet there is always a sufficient mental control to prevent the extreme muscular action, resulting in tremor of voice, by the addition of which the suppressed becomes the impassioned force.

The suppressed force is made up of the whis-

## Force

per and whatever quality of voice the situation may call for, as head tone, orotund, or pectoral. In the suppressed force, the whisper in the voice will present the secretiveness of the situation, or the weakness of the speaker, while the tone will present the tenderness, the strength or the horror, as the emotion may be. The suppressed force with the head tone, may be heard among the groups around the sick-bed, around the bier, at the funeral of a friend, or in the cemetery where friends assemble to pay a tender respect to the dead, and in the words of love and friendship, when the situation is secretive. It is the presence of the suppressed force with the head tone that makes the Balcony Scene of "Romeo and Juliet" truly dramatic, and it is the absence of this suppression in the orotund quality of voice, with which many actors play the murder scene between Macbeth and Lady Macbeth, that entirely destroys the awfulness of the crime—their orotund declamation making it appear an act of heroism to be known and admired by the whole world, rather than a foul deed to be concealed even in

## **The Art of Acting**

the very suppression of their breath. And nowhere can we find a better situation for the illustration of the suppressed pectoral, than in the closing part of this scene, when Macbeth, breaking under the influence of the horror with which the recognition of his brutal, gory murder fills him, exclaims as he is startled by the knocking at the gate, just after Lady Macbeth has left him to replace the daggers—

“How is’t with me, when every noise appals me?  
What hands are here? Ha! they pluck out mine  
eyes!

Will all great Neptune’s ocean wash this blood  
Clean from my hand? No; this my hand will  
rather

The multitudinous seas incarnadine,  
Making the green one red.”

In the suppressed force there is always combination of feeling and intelligence. There is secretiveness or weakness in the aspiration and sensation in the tone. The secretiveness indicates, positively, the governing influence of the mind, and weakness does not close out the possibility of mental action as a controlling power in the sensation. Even in the continued action of

## **Force**

horror we find mentality seeking relief for the embarrassment of the physical condition. Suppressed force, when voluntary, is the outcome of the study of self-control, and its proper use always indicates cultivation in the artist.

### **MODERATE FORCE.**

We find in nature a degree of loudness which seems always to appeal to the intellect only. It never seeks to arouse feeling and is constantly opposed to any display of sensation by which mentality may lose control of the situation. This may be called moderate force. We hear it in all didactic and argumentative matter, where mental education is the object of the speaker. We hear it also in those phases of joy called mirth and gladness, as well as in the earnest discourses upon the serious affairs of life; and although there is sometimes a tendency to suppressed force and an occasional cropping out of declamation among the well disciplined minds of the clergy, still moderate force as a factor of expression, prevails in the solemnity of church service.

## **The Art of Acting**

Moderate force with a head tone, an expulsive or explosive utterance, as the abruptness of the thought may sometimes require, will always hold the subject matter down to a purely mental appeal. The dramatic writer should not forget that the auditor tires, if held down for a long time with the monotony of this combination of vocal effects.

A beautiful illustration of this degree of force may be made with Hamlet's advice to the players; in which scene he takes to task those ranters who "tear a passion to tatters." Of course, in Hamlet's illustration he must himself pass into declamation to present the bombastic folly that he is criticizing; but the prevailing force of the scene, as the logical outcome of his instructions will prove, is moderate.

### **DECLAMATORY FORCE.**

However calm and intelligent the speaker may be, when he starts to present his propositions as the base or opening of a continued and prolonged oration, the moment that the mind begins to receive impressions from exterior circumstances,

## **Force**

either through the effect of immediate surroundings, or through the action of memory, the general muscular system, including the voice-producing organs, is pulled up to an energy that makes a loudness of voice called declamatory force.

Like the suppressed force, it has intelligence and feeling; but declamation differs from suppression in being always strong as well as open and frank. There is no weakness to present, and no thought to conceal. The loudness of the voice and purity of tone seem to boast of the strength of the speaker, and the muscular energy seems to reach out as if to grasp and hold at once the thinking and sensational processes of the audience.

As the suppressed force compels to thought, so does declamatory force arouse in the human being everything that is grand and strong,—open and candid sentiments for the world to hear. Declamation is beautiful and powerful in its place, but when misplaced, as it often is, for want of intelligence in the actor, it becomes bombastic rant, offensive even to common sense, and dis-



## The Art of Acting

tressful to the cultivated auditor, "the censure of the which, *one* should in your allowance outweigh a whole theatre of others." There are many beautiful speeches for the illustration of declamatory force in nearly all of Shakespeare's plays, but "Julius Caesar" is peculiarly rich in opportunities for the practice of this factor of expression. One of the notable misapplications of this force is generally made in the opening of Othello's oration, commencing with "Most potent, grave and reverend signiors," before the Venetian Senate; for although his remembrance of the "moving accidents by flood and field," and his enthusiasm over the growing love of Desdemona, may rouse him up to the declamation during the progress of his speech; yet there can be no doubt that the mental embarrassment of the situation, and the great respect due to the grave and reverend senators before whom he was called, would hold the voice down to a moderate force, or even less loudness in the beginning of his discourse. Some actors have partly reformed the bombastic destruction of this chaste and beautiful

## **Force**

specimen of oratory. "But oh, reform it altogether."

### **IMPASSIONED FORCE.**

When mentality is subordinated to the physical, by reason of any sensation whatever, whether the animal nature is showing its selfishness through the shriek of terror, the shout of joy, the groan of horror, or the outburst of grief, we may call the force of the emotion impassioned.

Impassioned force, as the phrase implies, indicates the absence of mental control. It shows itself in the falsetto of a shriek and in the aspirated pectoral of a groan. In nature this force is frequently the cause of death. Anger with impassioned force may produce apoplexy. The impassioned sensations of joy sometimes kill, and impassioned grief will dethrone reason, begetting melancholia which generally terminates in death.

The imitation of impassioned force on the stage is dangerous, and sometimes brings serious results to the actor. It requires great muscular power to represent it, and great strength of muscle and nerve to sustain the effect. No per-

## **The Art of Acting**

son unskilled in acting can imitate impassioned force with impunity; for if the native feeling be so strong as entirely to control the muscular energy, he will first be in danger of the accidents that happen in real life, or if his physique be strong enough to escape these, he will, in ninety-nine cases in the hundred, overact the situation and so bring down the censure of the audience. And again, if, without proper training, he relies entirely upon his mental direction, by impulse, he will find his untutored muscles unequal to the work, awkwardness will result, and the laugh will come when tears are expected.

It is only through the ability to re-present impassioned force that an artist may truthfully portray the heroic emotions of Shakespeare's dramatic characters.

Such creatures as Macbeth and Lady Macbeth demand from the artist not only a well cultivated and developed mind to conceive their mental attributes, but a thoroughly well trained physique to act those conceptions. It is for the want of attention to the requirements of an art that make

## Horror

such drafts upon the vitality of the performer, that we have to-day but few native American actresses who can present a truthful picture of the wonderfully woeful grandeur of Lady Macbeth's selfish and destructive remorse.

Impassioned force, in addition to the aspiration of the voice, caused by driving more breath upon the vocal cords than can be converted into pure vocality, assumes a trembling, shaking movement because of the momentum of the sensation as it passes over the body, producing a vibratory motion. Therefore, an aspirated tremor will appear in impassioned force whatever the quality of voice. Even the piercing falsetto in a shriek of terror, will become aspirated and vibratory, if the cause of the emotion should produce many repetitions of the expression. Horror, the unrelieved condition of terror, not only produces this shaky movement of the voice, but it also causes such abnormal contractions and relaxations of the entire body, as to break up the continuity of sound, changing the quantity and quality of the voice at almost every instant of its duration, begetting

## The Art of Acting

discords in tone and time that are truly distressful to the listener.

One may sometimes see a full expression of terror in the effect of thunder and lightning upon a herd of cattle in the prairies. The wild running, the muscular contractions, and the unnatural bellowings of the terrified animals are fearful to behold. A truly terrified or horrified man is an animal with such cultivated powers of communication as enable him to pray for existence. We may suppose sufficient mentality to suppress the extreme expression of impassioned force, but this very suppression of voice will produce tremulous and disjointed action.

There is a very fine study of impassioned force by mental suppression in the Horatio and Hamlet scenes with the Ghost in the First Act of "Hamlet." These scenes are full of impassioned force held down in its vocal effort by the disciplined minds of the speakers, but manifesting itself in the tremor of the body, which should produce disjointed action of the voice in both Horatio and Hamlet. Marcellus says:

## Horre

"How now, Horatio, you tremble and look pale."

and Hamlet in his first speech to the Ghost says:

"What may this mean,  
That thou, dead corse, again in complete steel,  
Revisit'st thus the glimpses of the moon,  
Making night hideous, and we fools of nature  
So horridly to shake our disposition  
With thoughts beyond the reaches of our souls?"

There is a fine expression of uncontrolled terror in Macbeth's scenes with the ghost of Banquo, when the sensation of impending danger is so great as entirely to dethrone reason for the time, compelling him to play the madman at the very moment when he had most need for all the diplomacy of the courtier and the majestic dignity of the king. His emotion of terror breaks up the banquet "with most admired disorder." Macbeth's two speeches upon the second appearance of the ghost, beginning with "Avaunt! and quit my sight!" and "What man dare, I dare," are very strong illustrations of the impassioned force, resulting from the desperation of terror, wherein we see the hero challenging a "horrible shadow,"

## The Art of Acting

an "unreal mockery," to be alive again, and meet him in mortal combat. Terror has so overwhelmed Macbeth's intellectual functions that he entirely ignores the presence of the "good peers" by whom he is surrounded, and talks like a mad-man. He even wonders that others can "keep the natural ruby" of their cheeks while his "*are blanch'd with fear.*" And when the ghost disappears he says:

"Why so;—being gone,  
I am a man again—"

thus admitting that he has been shaken from his manhood.

Macduff's return from the chamber where the murdered king lay is a very severe test of the actor's knowledge of the science and art of his profession.

In the traditional acting of this scene the actor enters with his sword drawn and with declamatory force in voice, while beating the canvas walls of the castle with the flat of his sword till they shake from foundation to turret, he shouts:

## Horror

"O! horror, horror, horror,  
"Tongue nor heart cannot conceive nor name  
thee,  
Confusion now hath made his masterpiece;  
Most sacrilegious murder hath broke ope  
The Lord's anointed temple and stole thence  
The life o' the building."

Such a representation of this scene is too absurd for a student of dramatic art, yet this was the manner of acting adopted by the most important actors—men who had filled "leading" positions in the profession.

If we may judge from the words spoken by Macduff when he enters, we must conclude that horror is the sensation that is prompting to speech.

Horror relaxes the muscles and produces a tremulous condition of the whole body. The voice is aspirated, the utterance explosive and spasmodic. The face is pale and much distorted—the eyes are widely open and staring—the walk a kind of stagger, but not like the movements of a drunken person, for there the mental force is striving to control the action.

Macduff should enter quickly, speaking with



## **The Art of Acting**

aspirated voice, uneven in movement and irregular in pause. He should move about the courtyard as he speaks, and at the line, "the life o' the building," he should throw himself on a settee and remain there through the speech ending with, "see and speak for yourselves."

At Macbeth's exit Macduff should start up quickly, and while passing from one point to another, indicating the several sleeping chambers, having partly recovered from the effects of horror, he should shout with great energy and loudness the lines beginning with

"Awake! Awake! Ring the alarum-bell."

When Banquo enters he should throw himself on Banquo's breast and with tremulous, broken voice speak the lines—

"O, Banquo! Banquo!  
Our royal master's murdered."

## **Stress**

**E**VERY tonic element uttered must have duration or length of sound, and so must have a beginning, a middle, and an ending. Now it has been observed, as one of the phenomena of expression, that the force of the voice in speaking is continually changing its location in the sound, according to the nature of the emotion or thought to be expressed. Sometimes the force is heard evenly distributed throughout the entire length of the sound; sometimes its main strength, or blow, falls upon the initial or radical part of the sound; sometimes on the middle; sometimes on the final; and sometimes it is broken up in tittles, making a kind of trembling of the voice that continues from the beginning to

## **The Art of Acting**

the end of the sound. This ever-shifting force is called stress. Therefore, we may define stress as the application of force to some given part of the sound; and, in order that we may study the different effects produced by stress we may name them from their place or location in the sound as, Thorough Stress, Radical Stress, Median Stress, Vanishing Stress, and the Stress of Tremor.

These various stresses, existing in our spoken language, may be heard at all times, and may be studied among all classes of speakers, whatever may be their skill in pronunciation, grammar or rhetoric. Stress must be wherever there is force. Each kind of stress has its own dramatic language. And through the knowledge of this language, as it is heard in nature, the actor must be able to apply the factor stress, in re-presenting the author's emotions that lie hidden among his words.

### **THOROUGH STRESS.**

The Thorough Stress is the language of mental equilibrium and prevails whenever the sit-

## Stress

uation calls for a sustained force, as in the purely mechanical effort of shouting, calling or commanding. It is the language of dignity, and it gives the monotonous effect heard in the expressions of awe, grandeur and sublimity.

This stress may be heard with declamatory force in Macduff's call,

“Awake! awake!—  
Ring the alarum-bell:—murder and treason!  
Banquo and Donalbain! Malcolm! awake!  
Shake off this downy sleep, death's counterfeit,  
And look on death itself! up, up, and see  
The great doom's image! Malcolm! Banquo!  
As from your graves rise up, and walk like  
sprites,  
To countenance this horror!”

The thorough stress also expresses the awfulness of the voice that cried:

“Sleep no more; to all the house:  
Glamis hath murdered sleep and therefore  
Cawdor  
Shall sleep no more: Macbeth shall sleep no  
more:”

This stress might prevail throughout the Ghost's story to Hamlet, and is undoubtedly the

## **The Art of Acting**

only stress that can truly convey the awful sensations of Macbeth while contemplating his surroundings after the hallucination of the dagger has passed from his mind and the realities of the time and the place present themselves to him.

“Now o’er the one-half world  
Nature seems dead, and wicked dreams abuse  
The curtain’d sleep; now witchcraft celebrates  
Pale Hecate’s offerings; and wither’d murder  
Alarum’d by his sentinel, the wolf,  
Whose howl’s his watch, thus with his stealthy  
pace,  
With Tarquin’s ravishing strides, toward his  
design  
Moves like a ghost. Thou sure and firm-set  
earth,  
Hear not my steps, which way they walk, for  
fear  
The very stones prate of my whereabouts,  
And take the present horror from the time,  
Which now suits with it.”

### **RADICAL STRESS.**

Radical Stress is the language of impulse. All of those emotions in which the sensation is so abrupt as to be explosive in utterance, expend

## **Stress**

the greater part of the force on the opening of the sound and thus become initial or radical in stress. Joy and anger, though they may differ in quality of voice, will be the same in mode of utterance and stress—that is, explosive in utterance and initial or radical in stress. All the acute, active phases of joy, as gladness, mirth and merriment, though less in force and differing in quality of voice, will still manifest themselves through explosive utterance and radical stress.

This kind of stress is the weapon with which the precisely didactic and dogmatic speaker delivers a mental blow at the understanding of his auditors. It has power to arouse and keep awake the perceptive faculties and is always sure to hold the attention. Used in excess, the radical stress is the language of arrogant egotism.

One may find a very happy illustration of the predominance of initial stress in the merriment of Gratiano's speech in the "Merchant of Venice:"

"Let me play the fool:  
With mirth and laughter let old wrinkles come;

## The Art of Acting

And let my liver rather heat with wine  
Than my heart cool with mortifying groans.  
Why should a man, whose blood is warm within,  
Sit like his grandsire cut in alabaster?  
Sleep when he wakes? and creep into the jaundice  
By being peevish? I tell thee what, Antonio,—  
I love thee, and it is my love that speaks—”

Up to this point in the speech certainly the radical or initial stress prevails; but, from this place, the thorough stress would run through the next seven lines to present the assumed mental equilibrium and dignity of the would-be oracles—

“A sort of men whose visages  
Do cream and mantle like a standing pond,  
And do a wilful stillness entertain,  
With purpose to be dress'd in an opinion  
Of wisdom, gravity, profound conceit;  
As who should say, *I am Sir Oracle,*  
*And, when I ope my lips, let no dog bark!*”

And, again, the merriment of Gratiano breaks into the radical stress and explosive utterance of laughter with the abrupt exclamation:

“Oh, my Antonio, I do know of these,  
That therefore only are reputed wise  
For saying nothing.”

Another fine illustration of radical stress and

## **Stress**

explosive utterance may be found in Shylock's reply to Solanio and Salarino after they have assisted Lorenzo in eloping with Jessica. Solanio, meeting Shylock, says:

"How now, Shylock? What news among the merchants?"

With an outburst of anger Shylock replies:

"You knew, none so well, none so well as you, of my daughter's flight."

And again the radical stress and explosive utterance, with the impassioned force, very clearly expresses the malignant joy that Shylock feels when Tubal tells him that "Antonio is certainly undone." Shylock replies:

"Nay, that's true; that's very true. Go, Tubal, fee me an officer; bespeak him a fortnight before. I will have the heart of him if he forfeit; for, were he out of Venice, I can make what merchandise I will. Go, go, Tubal, and meet me at our synagogue; go, good Tubal; at our synagogue, Tubal."

The radical stress, with moderate force and varying qualities of voice from head tone to orotund, will prevail in the didactic and argu-



## The Art of Acting

mentative matter of Hamlet's advice to the players:

"Speak the speech, I pray you, as I pronounced it to you, trippingly on the tongue: but if you mouth it, as many of our players do, I had as lief the town-crier spoke my lines."

### MEDIAN STRESS.

When the emotion expresses the pleasing sensations of the speaker, or when it seeks to arouse a feeling of pleasure in the auditor, we find the force of the voice locating itself in the middle of the sound by a crescendo and diminuendo movement that produces a decidedly musical effect. This form of the application of force is called *median* or *middle stress*.

This stress being musical in its nature has within itself the power to take the mind from the realisms of its surroundings, and wholly to engage it merely with the pleasures of sound. It stops the projection of thought and checks reflection, and so the truth of the situation is not questioned. The mind simply longs for, or desires, a continuance of present enjoyment.

## **Stress**

The median stress prevails in the language of love, friendship, mercy, happiness and pity; and, through pity for self, this stress is heard in the language of sadness, melancholy, regret and penitence. The dramatic language of the median stress is persuasion.

This stress, when properly applied, gives a charm to the speaking voice that is only exceeded by the singing voice, which, through the science of music, deals alone with sound, and has the power to charm, even without the sense of the words.

A very beautiful illustration of the median stress, with suppressed force, may be found in the Balcony Scene between Romeo and Juliet in Shakespeare's play. In this scene, love, under circumstances which compel secrecy, is the prompting emotion.

Portia's speech on the quality of mercy in the Fourth Act of the "Merchant of Venice" affords another fine opportunity for the use of this stress. The object of the speaker is to awaken the feelings of Shylock to sympathy, and, through sym-

## The Art of Acting

pathy with a divine attribute, to beget in his mind pity for Antonio.

"The quality of mercy is not strain'd;  
It droppeth as the gentle rain from heaven  
Upon the place beneath; it is twice bless'd;  
It blesseth him that gives and him that takes:  
'Tis mightiest in the mightiest. It becomes  
The throned monarch better than his crown;  
His sceptre shows the force of temporal power,  
The attribute to law and majesty,  
Wherein doth sit the dread and fear of kings;  
But mercy is above this scepter'd sway,—  
It is enthroned in the heart of kings,  
It is an attribute to God himself;  
And earthly power doth then show likest God's  
When mercy seasons justice. Therefore, Jew,  
Though justice be thy plea, consider this—  
That in the course of justice none of us  
Should see salvation: we do pray for mercy;  
And that same prayer doth teach us all to render  
The deeds of mercy."

In the regret and penitence of Wolsey in "King Henry VIII" there is another fine illustration of the median stress. Wolsey evidently pities himself when he says:

"O Cromwell, Cromwell!  
Had I but served my God with half the zeal  
I served my King, he would not in mine age  
Have left me naked to mine enemies."

## Stress

Through the median stress, the noble, growing love of Othello declares itself to Desdemona when he says:

"If it were now to die,  
'Twere now to be most happy; for I fear,  
My soul hath her content so absolute  
That not another comfort like to this  
Succeeds in unknown fate."

### VANISHING OR FINAL STRESS.

When the force is carried over to the last part of the sound, the very act of such carrying over seems to imply determination, and so we find that this application of force, which is called *final stress*, is heard in all of those emotions where time has settled down upon the impulse and seems to exert a restraining influence on the voice for the purpose of making the outcome more positive and irrevocable.

Final stress is therefore the language of hatred, which is in reality a result of the effect of time upon unsatisfied anger. Final stress is also the language of impatience, and it is heard in weeping, or crying, when despite the effort to

## **The Art of Acting**

suppress protracted and convulsive grief, the voice breaks away at the end of a wailing sound and explodes in the sob. Horror and the sensations of disgust, loathing and dread are expressed in nature by the final stress.

A good exemplification of this stress may be found in the soliloquy of Shylock expressing his hatred for Antonio (orotund, slow, downward inflection):

“How like a fawning publican he looks !  
I hate him for he is a Christian ;  
But more for that, in low simplicity,  
He lends out money gratis, and brings down  
The rate of usance here with us in Venice.  
If I can catch him once upon the hip  
I will feed fat the ancient grudge I bear him.  
He hates our sacred nation ; and he rails  
Even there where merchants most do congregate,  
On me, my bargains, and my well-won thrift,  
Which he calls interest. Cursed be my tribe  
If I forgive him !”

An excellent example of final stress, expressing impatience, may be found in the language of Juliet in the Second Act of “Romeo and Juliet,” where she is awaiting the return of the Nurse (head tone, moderate time):

## Stress

"The clock struck nine when I did send the Nurse;

In half an hour she promis'd to return.

Perchance she cannot meet him :—that's not so,—

O, she is lame! love's heralds should be thoughts,

Which ten times faster glide than the sun's beams,

Driving back shadows over lowering hills:

Therefore do nimble-pinioned doves draw love

And therefore hath the wind-swift Cupid wings.

Now is the sun upon the highmost hill

Of this day's journey; and from nine till twelve

Is three long hours,—yet she is not come.

Had she affections and warm youthful blood,

She'd be as swift in motion as a ball;

My words would bandy her to my sweet love,

And his to me :"

Macduff's discovery and announcement of the murder of King Duncan in "Macbeth," affords an excellent illustration of the final stress in the expression of horror.

"O horror, horror, horror! Tongue nor heart

Cannot conceive nor name thee!

Confusion now hath made his masterpiece!

Most sacrilegious murder hath broke ope

The Lord's anointed temple, and stole thence

The life o' the building.

Approach the chamber, and destroy your sight

With a new Gorgon :—do not bid me speak;

See, and then speak yourselves."

## **The Art of Acting**

To one who has witnessed the effect of horror in real life, nothing can be more absurd than the usual stage presentation of the dramatic situation in which the above passage occurs.

Horror shakes the body, aspirates the voice, and breaks up the movement into spasmodic action; and yet, despite the nature of the situation, and the author's description of it, the thoughtless actor rushes on like a giant in strength and, with a voice of a Stentor, shouts from the beginning to the end of the scene; and, then, as if not satisfied with this outrage on art, he exposes the counterfeit castle by beating the painted canvas till he shakes the walls from foundation to chimney top. Declamatory force and smoothness in movement of the voice might appear when Macduff had sufficiently recovered from the prostrating effect of the emotion, to command himself and awake the surrounding sleepers.

Another very excellent example of the final stress may be found in the extreme grief of Lady Capulet over the supposed death of Juliet, Act IV, Scene V.

## **Stress**

"Accurs'd, unhappy, wretched, hateful day!  
Most miserable hour that e'er time saw  
In lasting labour of his pilgrimage!  
But one, poor one, one poor and loving child,  
But one thing to rejoice and solace in,  
And cruel death hath caught it from my sight!"

### **STRESS OF TREMOR.**

The Stress of Tremor is the language of weakness, either positive or comparative. It is therefore heard in sickness, old age, extreme grief or extreme joy, or in any emotion where the sensation is so great as to cause a trembling or shaking of the muscular system, and, per consequence, a vibratory action in the voice.

This stress is not only the exponent of weakness, of old age and sickness, but also of all emotion in the rage or ecstasy of impassioned force. The stress of tremor seems to be the point of expression at which the extremes of human emotions meet, for we find it the dominating stress in extreme uncontrolled grief and the outburst of laughter.

Tremor is the result of breaking up the force of the voice by an ungovernable impulse and



## The Art of Acting

sending it out in a succession of rapid explosions.

Without the Stress of Tremor the old age and weakness of Adam in "As You Like It," when he breaks down in the forest of Arden, would fall far short of truthful illustration.

*Adam to Orlando.*

Dear master, I can go no farther: O, I die for food!

Here lie I down, and measure out my grave.  
Farewell, kind master.

Again, the stress of tremor must be heard in the form of laughter in the speech of Jacques ("As You Like It") to the Duke, wherein he describes the merriment that made him laugh *sans* intermission an hour by the dial.

"A fool, a fool!—I met a fool i' the forest,  
A motley fool!—a miserable world!—  
As I do live by food, I met a fool,  
Who laid him down and basked him in the sun,  
And rail'd on Lady Fortune in good terms,  
In good set terms,—and yet a motley fool."

The grief of Juliet, on hearing the news of Romeo's banishment, would fall far short of impassioned force without this stress. In laughter, the tremor rides out upon a radical or initial

## Stress

stress with an explosive utterance, while in weeping the utterance is expulsive and the stress to which the tremor attaches itself is final.

"Back, foolish tears, back to your native spring;  
Your tributary drops belong to woe,  
Which you, mistaking, offer up to joy.  
My husband lives, that Tybalt would have slain;  
And Tybalt's dead, that would have slain my  
    husband:  
All this is comfort; wherefore weep I, then?  
Some word there was, far worse than Tybalt's  
    death,  
That murder'd me: I would forget it fain;  
But, O, it presses to my memory  
Like damned guilty deeds to sinners' minds:  
*Tybalt is dead, and Romeo banished.*  
That *banish'd*, that one word *banished*,  
Hath slain ten thousand Tybalts—to speak that  
    word  
Is father, mother, Tybalt, Romeo, Juliet,  
All slain, all dead."

Without the stress of tremor the grief and anger of Macduff in Scene III of Act IV, would fall short of impassioned force, and would undoubtedly fail to arouse the sympathetic response that is always made by an audience, when the force and stress of this passage in the play, are truthfully presented. After the first outburst of

## The Art of Acting

grief on the part of Macduff, when Malcolm says: "Dispute it like a man!" we can readily imagine the impassioned force, the expulsive utterance, and the vanishing or final stress with which he would express his determination in the line "I shall do so!" and then the breaking down of that fierce combativeness by the mental action that formulates the next thought in the words:

"But I must also feel it as a man:  
I cannot but remember such things were,  
That were most precious to me.—Did heaven  
look on,  
And would not take their part? Sinful Macduff,  
They were all struck for thee! Naught that I  
am!  
Not for their own demerits, but for mine  
Fell slaughter on their souls: heaven rest them  
now!"

Then Malcolm, seeking by his mental deliberation to change the current of feeling, now expressed in grief, to anger, so that he may use it against Macbeth, instead of allowing it to exhaust itself upon the memory of the pretty chickens and their dam, says:

"Be this the whetstone of your sword: let grief  
Convert to anger; blunt not the heart, enrage it."

## **Stress**

And, immediately, the tones of tenderness are turned to strength. Indignation grows into anger that swells and rages with such impassioned force that the whole frame vibrates under it and again we hear the tremor—

“O, I could play the woman with mine eye,  
And’ braggart with my tongue!—But, gentle  
    heavens,  
Cut short all intermission; front to front  
Bring thou this fiend of Scotland and myself;  
Within my sword’s length set him; if he ’scape  
    me  
Heaven forgive him too!”

## Pitch and Inflection

**P**ITCH is a term in the nomenclature of music, and is used to denote the various degrees of elevation or depression in the tones of the voice. Pitch may therefore be defined as any given point in the line of sound up or down,—a technical term belonging exclusively to music.

A study of pitch in its relation to music is not at all necessary to the art of elocution in acting.

A knowledge of and practice in the various qualities of voice will furnish the dramatic artist with all the varieties in elevation and depression of voice necessary to the expression of any emotion of which the human being is capable; but I have thought proper to define pitch the better to enable me to define *Inflection*, a very important factor in expression.

Pitch, as I have said, is any given point in the line of sound up or down; and the movement of

## Pitch and Inflection

the voice from any point along that line is inflection. The degree of the inflection will always depend upon the strength of the sensation of which the emotion is an expression.

It is true that the sensation may be so slight as to produce very little muscular contraction, and, as a consequence, the variations in the movement of the voice up and down will be scarcely noticeable. Nevertheless, the inflections are constant on every tonic element that we utter, and are the principal cause of the difference between speaking and singing.

In singing, the tonic elements of the language are always uttered as monotones, unless there be a slide or a slur upon the tonic element, *turning* it to some other tonic in a higher or lower pitch; but, in speaking, the voice is inflected from high to low, or from low to high, on every tonic element enunciated. In other words, there is no such thing as monotone in speaking; yet a phrase or a sentence or a paragraph may be made monotonous in the delivery, by the recurrence of any given quality of voice, together with the

## The Art of Acting

same rate of movement and pause, *and a repetition of the same inflections.*

This condition of the voice results from a mental recognition of the grandeur, the awfulness or solemnity of the subject. In the expression of the awful, the horrible, the grand, and the amazing, a variety of inflections would counteract the effect of the emotion, by showing that the weight of the sensation could be lifted and moved about, that is, up or down, at will.

The domination of strong emotions is shown by the suppression of muscular action; while variety in inflection indicates the domination of mentality over sensation.

Inflection, then, is divergence of the line of action from a given point. In the speaking voice, from the moment it strikes the ear till the sound is no longer heard, there is a continuous rising or falling above or below the point at which it is first heard; and the movement of the voice up or down from that point, is inflection of the voice.

The degree of the inflection upward or down-

## **Pitch and Inflection**

ward from the starting point will depend upon the strength of the sensation that makes the emotion.

There are but two directions in which the voice can diverge, viz., upward and downward; and there are, consequently, but two inflections, viz., a rising inflection and a falling inflection; but there is sometimes a divergence from a straight line of action in both the rising and the falling inflections that makes an entire change in the meaning of the word or phrase to which it is applied. It is therefore necessary to name this divergence, so that it may be defined and its meaning understood. It is called a "circumflex inflection" and the circuitous movement of the voice in this divergence from the direct line is heard in both the rising and the falling inflections. Here, then, are two variations in the inflection of the voice from its starting point.

The first two inflections of the voice are a direct rising inflection and a direct falling inflection; the variations from these are an indirect or circumflex rising inflection, and an indirect or



## **The Art of Acting**

circumflex falling inflection. Beside these two variations from the direct rising and falling inflections, there is heard in the voice under some mental conditions, a union of the rising and the falling circumflex inflection that may, for the sake of distinguishing it and describing its meaning, be called a compound circumflex inflection.

To recapitulate, we have two inflections of the voice in speech with three strongly marked variations, viz.:

The Direct Rising Inflection.

The Direct Falling Inflection.

The Circumflex Rising Inflection.

The Circumflex Falling Inflection.

The Compound Circumflex Inflection.

It is something to know that these several variations in the movement of the voice exist in nature; but, unless we know the cause of these variations, we cannot bring them in from the field of nature and apply them in the art of Reading and Recitation.

The cause of the Direct Rising Inflection in nature, is simplicity of mental action and contin-

## **Pitch and Inflection**

uity of thought. The cause of the Direct Falling Inflection is simplicity of mental action and completeness of thought.

In the Circumflex Inflection the rising and falling movement of the voice express continuity of thought and completeness of thought, just the same as the upward or downward movement in the Direct Inflection; but the divergence from the direct line of action indicates mental duplicity or double action of the mind. This can readily be shown by the lines of a right angled triangle.

The direct rising or the direct falling inflection will represent the hypotenuse of the triangle by a straight line, which is the shortest line that can be made from any given point on the base of the angle to any given point on the perpendicular.

Any divergence from the hypotenuse in reaching a point on the perpendicular will lengthen this hypotenuse or inflection of the voice. Now, if the line of action in the voice be lengthened, it will require more time to reach from point to point in the elevation or depression of sound; and if more time is occupied by the

## **The Art of Acting**

speaker in asking a question or making a statement than is necessary in the situation, it is because while he is saying one thing he is thinking another. The increase of time necessary for this double action of the mind is shown in the increase of time in the movement of the voice. To make this increase of time, the circuitous divergence lengthening the line, yet reaching only the same elevation or depression, results, and so begets a rising and falling circumflexion,—the language of contempt, scorn, irony, sarcasm, doubt, and all forms of vocal expression having a double meaning.

The phrase “mental duplicity,” as used here, is not to be construed as a disparaging term, but merely expresses double action of the mind.

When the voice in its movement presents a circumflex rising inflection and immediately turns downward with the same circuitous action, it is the language of mockery; for, while the rising inflection expresses the continuity of thought, the immediate falling inflection in the same voice is an expression of a premeditated closing out of

## **Pitch and Inflection**

the subject; and the compound circuitous movement expresses contempt in both the inception and conclusion of the vocal expression. This action of the voice is mockery, because it at once expresses contempt and denies the right of answer to the person addressed.

When a question may be answered by "yes" or "no," it is called a direct question, and when a question cannot be answered by "yes" or "no," it is called a compound question.

A direct question takes a direct rising inflection, because it expresses a continuity of thought on the part of the questioner. When the answer "yes" or "no" is given, it terminates the mental action of inquiry or seeking, and the answer is given with a direct downward inflection, because it makes completeness of thought, e. g., "Are you going home?" is a direct question, and indicates continuity of mental action on the part of the questioner, which is satisfied when the answer "yes" or "no" is given. And the answer is given with a direct falling inflection because the sense of the situation is complete.

## **The Art of Acting**

Why does the compound question, which, from the fact of its being a question, also indicates continuity of thought, take the falling inflection—the language of completeness of thought? “Why are you going home?” is a compound question and is asked with a falling inflection, because it is mandatory in its force and commands an answer instead of asking for one. The compound question always contains the imperative as well as the indicative mood, and the imperative mood dominates the indicative or supplicatory part of the question. Command always pre-supposes submission, and so, the sense being complete, the falling inflection prevails. A brief analysis will prove this, thus:

“Are you going home?” “Yes.”

“Will you tell me why?” “Yes.”

“Then, tell me.” “Because it pleases me to go home.”

From the analysis of the compound question it is seen that the supplicatory part of the question takes the rising inflection and the mandatory part takes the falling inflection; and when the in-

## **Pitch and Inflection**

dicative and the imperative moods appear together, as they do in every compound question, the imperative dominates the situation, and so the falling inflection results to express the command.

Test these several inflections with the word so commonly in use in asking for a reiteration of a statement—"Indeed." With the direct rising inflection, as thus, "Indeed?" we find that it is simply an expression of an earnest desire for a repetition of an answer already given. The same word repeated with the direct downward inflection, as thus: "Indeed." becomes an expression of an earnest acceptance of the statement as it is presented.

The same word repeated with the simple rising circumflex inflection, as thus: "Indeed?" at once expresses a double action of the mind, asking for information, and at the same time implying a doubt as to the truth of the statement just made. With the simple falling circumflex inflection, as thus: "Indeed!" this same word accepts the statement, but expresses surprise that it should be true.

## **The Art of Acting**

And now, if we apply the compound circumflex inflection to this same word, thus, "Indeed?" or again, as thus, "Indeed!" we shall find that, while the rising and falling terminations of this wave in the voice express interrogation and affirmation in accordance with the principles of the direct rising and falling inflections of the voice, the wave of this inflection expresses mockery by putting so much mental deliberation into the movement of the voice as to destroy the earnestness that always results from strong feeling.

A very simple but excellent illustration of the "direct rising" and "direct falling" inflections may be found in the conversation that takes place between Hamlet, Horatio and his companions of the watch, touching the appearance of the Ghost. Upon Horatio's first statement that he and his companions have seen the King, Hamlet's deceased father, Hamlet is at once stricken with amazement that vents itself in a series of questions which would partake of the characteristic circumflex inflection expressing doubt, and seeking further information as to the truth of the

## Pitch and Inflection

apparition; but, at last, the truthfulness of the story being admitted, Hamlet seeks by questions, based upon comparison, to learn if the admitted apparition was his father or not, and thus proceeds to interrogate:

*Hamlet.*

Indeed, indeed, sirs, but this troubles me.  
Hold you the watch to-night?

*Marcellus and Bernardo.*

We do, my lord.

*Hamlet.*

Arm'd, say you?

*Marcellus and Bernardo.*

Arm'd, my lord.

*Hamlet.*

From top to toe?

*Marcellus and Bernardo.*

My lord, from head to foot.

*Hamlet.*

Then saw you not his face!

*Marcellus and Bernardo.*

O yes, my lord; he wore his beaver up.

*Hamlet.*

What look'd he, frowningly?

*Horatio.*

A countenance more in sorrow than in anger.

*Hamlet.*

Pale, or red?

*Horatio.*

Nay, very pale.



## The Art of Acting

*Hamlet.*

And fix'd his eyes upon you?

*Horatio.*

Most constantly.

*Hamlet.*

I would I had been there.

*Horatio.*

It would have much amazed you.

*Hamlet.*

Very like, very like. Stay'd it long?

*Horatio.*

While one with moderate haste might tell a hundred.

*Marcellus and Bernardo.*

Longer, longer.

*Horatio.*

Not when I saw't.

*Hamlet.*

His beard was grizzled,—No?

*Horatio.*

It was, as I have seen it in his life, a sable silver'd.

*Hamlet.*

I will watch to-night;

Perchance 'twill walk again.

Here we have a series of questions and answers taking upon them the “direct rising” and the “direct falling” inflections in accordance with the principles enunciated relative to earnest and single purpose, and completeness or incomplete-

## Pitch and Inflection

ness of sense; but, in the earlier part of this interview, where Horatio first tells Hamlet of the vision and where Hamlet asks for information while doubting the truth of what he hears, we shall find the double action of the voice, as heard in the circumflex inflection, necessary to express the double action of the mind, which, while it seeks for information, seems to doubt the source whence the information is to come, as thus:

*Horatio.*

My lord, I think I saw him yesternight.

*Hamlet.*

Saw? Who?

*Horatio.*

My lord, the King, your father.

*Hamlet.*

The King, my father!

Excellent illustration of the double action of the mind may be found in the "Merchant of Venice" in a brief scene between Shylock and Salarino, wherein the language of the Jew is full of irony, scorn and contempt for his opponents against whom he contends for the legal right of his bond and the justice of his claim to a pound of Antonio's flesh, because of the Merchant's in-

## The Art of Acting

ability to pay the three thousand borrowed ducats. Meeting Shylock in the street:

*Salarino.*

. . . But tell us, do you hear whether Antonio have had any loss at sea or no?

*Shylock.*

There I have another bad match: a bankrupt, a prodigal, who dare scarce show his head on the Rialto;—a beggar that was used to come so smug upon the mart;—let him look to his bond! he was wont to call me usurer;—let him look to his bond! he was wont to lend money for a Christian courtesy;—let him look to his bond.

In this speech we have a series of direct affirmations expressed in several clauses and sentences, all taking the direct, downward inflection to express the earnest determination and harshness of the moving emotion, hatred. But, in the penultimate sentence of his reply, Shylock chooses to indulge in irony in the phrase “a Christian courtesy,” and here we find that very powerful factor of irony, scorn and contempt, the downward circumflex inflection coming into play on both the words “Christian” and “courtesy.” And the reply that follows Salarino’s next ques-

## Pitch and Inflection

tion is rich in both the upward and the downward circumflex inflections.

*Salarino.*

Why, I am sure if he forfeit thou wilt not take his flesh. What's that good for?

*Shylock.*

To bait fish withal: if it will feed nothing else it will feed my revenge. He hath disgraced me and hindered me of half a million; laughed at my losses, mocked at my gains, scorned my nation, thwarted my bargains, cooled my friends, heated mine enemies! and what's his reason? I am a Jew! Hath not a Jew eyes? hath not a Jew hands, organs, dimensions, senses, affections, passions? Is he not fed with the same food, hurt with the same weapons, subject to the same diseases, healed by the same means, warmed and cooled by the same summer and winter as a Christian is? If you prick us, do we not bleed? If you tickle us, do we not laugh? If you poison us, do we not die? and if you wrong us, shall we not revenge? If we are like you in the rest, we will resemble you in that. If a Jew wrong a Christian, what is his humility? Revenge. If a Christian wrong a Jew, what should his sufferance be by Christian example? Why, revenge. The villany you teach me I will execute; and it shall go hard but I will better the instruction.

The double circumflex movement in the voice is the natural language of mockery and usually

## **The Art of Acting**

exhausts its power of expression on the single tonic element of an exclamation, although it sometimes spreads itself over an entire word or phrase, as

“Ah !            Indeed !  
Oh    then, I see Queen Mab hath been with  
          you.”

The degree of an inflection of whatever kind will always depend upon the strength of the sensation.

## Time

**T**IME in its broadest definition is a mental recognition of passing events, from the turning of the earth on its axis to the briefest incident in life. Time is a mental condition, otherwise indefinable, because unlimited.

### *Dramatic and Standard Time.*

It sometimes happens, when an actor is before the audience, and acting, that he gives a cue for the entrance of a fellow actor, who, at the time the cue is given, is standing at the side of the stage, waiting, but does not hear the cue the moment it is delivered. The actor on the scene repeats the cue, walking quickly up and down the stage, and then pauses. The actor on the side of the stage feels the effect of the pause, and rushes on the scene, taking up the dialogue where

## **The Art of Acting**

it was broken by the "wait." The scene terminates, and immediately the two actors fall into a dispute about the time of the "wait." The actor who was on the stage claims that the time was at least a minute and a half, or two minutes long; while the actor who causes the "wait" claims that the time of the "wait" was not more than half a minute. No satisfactory conclusion is reached until the prompter is called, and when the question is referred to him, he says the time of the "wait" was fifteen seconds.

The actor on the stage is in dramatic time. The events of days are passing in minutes, and his mental action is keeping pace with months of events that must pass in two hours and a half or three hours, the allotted time of the performance. The actor outside of the scene is in standard time, where events are recorded by the clock; hence the inability of the two disputants to agree on the time without the aid of the prompter, who is always in standard time.

Time as a factor in speech is made up of movement and pause of the voice, and the gesticula-

## Time

tions and positions of the body in representing an emotion; and, like the other factors of expression, time depends upon the kind of sensation that prompts to the exterior signs, by which we recognize the emotion. All emotions result from mental impressions. If the sensation resulting from the impression produce muscular tension, quick movement with short pauses, that is, quick time, will follow; but if the sensation produce relaxation of muscle, then slow movement with long pauses or slow time will follow.

We cannot divide time in acting as precisely as it is divided in music; nor is it at all necessary to the truthful representation of an emotion that this factor of the art should be thus divided, since we are never called upon to speak or act in concert. Indeed, speaking and acting in concert, that is, as a unity of voice and action in groups of speakers, is destructive of the true art of acting, and as far from true representation of nature as are the evolutions of soldiers or the gymnastics of a circus rider, or the steps and poses of a dancer, from the natural actions of those who do them.



## The Art of Acting

For the practical purpose of describing the movement and pause of an emotion, we may divide time into five degrees or different rates of movement and different lengths of pause which shall approximately express all thought and sensation—

*Moderate*

*Moderate*

*Quick*

*Slow*

*Quickest*

*Slowest*

Moderate time prevails in didactic and argumentative matter, in which the speaker aims at mental conviction purely. Moderate time will therefore be made up of that rate of movement and that length of pause that will permit the speaker to articulate properly and pronounce correctly, thereby enabling the auditor to receive the matter without asking for a repetition of the phrase or sentence. If the delivery of a didactic discourse aimed at mental equilibrium be so rapid that the listener cannot apprehend the meaning of the speaker, then the mental equilibrium is destroyed and irritation and vexation take possession of the auditor, and the speaker

## **Time**

fails in his aim. If, on the other hand, the delivery be so slow and the pauses so long that the auditor is constantly projecting his own thoughts into the speaker's pauses, again the speaker fails in his object, for the auditor's mind is giving off instead of receiving.

Hamlet's advice to the players affords a very happy illustration of moderate time in speech.

When the mental equilibrium is in the least disturbed by an exterior circumstance that produces a sensation, then there will be a change of time and that change will be in keeping with the nature of the emotion. If the sensation of the emotion be highly tensive, as is the case with the outburst of joy, the impulsiveness of anger, terror, and fear, the movement will be quickest, the pauses, shortest, producing quickest time.

Very excellent examples of "quickest" time may be found in the Fifth Act of Macbeth in the scene of anger and fear between Macbeth and the Messenger. The Messenger, in alarm, brings the news of the English force, as they approach, carrying boughs cut from Birnam wood. Mac-

## The Art of Acting

beth, turning abruptly upon the Messenger as he approaches, exclaims:

*Macbeth.*

Thou com'st to use thy tongue; thy story quickly.

*Messenger. (Panting utterance.)*

Gracious my lord,

I should report that which I say I saw,

But know not how to do it.

*Macbeth.*

Well, say, sir.

*Messenger.*

As I did stand my watch upon the hill,

I look'd toward Birnam, and anon, methought,

The wood began to move.

*Macbeth.*

Liar and slave!

*Messenger.*

Let me endure your wrath if't be not so.

Within this three mile may you see it coming;

I say, a moving grove.

*Macbeth.*

If thou speakest false,

Upon the next tree shalt thou hang alive,

Till famine cling thee: [*slow time for the rest of  
the speech*] if thy speech be sooth,

I care not if thou dost for me as much."

Quickest time also prevails in the malicious joy of Shylock, when Tubal, after his unsuccessful searching for Jessica, returns with news that Antonio has had an argosy wrecked coming from

## Time

Tripolis. In this scene Tubal speaks in moderate time and quite deliberately, which makes a fine dramatic contrast with the impulsiveness of Shylock.

*Tubal.*

Yes, other men have ill luck too: Antonio, as I heard in Genoa,—

*Shylock.*

What, what, what? Ill luck, ill luck?

*Tubal.*

—hath an argosy cast away coming from Tripolis.

*Shylock.*

I thank God, I thank God.—Is it true? Is it true?

*Tubal.*

I spoke with some of the sailors that escaped the wreck.

*Shylock.*

I thank thee, good Tubal.—Good news, good news: ha! ha!—Where! in Genoa?

*Tubal.*

But Antonio is certainly undone.

*Shylock.*

Nay, that's true; that's very true. Go, Tubal, fee me an officer; bespeak him a fortnight before. I will have the heart of him if he forfeit; for were he out of Venice, I can make what merchandise I will. Go, go, Tubal, and meet me at our synagogue; go, good Tubal; at our synagogue, Tubal."

## **The Art of Acting**

And, again, after Portia's speech to Shylock in the Court, terminating with

"Down, therefore, and beg mercy of the duke,"

the raillery of Gratiano—

"Beg that thou may'st have leave to hang thyself :

And yet, thy wealth being forfeit to the state,  
Thou hast not left the value of the cord,  
Therefore thou must be hang'd at the state's charge,"

would be stripped of half its pungency if it were delivered in any other but the quickest time compatible with perfect articulation and correct pronunciation, for it must seem to be impulsive.

Haste and alarm express themselves in quickest time.

Quick time is the language of all those phases of emotions, in which the first outburst is subdued, and intelligence controls the situation, keeping the movement within the bounds of reason, as mirth, cheerfulness, merriment, gladness, phases of joy, or impatience, vexation, irritation, phases of anger.

## Time

The Queen Mab speech of Mercutio in "Romeo and Juliet," Gratiano's speech to Antonio in the first scene of "The Merchant of Venice" beginning with "Let me play the fool," or the scene of raillery between Benedick and Beatrice in the First Act of "Much Ado About Nothing," are good examples.

*Beatrice.*

I wonder that you will still be talking, Signior Benedick; nobody marks you.

*Benedick.*

What, my dear Lady Disdain! are you yet living?

*Beatrice.*

Is it possible disdain should die while she hath such meet food to feed it as Signior Benedick? Courtesy itself must convert to disdain if you come in her presence.

*Benedick.*

Then is courtesy a turn-coat.—But it is certain I am loved of all ladies, only you excepted: and would I could find in my heart that I had not a hard heart: for, truly, I love none.

*Beatrice.*

A dear happiness to women; they would else have been troubled with a pernicious suitor. I thank God, and my cold blood, I am of your humor for that: I had rather hear my dog bark at a crow than a man swear he loves me.

## The Art of Acting

*Benedick.*

God keep your ladyship still in that mind! so some gentleman or other shall 'scape a predestinate scratched face.

*Beatrice.*

Scratching could not make it worse an 'twere such a face as yours.

*Benedick.*

Well, you are a rare parrot-teacher.

*Beatrice.*

A bird of my tongue is better than a beast of yours.

*Benedick.*

I would my horse had the speed of your tongue, and so good a continuer. But keep your way o' God's name; I have done.

*Beatrice.*

You always end with a jade's trick; I know you of old.

Again we hear quick time in the impatience of Hotspur in his reply to Mortimer, touching the tiresomeness of Glendower.

*Hotspur.*

O, he's as tedious

As a tired horse, a railing wife;

Worse than a smoky house:—I had rather live

With cheese and garlic in a windmill, far,

Than feed on cates and have him talk to me,

In any summer-house in Christendom.

Slow time finds exemplification in the utter-

## Time

ance of those emotions and phases of emotions in which the mind dominates the sensation and feeling is held in abeyance to mental action.

Under the effect of horror, while the movement of the voice in uttering words and phrases may be quick, because the action will be spasmodic and the utterance explosive, the time must be rated as slow and even slowest because of the length of pause required for the muscular system to recupe after projecting a word or phrase. Fear moves quickly; but when the element dread, which may be called waiting or listening fear, enters in, the time is slow because of the mental action seeking to discover the cause of fear.

In all of those discourses that tend to bring the mind to the contemplation of its final cessation as a worldly power, there is such a combined action of perception and reflection,—of going forward and backward at the same instant, as seems to put a clog on the movement of the mind and bring the action of the voice down to even less than *Moderate Time*, or that time in which we



## The Art of Acting

speak of the extraordinary and continuing conditions of life.

The solemnity of the Lord's Prayer would be turned into ridicule if it were repeated in the *Moderate Time* of an ordinary didactic discourse, while a lecture on the sciences would be tedious beyond endurance if delivered with the *Slow Time*, one of the most powerful factors in expressing solemnity and awe. The *Moderate Time* that so truthfully illustrates the didactic quality in Hamlet's advice to the players, would entirely dispel the awfulness of the Ghost and convert the seriousness of the soliloquy, "To be or not to be," into a routine business question, instead of a profound contemplation of that something after death that fills the mind with dread—

"And makes us rather bear those ills we have,  
Than fly to others that we know not of!"

*Slowest Time* is one of the factors of expression that characterizes those emotions that relax or paralyze the muscular system, as horror, profound awe, amazement, remorse, melancholy, despair and dread.

## Time

It is a difficult matter to fix a limit to the time required for the imitation of the abnormal relaxation that must follow the abnormal tension of terror, joy and violent grief.

*Quickest Time* may be limited by the ability of the actor to articulate perfectly and pronounce correctly; for a speed in movement that would destroy the form of the words would defeat the intention of the actor, by rendering his conception of the character unintelligible. But the slowest time that may be used in representing an emotion must depend upon the judgment of the actor in adapting dramatic time to the limits of the standard time in which the play is performed. The dramatic incidents of months and years are represented in a play on the stage, in a time not exceeding three or three and a half hours.

In real life a shock of terror will sometimes stop the normal action of thought and speech for hours; and when, at length, the mind resumes its functions, days may pass before the muscular system regains its normal action. It will therefore require excellent discretion properly to adapt

## **The Art of Acting**

the actual time of an emotion and its after effects to the dramatic situation.

I have known an actor to devote eight minutes to the delivery of Hamlet's soliloquy, "To be or not to be?" and I have seen an actress representing terror so great that it produced insanity and resulted in death, recover from the shock and resume the normal functions of voice and gesticulation in ten seconds.

The movement of the soliloquy was too slow; and the recovery from the shock of terror too quick. The soliloquy was tedious, and the representation of terror in that special case ridiculous. Time in acting is the last factor mastered by the dramatic artist. His anxiety, a mental condition made up of hope and fear, commonly called "nervousness," resulting from his unprepared condition to meet the responsibility of the character that he has assumed, his fear of adverse criticism by the audience, or his overwhelming egotism struggling for popular approval of his personal qualities, produce a mental strain and muscular tension that hurries the movement, and

## **Time**

shortens the pauses in the serious, sublime, and grand situations of the drama; and so destroys, by cutting short the effect of all the other parts of expression.

It is only by studying the movement of emotions in nature and by large practice in adapting emotional or dramatic time to the standard time of a performance that the actor will be able to preserve that unity of time throughout the entire play that serves as one of the strongest effects in giving to the performance a likeness to nature. Study the real time of mirth and merriment, and of awe and horror in nature. Then take the mirthful, merry "Queen Mab" speech of Mercutio, and the awe-inspiring and horrible interview between Hamlet and the Ghost, and try the interchange movements and pauses of these emotions, and learn how the absence of true time in the art of acting may entirely destroy the resemblance to nature.

This comparison will perhaps help the student to a just appreciation of time in his art.

## The Art of Acting

### *Accent and Emphasis.*

Whatever may have been the original use of these words, it will be admitted that we now understand "accent" to mean the application of an increased loudness of voice upon a given syllable in a word, in accordance with established best usage of the language. A standard lexicon will therefore be at all times an authority on the accentuation of a word.

Emphasis has come to mean the change of any factor of expression upon a word, a phrase, or a sentence for the purpose of presenting clearly and truthfully the logical and emotional cause of the word, phrase, or sentence. Emphasis therefore implies a change in mode of utterance, quality of voice, force, stress, time or inflection, as the nature of the idea or mental picture to be expressed, may demand on the instant of presentation.

Whether emphasis be interrogatory, declamatory, or antithetical, will depend upon the inflections of the voice.

## **Gesture and Pose**

**M**AN in his mundane existence is a compound being. He is made up of two distinct and yet inseparable parts—the physical and the mental. Through the physical, by the operation of the five senses, he receives all impressions from his environments; and the nature of those environments, from the beginning of life until that period when the mind ceases to be receptive, will give quality to his actions.

Perception, comparison, and judgment constitute the base of the mind. As all the action of comparison and judgment go on within the secret recesses of the brain, it follows that impressions move from circumference to center, and might there be hidden, were it not that the machinery of the human body is so sensitive that the force

## **The Art of Acting**

of an impression produces reaction, and expression is a result that gives character and name to the emotion.

Comparison and judgment may present their work through the voice only; but whenever there is a strong sensation, the entire muscular system will be engaged in presenting the effect of the impression, and the outward actions, called gesture and pose, will result from the surplus impressional force generated over and above the necessities of vocalizing the thought or sensation.

Gesticulation and position include all the actions and all the postures of the entire human body, whatever may be the exterior circumstances prompting to action or repose; and they are therefore a part of expression. Because these factors of expression may be truthfully suggestive even where the vernacular of the speaker is not understood, they constitute a part of natural language.

Just as one may recognize distress in the vocal-ity and utterance of a sob or a groan, or mirth and gladness in laughter, so may one recognize

## **Gesture and Pose**

mental intents and physical sensations in the gestures and poses of the body. All human action must be the outcome of mental impressions and physical sensations; and as the impression is always an effect of some exterior circumstance, past or present, it will readily be seen that gesture, like any other part of expression, should not be without cause. There can be no motion without force. In gesture the force results from impression; and action is a result of force in motion.

The gesticulations and poses of a dancer when gracefully made and in their place, are delightful; so, too, the gestures and attitude of the circus rider when executed with skill, and in the circus ring, are pleasing; but the grace of the dancer would not make her evolutions acceptable in a private drawing-room, nor would the skill and dexterity of the circus rider, make him an agreeable companion in a group of gentlemen on the road. There is a time and a place for everything. That time and place in gesture and position may be summed up in the word "fitness;"



## **The Art of Acting**

hence Shakespeare's advice to the players:

"Suit the action to the word and the word to the action."

The gestures and positions which would illustrate the heroic emotions of Macbeth and Lady Macbeth would be bombastic and ill suited to characterize the domestic emotions of Sir Peter and Lady Teazle.

Grace is made up of beauty and strength,—strength in the position and beauty in the line of action; but characteristic gestures are not always graceful, and the actor who is always striving to please his audience by gracefulness in pose and gesture is as far from the truth of dramatic art as the one who is always struggling for sympathy and approval by a constant use of pure orotund quality of voice, made musical by the crescendo and diminuendo effect of a prevailing median stress. Such people are not actors in the sense of impersonators of character and illustrators of emotions; they are simply "performers," and they are agreeable or disagreeable to the public according to the attractiveness or unat-

## **Gestures and Posture**

tractiveness of their own personal peculiarities and wardrobe. Such people generally have a butterfly existence, and are to be found in their old age like the cocoon of that once attractive insect, fastened in a garret. Art always repays the disrespect of thoughtless youth by its abandonment of age. It is asserted that actors are successful without art—that is, successful in collecting money. It does not follow that because a man has acquired wealth through buying and selling theatrical performances, that he is therefore a dramatic artist. He is simply a successful financier. An open hand lying supine for receiving, and a firmly closed hand retreating behind the body for retaining, would be the only gestures necessary for this kind of character.

Just as too many words in a sentence will obscure the thought, so do false gestures destroy true expression in acting.

There are some positions and gestures that are so common that all people readily understand their meaning. For example, the position of firmness and strength expressing the staying power

## **The Art of Acting**

of the man is seen in the attitude of the well-trained soldier under the word of command "Attention!" The body erect, the shoulders held back and at equal height, the hands hanging down naturally and close to the body, the head erect without restraint, the chin tending towards the neck without covering it, and the eyes held in such a position as to strike the ground at about fifteen paces forward, the heels on the same line near together and the feet so turned out as to represent an angle of forty-five degrees. This position not only expresses strength but the body is in readiness to move in any direction.

Repose of body is expressed by simply throwing the weight of the body on one leg, the feet remaining in the same position while the knee of the opposite leg is relaxed or bent a little. Moving the released foot forward will express aggressiveness, while a step to the rear must mean retreat. Each foot may in turn retreat or advance laterally according to the governing circumstance.

The extension of any of these positions will

## **Gesture and Pose**

depend upon the force of the emotional sensation of which the action is an outcome.

The gracefulness of these poses will depend upon the suppleness and pliability of the muscular system. Six months' training under a competent army drill-master and an expert fencing master, with lessons in dancing, will put the pupil in the way of developing towards perfection in the movement of the feet and lower limbs.

The movements and poses of the hands and arms are not only more numerous than those of the feet and lower limbs, but they are more definite in describing, limiting and emphasizing impressions and sensations, and, next to facial action, the hands and arms are the most powerful assistant to artificial language in expressing emotions.

It is true that a steady circular movement of the hand and arm, that may be called graceful, is always more pleasing in the language of gesticulation than is the straight or angular movement of the same limbs. The circle or any segment of a circle suggests continuity; while

## **The Art of Acting**

straight lines and angles suggest termination. The mind does not like to contemplate limitations. It is only gratified by expansion and continuity. Hence the circular movement in gesture.

But to be at all times pleasing is not the province of dramatic art. Its best results are obtained when it presents a truthful resemblance to nature; and nature in human form is not always graceful. The grace or awkwardness of the gesticulations of the hand must therefore depend upon its proper application to the dramatic character that the artist may be illustrating. However graceful or awkward the movement by which the position is reached, the hand lying supine and open is the hand of supplication, and, whether raised toward zenith or dropped toward nadir, or sustained horizontally on a line with the horizon, it always asks for something, and this gesture may be emphasized by adding to it the same action and pose of the other hand.

The climax of supplication is expressed by claspings the hands and holding them thus united in the direction of the object or power suppli-

## **Gesture and Pose**

cated. Humiliation and supplication are expressed by this same gesture accompanied by the bowed head. Humiliation may be emphasized by falling on the knees. The extreme of humiliation and supplication is expressed by falling in a relaxed condition to the ground, the body prone and the hands clasped. Such extreme humiliation conveys the idea of great shame, or unlimited submission to the governing circumstance.

✍ The hand held prone, the palm outward from the body, is the hand of rejection or repression. It is never mistaken for an invitation to advance toward the speaker; and whether the gesture extend upward toward the sky or downward toward the earth, or the arm lie horizontally with the hand raised perpendicularly from the wrist, so that the tips of the fingers point upwards, this position of the hand always rejects or represses.

The hand of rejection, like the hand of supplication, whatever pose it may hold, will be emphasized or strengthened in its expression by a like action and position of the other hand.

## **The Art of Acting**

When the second, third and fourth fingers are partly closed, but not shut upon the palm, the forefinger stretched out, the thumb inclining towards but not touching the tip of the second finger, the forefinger pointing in any direction, it may be called the index or noting hand; because it seems to individualize or separate the objects under visual or mental contemplation. This gesture from its very nature cannot be emphasized by doubling the number of hands or marking fingers, but its force in expression may be increased by a repetition of its action through the very small arc of a circle perpendicular to the horizon, the elevating and depressing action extending only from the wrist to the tip of the forefinger. By turning the hand to prone or supine, we may reject or ask for the thing pointed at. The index or noting hand and all of its actions belong to that class of emotions in which mentality dominates the situation.

Impatience and even indignation may be expressed by shaking the index finger at the cause of the emotion; but anger doubles up and clenches

## **Gesture and Posture**

the fist and shakes it at the cause as if threatening punishment.

Folding the arms upon the chest with the head erect, the feet and lower limbs in repose, will express dignity and firmness, while the head bent forward, the arms remaining folded, and the feet and lower limbs in repose, will express self-communion upon worldly affairs. The head thrown back, the face looking upward, indicates speculation and reflection upon imaginary and ideal subjects. The direct raising and lowering of the head backward and forward, as described by the familiar term "nodding the head," expresses affirmation and always gives emphasis to the word "yes."

The pivotal movement of the head from side to side, direct, commonly called the "shaking of the head," expresses negation and gives emphasis to the word "no." The impatience of the speaker is sometimes combined with the affirmation or negation by a final short jerky movement of the head in either the "nod" or the "shake;" but the oblique movement of the head, either nodding or



## **The Art of Acting**

shaking, is the language of defiance or threatening anger.

We cannot imagine a hero or a heroine, Hamlet or Beatrice, for instance, without a graceful mind; and we always look to find bodily grace harmonizing with the mental conditions. Therefore, all heroic gestures should be sweeping, graceful movements of the hand and arm in circular form from the shoulder and the final blow of the gesture should be delivered with a quickened action from the wrist. This final action expresses the positive knowledge—the strength of the speaker—and is one of the most truthful signs that distinguish the artist from the novice. Graceful gesture and pose can only be achieved by actual practice. The infantryman may learn to march by sitting on a horse's back as readily as the student of dramatic art may learn gesture and pose by theorizing on the beauties of dramatic art.

Among all of the outward exponents of inward thought and sensation, the face is at once the most clear and positive in its expressions, the

## **Gesture and Pose**

most commonly observed as an indicator of character, the most easily understood, but it is also the most difficult to train into subjection to dramatic art. If it be true that the face becomes the map of the mind, on which the skillful observer may read from the permanently fixed lines and every varying muscular changes, then is it not clear that the directed effort to make such contractions and movements of the facial muscles will, at first, present the conscious mentality of the directing force, and so express an adulterated or compound emotion instead of simple love, joy, anger, or grief, as the case might be? Just as when an actor, in saying "Good morning, Miss B. I am delighted to see you!" turns his face full front to the audience, while he pulls up his shirt collar, or pulls down his shirt cuffs, he is really saying to the public, while seemingly addressing his fellow artist—"How do I look? Observe my style!" This compound expression on the part of the actor always divides the mental force of the public and reduces the effect, if it does not entirely destroy the truth of the author's situation, or ob-

## **The Art of Acting**

scure it by the egotistical pride of the actor.

If it be true that all impressions that come into the mind must look out of the face through either permanent or transient lines, then it will follow that if the thoughts of an author's dramatic creatures can be taken in by the actor, they will be conducted through the nerve sensation to every part of the face just as would be his own thoughts and they will give to his acting all the facial expression of which he is capable. The truth of the actor's facial expression will depend upon the sensitiveness of his nerves, the pliability of his muscles, and the intensity of his application. These conditions can be developed and controlled by practice—a very subtle effect to train facial muscles by psychological force, and where the conditions are not inherent, it requires many years of actual practice to achieve any degree of perfection.

It will require but little thought on the part of the student to know that the perfection of this branch of his art will demand great power of mental abstraction and self-abnegation; but it is

## **Gesture and Pose**

worth the study. Truthful facial expression is the last achievement of the art, and the most perfect distinguishing sign between the novice and the artist.

To acquire a positive knowledge of all the expressive gesticulations of the muscles of the face through process of observation, memory and comparison, is beyond the possibility of any one man's time and capacity. Think of the unlimited changes of between fifty and sixty muscles of the face under nerve force generated by impressions from ever-changing circumstances? One might as well attempt to count the stars, knowing the while that untold numbers exist whose light has not yet reached the earth.

It is true that some of the gesticulations and poses of the face, like the gesticulations and poses of the body, legs, arms and hands, have been observed and sufficiently well described to make the study of great service to actors; but there is, as yet, no perfect "art to find the mind's construction in the face."

Even Lavater, after a life-time of study, was

## **The Art of Acting**

unable to leave it as an accepted science and Darwin, after world-wide observations made upon men and every species of animal that bear resemblance to man, has made but few descriptions of facial expression.

✓ The gesticulations of the face may be divided into three parts—the movements of the muscles of the forehead—the movements of the eyes—the movements of the lips, mouth and lower jaw. Although these several parts of the face, under the influence of sensations from extreme impressions, act conjunctively in expression, yet, under the influence of purely mental force, they may and do act entirely independently of each other. A man may contract the frontal sinus horizontally and lift the eyebrows in an affectation of surprise, without moving the eyes or opening the mouth, because mentality dominates; but in genuine surprise the eyes expand and the mouth is opened. The difference between an agreeable and disagreeable surprise is most clearly denoted in the action of the lips and lower jaw. The agreeable surprise pulls up the corners of the mouth in the

## Gesture and Pose

form of laughter, while the disagreeable is expressed by the drooping of the corners of the mouth, and the extreme falling of the jaw.

Close attention is expressed by wrinkling the forehead, horizontally, opening the eyes to the fullest extent without straining, and holding the face directly toward the speaker; but if the face be turned a little to the right, or to the left, the symptoms of deafness or difficulty of hearing at once become visible, and the wrinkles at once change to vertical lines between the eyebrows.

The drawing down of the eyebrows, the contraction of the frontal sinus in oblique wrinkles, and the contraction of the *corrugator supercilii*, making the vertical wrinkle between the eyebrows, expresses strong mental action. The eyes are sometimes partly and sometimes quite closed, as if to make the abstraction greater or more perfect, by shutting out the surrounding objects. Where the mental action is very intense, the head is generally pulled down and forward by the muscles of the neck, in sympathy with the muscles of the face.

## **The Art of Acting**

The frequent contracting of the frontal sinus and the movement of the eyebrows up and down (a habit common among novices and indifferent actors) mean nothing but an affectation on the part of the actor.

This action of the forehead and eyebrows is destructive to expression rather than assistant thereto, because the mechanism is so apparent that it looks like the deliberativeness of mentality in the field of impulsive emotion.

If the eye be regarded as the show window of the individual mentality, we shall be able to understand the origin of such expressions as "a sharp eye," "a dull eye," "a pleasant eye," "a bad eye," and many other descriptive expressions used to name the character of the man or woman whose whole individuality seems to be on exhibition in this window of the mind.

The condition of the eye and its action are first in attracting attention to facial expression, and yet the movements of the eyes are very few. The eyes can look directly in front, they can look up, they can look down, and they can look oblique-

## **Gesture and Face**

ly; but all of their movements must be conjointly in the same direction. Any opposition in the movement of the eyes simply expresses physical deformity and not emotion or mental action. All of the movements above mentioned are subject to volition; but one of the most powerful factors in the expression of the eyes is the expansion and contraction of its pupil, showing the degree rather than the kind of action, and always resulting from sensations not immediately under mental control.

Hence we hear the expression, "How bright your eyes are to-night!" or "How dull you look. What's the matter?"

In earnest attention, simply for the purpose of receiving, the eye is fixed directly on the speaker, and the steadiness with which it is held there becomes an indicator, to the speaker, of the amount of interest that he is awakening in the mind of his auditor. If the auditor be called upon for mental labor in digesting the speaker's words, and preparing a reply, then the eyes are sometimes closed and the head thrown backward;



## **The Art of Acting**

or it may be thrown forward and the eyes partly closed, either position showing abstraction from surrounding objects, while the entire body assumes a listening attitude. To be a good listener is one of the difficult parts of the art of acting. Sometimes the ignorance on the part of the actor touching the dramatic situation, in which he is engaged, or personal vanity because of his superior professional position, makes him move about the stage, or find something to do quite irrelevant to the time and place, merely for the purpose of taking the attention from the lesser artist, who is, by reason of his position in the play, a central figure in the scene.

This bringing outside superiority into dramatic situations is bad art. No true artist will ever betray such a weakness, and no good dramatic director will give place to it in his work.

Continual moving of the eyes is the language of a mental perturbation that will not permit the auditor to be merely receptive in listening.

When the mind looks out into the field of imagination for the contemplation, subjectively, of

## Gesture and Pose

the beautiful, the grand, and the sublime in nature, the eye looks upward, as if the physical vision, striving to keep pace with the mental vision, would reach into space beyond the limits of its natural surroundings. The ecstasy of all those emotions that come from impressions which produce exhilarating sensations, elevating the mind and lifting it above the plane of work-a-day life, as love, joy, hope, adoration, and other benevolent emotions, turn the eyes upward with a look of supplication that seems to say "Help me, all you powers above," to realize this seeming good.

In anger and jealousy, the eye is constantly in motion, looking out on all sides as if on guard against an attack. In hatred, which is settled, determined anger, the eyes have a fixed and sullen look, as if fully prepared for revenge, and only awaiting the opportunity for executing their plot. The plane of action is the horizontal, and they are opened as widely as the contraction of the *corrugator supercilii* and the lowering of the brows will permit.

In shame, humiliation, mortification, despair,

## **The Art of Acting**

remorse, despondency, melancholy, and, indeed, in all sensations that relax the muscles and depress self-love, the eyes look downward, and the lids droop, as if to shut out from vision the injured as well as the injurious cause.

The movements of the eyes from side to side, stealing impressions, sometimes called "side-long glances," are simply secretive in their nature, and express a desire to see without being observed. While the head remains motionless, whatever may be the mental condition of the observer, the expression is merely secretive; but when the head turns slightly toward the object and the eye-lids droop, while the eyes look askance, the expression is contempt for the object of vision.

There is very little action in the nose. There is merely the expansion and contraction of the muscles, opening and closing the nostrils, which denote intensity and strength of feeling rather than mark or express any special sensation.

A prominent, well-formed nose is a valuable feature in an actor's face. A too large or irregu-

## **Gesture and Pose**

larly formed nose will always prevent the actor from concealing his personality, while a small nose, though it may make the face flat and weak in expression, may be built up for the stage. There is nothing that so quickly destroys personal identity as a change in the form and size of the nose.

Characteristic forms of the nose will be more fully considered in a chapter on "make-up."

The mouth, the lips, and the lower jaw are full of gesticulation and their poses are wonderfully expressive.

The upper lip curls in scorn, irony and sarcasm. Raillery adds laughter to the scornful curl. In grief both lips tremble, and the corners of the mouth droop.

In surprise, which is always an expression of ignorance, the face takes upon itself a look of inquiry, the lips part, the eyes open, the eyebrows are lifted up, and the forehead is wrinkled horizontally.

In wonder and amazement, which are greater degrees of this same emotion, the jaw drops and

## **The Art of Acting**

the mouth opens still wider. And if the mystery which converts surprise into amazement and wonder remain unsolved, until the thinking faculties recover from the first blow of surprise, then fear enters into amazement and wonder, and forces the individual to thoughts of personal safety, and at once there comes a contraction between the eyebrows perpendicular to the lines made by surprise.

Terror increases the action of all of the gesticulations above described, and makes the whole muscular system of the face and throat more tense, so that control of the voice is lost; and if there be any vocal effort it will result in a shriek.

Horror, while it distends the eyes, inflates the nostrils and drops the lower jaw, paralyzes and relaxes the entire muscular system, shaking it as with an ague. The voice may be a spasmodic whisper, or it may be a bellow; and the tongue, lips, and lower jaw refuse to perform the office of articulation. The effort to speak in extreme horror, produces only an aspiration, or an assumed howl that would be entirely undistinguish-

## Gesture and Pose

able even among one's most intimate acquaintances.

Hatred, which is chronic anger, or anger that has been carried long enough to have in it a mental determination to seek revenge, sets the jaws firmly, compresses the lips and draws down the corners of the mouth and, through the thin lips, and wide rather than round opening of the mouth, the voice resembles the snarling of the dog or the low growl of the lion.

A very fine illustration of hatred, pure and simple, may be found in the concluding lines of Shylock's last speech to Solanio and Salarino, a conclusion which is a most natural result of the indignation and anger that he had nursed for years against the man who had called him "cut-throat, dog," and had spit upon his "Jewish gabardine"—the man who had loaned out monies gratis, and had brought down the rates of interest in Venice. He says:

"If a Jew wrong a Christian, what is his humility? revenge. If a Christian wrong a Jew, what should his sufferance be by Christian example? why, revenge."

## **The Art of Acting**

It is not claimed that this analysis of the factors of expression is perfect; but if it be clear enough and sufficiently amplified to assist the student of dramatic art in his search for truth, then it will have done a positive good. And even if there should be in the obscurity of these examples and illustrations, only enough light to make him desire more, the work will not be a failure.

## Laughter

**I**F the object of language is to express our thoughts and sensations, then we may call laughter a part of our language; and as it possesses the advantage of being intelligible to all peoples, we may call laughter a part of the natural language of expression.

Of all expressions, laughter, generally the outcome of pleasing sensations, is the most impulsive and the most exhausting. Laughter is so entirely impulsive that it breaks forth at times when our reason tells us to suppress it; and, on the other hand, when reason would call in its aid, either for the purpose of concealing the true state of our own feelings, or for the purpose of arousing cheerfulness in others, it positively refuses to



## **The Art of Acting**

obey the deliberating power. And yet, like every emotion of the human mind, laughter is susceptible to analysis, that is, resolution into its several factors; and, per consequence, to study; and through study it is subjected to and directed by the will power.

The first impression from this subject as a study is that the variety of laughs must be innumerable, and the forms so fleeting as to be inapprehensible. But when we reflect that every laugh, whether pleasant or disagreeable, must be made up of the radical or vanish of one or more of the tonic elements of the language, we shall have a basis for study which may lead to the conclusion that even a laugh with its quick movements and volatile sounds is not beyond the reach of observation and comparison.

Let us consider the laugh analytically and then synthetically. If we can discover what a laugh is made up of, with practice we ought to be able to put it together.

Every laugh must have utterance to be presented; it must have vocality or sound of some

## Laughter

kind to be heard; it must have force, time, inflections, and a base in the stress of tremor whose dramatic language is weakness, the inability of the muscular power to resist, without vibration, the power of mental impression that causes the laugh.

There are sixteen tonic elementary sounds in our language, and the laugh is always made on one or more of these sounds. Some of the sounds are compound, but the impulse of a laugh deals only with simple sounds, and so, when it comes to a compound, it takes either the first or the last part of it. Here we have a chart showing the tonic elements of our language.

1. *a* as in *ale* (compound)
2. *a* as in *art*
3. *a* as in *all*
4. *a* as in *an*
1. *e* as in *eve*
2. *e* as in *end*
1. *i* as in *ice* (compound)
2. *i* as in *in*
1. *o* as in *old*

## The Art of Acting

2. *o* as in *lose*
3. *o* as in *on*
1. *u* as in *tube*
2. *u* as in *full*
3. *u* as in *up*
1. *ou* as in *out* (compound)
1. *oi* as in *oil* (compound)

### SYNTHESIS OF THE LAUGH

If we enunciate the tonic element *a*, as is commonly heard in the word *art*, with an “expulsive” utterance, an orotund quality of voice and a moderate force, we shall have for our base a tone that generally presents a hearty laugh, while it indicates cultivation or mental discipline. This base may be represented by the form *ah*—prolonged to the extent of a full breath. Now change the mode of utterance to the “explosive,” which is the true utterance of laughter, and prefix the aspirate *h*, and the alphabetical characters which represent the above sound are reversed and become *ha*. Add to this form the stress of tremor and we shall obtain a form of sound that may be

## Laughter

illustrated thus, *Ha, ha, ha, ha, ha*, and may be carried on as long as the reservoir of breath will sustain it. But the laugh has other factors besides "mode of utterance," "quality of voice," and "stress of tremor." The laugh has force, time in rate of movement and pause, and also inflections. Though the laugh may assume any of the degrees of force already described, from the "whispering force," heard in what is usually defined as a "chuckle," up to the "impassioned force of an outburst of joy," or the eccentric laugh denominated "hysterical," it will be sufficient for our illustration to continue the analysis with the aid of moderate force. We shall, therefore, for the purpose of more clearly presenting the factors "time" and "inflection," take three of the simple tonic elements

2 4 2

*a, a, e,*

on which, by reason of the above synthesis, we may have passed through "utterance," "quality of voice," "force," and "stress of tremor," which would present our example thus:

## The Art of Acting

2                      4                      2

*Ha, ha, ha, ha, Ha, ha, ha, He, he, he, he.*

We have now three simple tonic elements, with the same utterance, the same quality of voice, the same stress, the same force, the same time, and the same inflections. This sameness will necessarily indicate mental deliberation or at least mental control; but as the laugh is the language of impulse, we must destroy the studied effect presented by the sameness of time upon these three successive sounds. We may do this by

2

lengthening the first sound thus: *Ha, ha, ha, ha,*

4

*ha, ha,* shortening the second sound thus *ha, ha,* and lengthening the third sound still more than the first, thus, *He, he, he, he, he, he, he, he.* Our example at this point of the synthesis might be presented thus:

2                      4                      2

*Ha, ha, ha, ha, ha, Ha, ha, ha, He, he, he, he, he, he.*

Now, although we have broken the time, there

## Laughter

being no inflections of the voice, the laugh is monotonous; and, therefore, not an imitation of the natural laugh, as it must be, or be worse than useless. There is nothing that is more destructive to the best efforts of the dramatic novice than the awkwardness of his wooden laugh—*Hay, hay, hay, hay*; for it is a most thorough exposure of his inability properly to control and direct the mechanism of expression in dramatic art. This monotony may be broken by applying the rising

2

inflection to the first sound, as thus, *Ha, ha, ha, ha, ha, ha*, by sustaining the voice on the second

4

sound, as thus, *Ha, ha*, and then applying the falling inflection to the third sound, as thus:

2

*He, he, he, he, he, he, he.* The example would then stand thus:

2

4

2

*Ha, ha, ha, ha, ha, ha, Ha-ha, He, he, he, he, he, he, he, he.*

The force must be graded downward to char-

## The Art of Acting

acterize the exhaustion of breath. Now, while the time in the movement is broken up, there remains a sameness in the length of the two pauses that separate these three elementary sounds. The mechanism of time in these two pauses must be destroyed by taking one of the pauses out, and letting the three sounds succeed each other as they would under the impulsiveness of laughing moods; so that the perfect synthesis of a laugh on these three simple elementary sounds would be presented thus:

2		4		2
<i>Ha, ha, ha, ha, ha, ha,</i>	<i>Ha, ha,</i>	<i>He, he, he, he,</i>		<i>he, he, he, he.</i>

Thus it is shown that the laugh may be observed, studied and put together at will; but the study in itself becomes very interesting from the fact that each one of the elementary sounds, under the impulse of laughter, seems to mark some characteristic quality in the nature of the individual.

If we take the position of the mouth in the performance of the first sound *a*, we shall find it

## Laughter

so nearly closed that the laugh resulting may be called a "close mouthed laugh." When involuntary, it indicates awkwardness, meanness, or lack of muscular control; when voluntary, it expresses mockery or contempt. We hear it sometimes in the novice or young actor. When the author has inserted several signs of laughter, *Ha! ha! ha! ha!* the aspirant for public honors says *hay! hay! hay! hay!* The second sound *a* makes a good hearty laugh and generally indicates a cultivated mind; while the third sound *a* is a broad and open-mouthed sound that generally indicates an uncultured condition, or a disregard of Mrs. Grundy's opinion, called the "guffaw" laugh. The fourth sound of *a* is very flat, and the laugh made by the use of this sound indicates a very eccentric disposition, even to crankiness. Long *e* makes the little laugh that is sometimes called the schoolgirl's laugh, "*Te, he, he, he, he, he.*" The short *e* is heard in the laugh of raillery or sarcastic laugh that we hear from the critics in a party when one of a group thinks he has said a good thing; as "*Heh,*



## The Art of Acting

*heh, heh*; yes, quite clever." The long *i* is compound and its parts are heard in the laughs made of *a* and *e*. The short *i* is heard in old age in the uncultivated voice, when the abdominal, intercostal and pectoral muscles have lost their power; and the voice is the result of a very limited action of the muscles of the throat, and the resonance of the voice is almost entirely in the head, thus, *Hi, hi, hi, hi, hi, hi*. The sound of *o* is heard in the strong laugh of people who live outdoors, and feel pleasure in taking large draughts of pure air. The second sound of *o* represented by that soft sound in the word "lose" makes a kind of diplomatic or non-committal laugh; while the third sound of *o*, which is commonly called short *o*, having its principal resonance in the back part of the mouth, seems to express the feeling of the man who likes good living with an occasional drink, as *Oh, oh, oh*. The first sound of *u*, as in *tube*, seems to be the laugh of the female diplomat, the lady who, when a disagreeable or an unexpected visitor comes, receives them with a "*hew, hew, hew*, so pleased to see you." The second sound of *u* as in

## Laughter

*full*, makes that kind of laugh that we hear among the undecided, characterless sort of people, *hu, hu, hu*. The third sound of *u*, that is, short *u* as in *up*, makes a good hearty laugh, and seems nearly related to the second sound of *a*, as in *ah*, for they run very naturally into each other in the hearty candid laugh, as *hu, hu, hu, ha, ha, ha, hu, hu*. *Ou* and *oi*, so different in their appearance to the eye, are nevertheless so transposable that either one of them may end a laugh of any kind, though there are no laughs beginning with either of these sounds.

A very good exercise in vocal gymnastics may be made by running all of these sounds into one continuous laugh, thus:

(The figures over the letters indicate the sounds as they stand in the chart.)

1	2	3
<i>Ha ha ha, ha ha ha ha ha, ha ha ha ha ha,</i>		
4	1	2
<i>ha ha ha ha ha, he he he he he he he, he he he he</i>		
2	1	2
<i>he he, hi hi hi hi hi hi, ho ho ho ho ho ho, ho ho</i>		

## The Art of Acting

3

I

*ho ho ho ho ho, ho ho ho ho ho, hu hu hu hu hu*

2

3

I

*hu, hu hu hu hu hu, hu hu hu hu hu, hou, hou hou*

I

*hou hou, hoi.*

The benevolent emotions, joy, gladness, merriment and mirth, give off laughter by an explosive utterance, while the malevolent emotions, scorn, irony, sarcasm and contempt, are expressed by an expulsive utterance, representing a sustained mental condition.

## **Crying and Weeping**

**A**LTHOUGH these terms are frequently used synonymously, yet there is undoubtedly a very great difference in the values of these words when we attempt to define human actions or to describe the drama of emotions.

Crying seems to be the outcome of the animal nature in man expressing, without the limiting force of cultivated intelligence, his anger, his grief or his fear. Crying is a noisy, boisterous expression of emotion, and is always disagreeable, if not painful, to the hearer. Children often cry out in anger, and men and women will sometimes vent their rage of anger in crying. In the first outburst of great grief, both men and women cry aloud; and, on every hand, friends

## **The Art of Acting**

seek to suppress the crying, not only because it is painful to the auditor, but because it shows a lack of self-control on the part of him who cries.

In many cases crying produces quite the opposite effect from that sought by the crier. When a person, child or man, cries, the act is performed to arouse sympathy and beget pity, but it not unfrequently begets laughter and contempt.

Crying is an expression of weakness. If a man cry for help, it is the sign of weakness. If he cry in anger, it is because he is not mentally strong enough to suppress the emotion. If he cry aloud in grief, again it shows his inability to suppress the impulse of the emotion, and so crying aloud in any case expresses the selfish animal nature of the man, and may create a feeling of opposition instead of sympathy. And yet the cry, as an outburst of pain, or as an escapement of fear, is a powerful factor in expressing the physical or mental condition of the subject; but if protracted crying seems to engage attention and win sympathy, it will be found generally that the sympathy is awakened more by the attending circum-

## **Crying and Weeping**

stances than by the voice, which in crying is always disagreeable. It suggests a lack of strength to suppress the emotion or control the situation.

Weeping is a much more powerful factor in acting than the noisy outburst of the cry. The suppression in weeping indicates a mental force which is trying to respect the feelings of others by concealing the woes or wants of him who weeps; and the silent overflow of tears or the escape of a sob, or a low wail, or moan, will not only awaken sympathy, but will hold it longer, and with more intensity, than the boisterous outbursts of a cry. We admire strength whether physical or mental, and we sympathize with its breaking; and as the sigh, the sob, the moan, and the silent tear, are the signs of strength giving way to sensations which it cannot control, we recognize the signs of the failing power and sympathize with the sufferer.

It is sometimes the case that expressions of grief in dramatic composition grow from silent tears to spasmodic outbursts of violent crying, and when this is the case, the artist will, in sup-

## **The Art of Acting**

pressing the outburst, take into consideration the great force under which muscular restraint has given way and graduate the return to physical quiet or repose with respect to time and force, so as to make his effort bear the strongest resemblance to nature.

In the character of Romeo, in "Romeo and Juliet," there are some very fine passages, which will serve to show the difference between the effect of the boisterous cry or outburst of a passion, and its suppression to silent, tearful weeping.

Consider the outburst of Romeo, on learning from the Friar the Prince's doom or sentence upon him for having killed Tybalt. He cries out through fear of crushed love and hope:

"Ha, banishment! be merciful, say death;"

and when the Friar, his old friend and tutor, begs him to let him speak but a word in explanation of the situation to show that the Prince is really kind to him, Romeo bursts out again with:

"Thou canst not speak of what thou dost not feel:

## **Crying and Weeping**

Wert thou as young as I, Juliet thy love,  
An hour but married, Tybalt murdered,  
Doting like me, and like me banished,  
Then mightest thou speak, then mightest thou  
    tear thy hair,  
And fall upon the ground, as I do now,  
Taking the measure of an unmade grave."

This violent outburst, instead of awakening sympathy, arouses opposition and a disposition to chide his folly.

The Friar exclaims:

    "God's will!  
What simpleness is this!"

And when, after learning from the Nurse the state of lamentation into which Juliet has fallen by reason of his killing Tybalt, her cousin, he draws his sword as if to take his own life, crying out:

    "O, tell me, Friar, tell me,  
In what vile part of this anatomy  
Doth my name lodge? tell me, that I may sack  
The hateful mansion."

The Friar says:

    "Hold thy desperate hand:  
Art thou a man? Thy form cries out thou art;



## **The Art of Acting**

Thy tears are womanish ; thy wild acts denote  
The unreasonable fury of a beast :  
Unseemly woman in a seeming man !”

Here we find the severest censure for the absence of mental control. The Friar likens him to a beast and for his weakness calls him even an unseemly woman. And this is Shakespeare himself who thus discourses upon the unworthiness of crying aloud, and thus shows its impotence in awakening true sympathy or pity.

How much more powerful is the silent manner with which in the Fifth Act he receives from Balthasar the news of the death of Juliet. Although in the scene from which the above lines and situation are quoted Romeo declares that banishment is worse than death, yet, when he is fully impressed with the death of Juliet, how silently his grief presents itself to the messenger. We see him passing from joy to extreme grief with the most simple and quiet question. When first we see him at Mantua, whither he is banished, he says :

“If I may trust the flattery of sleep,  
My dreams presage some joyful news at hand :”

## **Crying and Weeping**

And when Balthasar enters, Romeo exclaims:

"News from Verona! How now, Balthasar!  
Dost thou not bring me letters from the Friar?  
How doth my lady? Is my father well?  
How fares my Juliet? that I ask again;  
For nothing can be ill if she be well."

Balthasar replies:

"Then she is well, and nothing can be ill:  
Her body sleeps in Capels' monument,  
And her immortal part with angels lives."

Then comes that simple, quiet question:

"Is it even so?"

and that intensely dramatic exclamation, speaking the positive and final determination of desperate despair:

"Then I defy you, stars!"

What a suppression of sensation in those two sentences! The concentrated anguish of his dying self-love, which could no longer struggle against an adverse fate. There is no outburst of grief, no cry of despair, yet there is more power in this one line, to awaken sympathy and beget pity for his suffering, than in the half hundred

## The Art of Acting

lines of lamentation uttered in the Friar's cell about his banishment and consequent loss of Juliet. In neither situation is Juliet dead; and yet in this latter instance we fully and keenly sympathize with his great and overwhelming sorrow, because of the intellectual strength shown in the suppression of the sensation. This sensation in its silent course, fills the messenger with fear as he beholds the pallor and the wildness of his looks—the physical conditions—the facial expression of a profound grief that he could not conceal. The subtle and delicate working of an emotion that will not vent its force in speech, but overflows the heart and bids it break. There is always something powerfully impressive in silent grief. And for its interior working, the poet has very truthfully described it in the line,

“The heart feels most when the lips move not.”

The suppression of the cry or outburst of grief, when not positively called for by the concurrent text, has this advantage as a factor of expression in dramatic art—that its silence leaves something

## **Crying and Weeping**

to the imagination of the auditor, who will generally allow his imaginings to keep within the bounds of the author's situation.

The cry or outburst of grief or sorrow is not only generally overdone, but the conclusion of the cry or outburst is generally false in its action for the re-establishment of the normal condition of the physique.

When the excessive sensation produced by some remarkable impression so agitates the muscular system that normal action is destroyed, and spasmodic, abrupt and irregular movement takes the place of the regular steady and controlled movement of the voice and gesticulation of the body, then the power that causes this abnormal action is "impassioned force," and "time" becomes a very important factor for the artist to consider in giving the true imitation of the rise and subsidence of such a sensation.

Crying and weeping are both the outcome of extreme sensations, and, not unfrequently, on the stage, the abruptness of their beginning and termination convert them into ridicule.

## **The Art of Acting**

In Scene II, Act III, of "Romeo and Juliet," where the Nurse brings to Juliet the news of Tybalt's death and so mixes and mangles the story as first to convey the impression that Romeo is dead, we have a fine illustration of the paralyzing effect of the first impression of a great grief. When the Nurse in reply to Juliet's question,

"What news? why dost thou wring thy hands?"

says:

"Alack the day!—he's gone, he's killed, he's dead!"

Juliet's reply is, as though she believes the Nurse's reply refers to her lover:

"Can heaven be so envious?"

Could anything be more seemingly quiet? Does it not seem almost like indifference to the situation? But if we follow the lines, we shall be able to appreciate the terrible intensity of this quiet reply. For when in the Nurse's next speech,

"Romeo can,  
Though heaven cannot."

## Crying and Weeping

Juliet discovers that Romeo is not dead, her terror and her indignation both find vent in that most impassioned outburst:

"What devil art thou that dost torment me thus?  
This torture should be roar'd in dismal hell."

There certainly must have been a tremendous sensation to produce such an outburst; and as the Nurse manages by her much entangled story to hold Juliet for some time in doubt as to Romeo's death, and finally informs her that Romeo has killed her cousin Tybalt and is banished therefor, her grief is constantly accumulative throughout the scene. When Juliet finally understands and fully appreciates the word "banished," that "banished," that one word "banished," seems to choke her utterance, and make the very climax of her grief; for she says:

" . . . To speak that word  
Is father, mother, Tybalt, Romeo, Juliet,  
All slain, all dead: *Romeo is banished*,—  
There is no end, no limit, measure, bound,  
In that word's death; no words can that woe  
sound."

Now if any cause can relax and shatter the

## **The Art of Acting**

muscular system so as to produce a broken current of voice, certainly here seems to be a cause, and, undoubtedly, the rest of this scene should be played with sobs and gasps, and such spasmodic moans as would realize to the auditor the fact that words alone could not express her woe. Yet I have heard an actress, who had the reputation of being an artiste, speak the next line:

“Where is my father and my mother, nurse?”

with a voice as sweet and concurrent in its action as if she had just returned from a pleasure party, and would simply like to know if her parents had returned before her.

Let the artiste study her own griefs, and she will find that the sob and the sigh will sometimes last for hours after the cause of the outburst has passed away, and that the outburst of strong or great grief subsides through a succession of sobs and moans.

The sob is made by one, two or three quick movements of inhalation followed by a long expulsion of the breath bearing out a slow and high

## **Crying and Weeping**

“head tone” with suppressed force and a median stress, terminating with a vanishing stress, and the explosion.

The cry at first alarms us, then appeals to our patience and endurance. Silent grief makes us fear for the subject. The low wailing note of woe arouses our sympathy and pity, and we always seek to succor the distressed.



## **Personal Magnetism**

**I**N describing the individualism and the personality of clever men and women, there seems to be a general disposition or tendency on the part of writers and speakers to endow them with some mysterious and undefinable quality or attribute, as if to place them in an unknown region between the natural and the supernatural, where they reach toward but fall just a little short of infinite power.

Sometimes a man or a woman of great ability in any direction of work is called a "genius." This word seems to be a generic term covering a multitude of human attributes, all of which are mysterious, for the reason that no two persons define genius with the same meaning. A genius is generally credited with inspiration, another word

## **Personal Magnetism**

the meaning of which is lost in unlimited space, because it implies an immediate and direct connection with Divine Power. But the most mysterious of all the qualities with which the mystery-loving hero-worshippers invest their idols is that—to them—indefinable something called “personal magnetism.”

Magnetism in its original meaning is a result that grows out of the influence of a magnet, described as a metallic substance consisting of two oxides of iron, a small portion of quartz and alumina. The influence of the magnet is apparent in its action on metallic substances only; and the effect of this influence of the magnet is locomotion, actual change of place, by the metallic substances influenced.

It is not asserted that the force called “personal magnetism” ever affects its subject in that way. It is never stated as a fact that the “personal magnetism” of any orator, actor or singer drew an audience from any distance to the forum, the theatre or the opera; but it is often said that the orator held his hearers spell-bound, that the audi-

## **The Art of Acting**

ence was enchained by the actor and charmed by the singer. These forms of description may be exaggerated, but they mean something; and, in each and every case, these forms mean that the orator, the actor and the singer had engaged the earnest undivided attention of his auditors, and, by impressment through his psychic force, had begotten in the minds of his hearers a sense of pleasure that they were unwilling to relinquish for the attraction of any other environment. Here it is asserted that there is an impression made on the minds of the hearers. It is not claimed that they are moved physically from place to place like the subjects of the loadstone; but, on the contrary, instead of becoming active, they are made passive yet receptive, and their mental powers limited and bounded by the artist.

This state does not answer to the state of magnetism, which supposes an exterior force only, drawing material substance towards itself and holding it there quiescent. The force exerted by the artist, though it does not move the physical conditions, yet holds fast its subject and begets

## **Personal Magnetism**

a sensation within the subject that moves out with the expression of a desire for more of the influencing force.

The only likeness, then, between magnetism and the force exerted by the artist is the power to hold, at a given point; and the greater effect of the orator, the actor and the singer is the expression of pleasure, on the part of the subject—the desire for more, begotten by the exerted power of the artist. It seems, therefore, that magnetism in this case is a misnomer, and the word “hypnotic” would better describe the power of the artist. But, again, the hypnotic influence carried to its ultimate puts the subject in a somnolent condition, or makes the subject entirely responsive to the power of the hypnotizer, apparently destroying the will power of the subject and substituting the alter for the ego.

Not so with the influence of the artist. There the ego remains and admires the alter, because the alter gives pleasure to the ego.

This “personal magnetism,” then, so called, is not magnetism; because, unlike the magnet, it

## **The Art of Acting**

does not disturb nor move the physical conditions.

It is not hypnotism, because it does not, like hypnotism, put the ego to sleep and allow the alter to take possession of its physical machinery.

What, then, is this force commonly called personal magnetism?

In those men and women, in whatever department of art, who exert this influence, may be found these characteristics: A nervous, active nature, whose activities are concealed by a strong will power; the ability to concentrate, and hold the mind down to the single point under consideration; perfect simplicity in mental action; the perfect adaptability of the entire impressional and physical force to the doing of the thing in hand; and a vehement suppression of the ego for the perfect presentation of the subject. We may therefore conclude that the so-called "personal magnetism" is mental simplicity with unlimited energy of nerve and muscle, focalizing the psychic force of the orator, actor or singer on the subject under immediate consideration.

## **Personal Magnetism**

This power may be acquired through study, by giving art the preference over a display of personality, an outcome of the ignorance of art, or an indiscreet egotism. In the business affairs of life, the ego may successfully dominate the situation; but in fine art personality must be subordinated, if there is to be a perfect re-presentation of anything outside of the ego.

The sublimity of egotism occurs when a man surveys his own personality and thinks he has measured the universe.

## **Drama**

**T**HE word "drama" is a pure Greek word, and signifies action—action unlimited by time or place.

Drama is action, whether it be in a church or a theatre.

The motives of all drama seem to have been, and are derived from, three sources, gods and demi-gods, heroes, and domestic life.

The first of these spring from the imagination dwelling on super-human acts resulting from the power of the gods directly, or the power of the gods expressed through human beings. This deified drama arose and obtained with the Greeks. The heroic in dramatic presentation results from the unlimited force in man, untrammelled by the governing force of reason,—a full out-pouring of

## **Drama**

the force of the ego unlimited or uninfluenced by the rights of the other. This force prevails throughout the plays of Shakespeare. The domestic emotions in modern plays show always a mixed condition of feeling and reason, governed by social law.

In the ancient Greek drama, the governing force was respect for religious rites, and an unadulterated faith in the power of the gods.

The heroic drama illustrates the belief and confidence of man in himself.

The modern drama is full of questioning and agnosticism, a lack of confidence in humanity, a continual expression of disbelief in social institutions.

The theatre is a place of exhibition or show.

It is stated in history that the first theatres were built in Athens under the rule of Themistocles, who was elected Archon about the year 480 B. C.

Theatres were not, at first, built entirely for the exhibition of dramatic compositions, but were used by the Sophists of that time for the



## The Art of Acting

display of declamatory arguments—the show of philosophy by oratory and the worship of mythology.

All literary composition, whether in prose or in poetry, may be divided into at least four kinds, viz., *descriptive*, *didactic*, *lyric* and *dramatic*. The Iliad and the Aeneid are dramatic literature.

The full intention of descriptive and didactic composition may be presented to the auditor through the medium of the speaking voice alone. No action of any kind, except the action of the vocal apparatus and the articulating organs, is called for. Through the means of nice articulation, proper quality of voice and true emphasis, the full value of *descriptive* and *didactic* composition may be presented.

Though *lyric* composition may be read with the speaking voice, yet, to present its full strength, the *lyric* must be sung. This was its first intention, it having been originally composed as a voice accompaniment to the lyre, one of the earliest stringed instruments. The lyric was written for music, and although the speaking voice, by

## Drama

the process of reading, may tell its story and present its logic, the singing voice alone can impress its sensations upon the listener.

The full meaning of *dramatic* composition, whether poetry or prose, can only be presented when, to all the factors that constitute vocal expression, is added action. It is because of the inhering attribute of action that literary composition is called "dramatic." Dramatic composition must be acted. It is the acting of dramatic compositions that largely enhances their value, and makes a permanent place for them in the literature of the world.

As the lyrical in John Howard Payne's song, "Sweet Home," has impressed it to a place of rest in the hearts of millions who never would have felt the words without the music, so the acting of Hamlet, Othello, Lear, Macbeth and the popular heroes and heroines of Shakespeare, make them living, breathing beings, who, while they are before us, command our attention as much as any of the realities of life.

Nearly fifty per cent of Shakespeare's dramas

## The Art of Acting

still hold their place on the stage; and the quotations from these dramas in current literature, owe their value largely to the fact that Shakespeare's creatures are actively before the world, and by action are still impressing their mental force on the pulpit, the bar and the best literature of our time.

Of Shakespeare's contemporaries not one remains in the field of action. Beaumont and Fletcher, Ben Johnson and Webster have passed from the stage, and have been relegated to the top shelves of the library. They are no longer acted, and seldom quoted. Inactivity is death to dramatic literature, and the library shelf its mausoleum. The sustaining attributes of dramatic composition, whether prose or poetry, is action. Where the composition is divided into acts, and the incidents of the composition represented by one or more persons, it is called a drama—a described or defined action.

Drama is the generic term. Dramas are divided into several classes or kinds, viz.: Tragedy, Comedy, Melodrama, Opera, Farce, Vau-

## Drama

deville, Burlesque, Operetta, Comedietta. Any one of these several species of drama may be called a play, because the impersonators of the characters are players. They play that they are the people they represent. There is no arbitrary limit to the number of acts into which a drama may be divided. There may be one, two, three, four, five or more. The divisions called acts are made to suit the taste and convenience of the author in telling his story.

The specific names, "Tragedy" and "Comedy," are derived, upon authority of the historian of the most ancient theatre of the Greeks, from the opening and closing ceremonies of the feast of Bacchus, even prior to the time of Thespis, who is said to have been the inventor of Greek dramatic performances.

The opening of the festivities, held annually in honor of Bacchus, was made with song and dance, and such exhilarating exercises by the villagers (the *Comes*) as might illustrate the mental elation of the god of wine; and the closing exercise was the sacrificing of a goat (*tragos*), deco-

## The Art of Acting

rated with flowers and constituting a part of the spectacular in the festivities of the day.

From the death of the goat (*tragos*) is derived our word "tragedy," which to us signifies a drama of important incidents, illustrating strong malevolent emotions and terminating in death.

Thespis, who lived more than five hundred years before Christ, is called the father of the Tragedy, or tragic dramas.

From the action of the villagers (the *Comes*) in the opening of their festival, when all is gladness—when the benevolent emotions prevail—is derived our word "comedy." Epicharmus, a Greek poet and philosopher, who flourished contemporaneously with Thespis, is called the inventor of comedy or comic drama. Nothing scarcely now remains of the dramas of either of these authors but a number of titles, and even these are in dispute among the commentators.

A tragedy is a dramatic composition in which the story or plot is told by the characters, who constitute the *dramatis personae*. The story and all the incidents must bear so strong a resem-

## **Drama**

blance to truth as to carry conviction to the auditor and spectator, that the emotions expressed by the impersonator have their sensations in realities.

There may be, and in many tragedies there are, comedy incidents and situations for contrast, lest the auditor may tire from a too constant mental strain in one direction; but the prevailing emotions in tragedy are malevolent in their nature, leading through action to the death of the hero or heroine—the central person or persons from which the action radiates. The time, the manners and the customs of the people are subordinate considerations. The death scene of Queen Katherine in Shakespeare's "Henry VIII" is grandly different and more picturesque than the death scene of Camille in Dumas's modern drama, but the final effect on the mind of the auditor is not more melancholy nor more lasting. The action, terminating in death, is the point of application, and this is tragedy.

In tragedy all merely descriptive passages, no matter how beautiful the phrasing, check and dis-

## **The Art of Acting**

tribute the accumulating mental force of the auditor, and thus prevent the climaxing and outward expression of the sensation the author is seeking to arouse. For this reason some of the most beautiful phrases in Shakespeare are eliminated from the acting edition.

In drama, words must express past, present or future action, and connect it with the central figure of the story, or they destroy interest just in proportion to their divergence from the unity of action.

A Comedy is a dramatic composition divided into two, three, four, five or more acts, as the case may be, presenting in its story and incidents a likeness to the probabilities of life, where the benevolent emotions prevail with a happy termination.

The Farce is a play in one, two or three acts—seldom tolerated in a greater number of acts—in which are presented such plot and incidents, with characteristic dialogue, as may make the impression of possibilities upon the mind of the auditor, while the action is progressing, but which, when

## **Drama**

reviewed through comparison with a standard of reality, produce such contrasts as to beget laughter. The strength of the farce-play is most fully developed when it is presented directly after the serious realities of tragedy. The contrasts are made stronger.

The Burlesque is a play that seldom exceeds two acts in length, and is based upon the force of contrast to produce laughter. The contrast, however, does not lie between the situation presented and the truth or reality in nature, but between the situation and the manner of acting it. When the situation is serious it may be burlesqued, that is, converted to laughter, by light, trifling, artificial acting; and when the situation is comic, the ridiculous in it is heightened by a serious and earnest manner in acting it. From the burlesque the grotesque is developed.

Farce and burlesque situations depend entirely upon the wit and cleverness of an author in constructing his play, and there is always an underlying principle that conforms to the truths of nature in general; but grotesqueries depend for



## **The Art of Acting**

their success entirely upon the personality and individuality of the actor.

The Romance or Romantic drama, which is generally called "melodrama," is a species of play that bears about the same relation to tragedy and comedy that farce bears to comedy. The romantic drama is always based on conditions that require great mental elation on the part of the auditor for their acceptance.

The heroes and heroines, together with the incidents of the romantic drama, are the inventions and contrivances of the author, for the purpose of lifting the mind out of the equilibrium in which a continuous observation of the realities of life is likely to hold it. The cleverest author of the romantic drama, recognizing the tendency of the mind to fall back to comparing art and nature, injects music throughout his play, thereby appealing to feeling, through which he keeps alive the desire for the imaginary—the unreal—the idealistic.

The romantic drama may be either tragedy or comedy. Its success will depend upon its power

## **Drama**

to lift the mind out of the rut of every-day life and entertain it with the picturesque in the realms of imagination.

In the world of amusement everything is legitimate that entertains and does not demoralize. Opera is acting set to music; and as the merit of the play depends more upon the music and acting than upon the words or literature of the work,—opera is, therefore, the highest form of melodrama.

Operas are divided like other plays into acts, the number varying in accordance with the importance of the story and incidents all the way from one to five acts, and seldom exceeding this last number. Opera is also divided into classes, as grand and comic opera. Grand opera, whether tragedy or comedy, always presents a story of dignity and importance, with as near a resemblance to the realities of life as the necessities of the music will allow; but, undoubtedly, through the prevailing force of the music of the opera, whether the story be of tragedy or comedy, the tendency is toward hyperbole through the liter-

## **The Art of Acting**

ature of the play. Consequently, at its highest in art, opera leads towards romance instead of reality.

Heroes and heroines in tragic dramas die with an expression of exhausted vital force, a subsidence of nerve and muscle action; but the hero or heroine in opera dies issuing a volume of voice that always indicates a control of nerve and muscle and vital force that might live on for years if the end of the play had not come just at that moment.

The comic opera may be one, two or three acts, or more, but its outcome is always farcical. The object is entertainment through ridicule and satire, tickling and stinging the senses through the opening and persuasive effect of music.

The operetta is a little opera. It may be serious or comic, but the burletta, which may be one scene or more, always presents the farcical pictures of life, with music.

All dramas, of whatever kind or species, are written to be acted, and the men and women who act dramas are actors, and because their acting

## Drama

is but the simulation of the thought or emotion to be re-presented, the actors are called "players," and the dramas they play in are called "plays," hence "plays" and "players."

The Latin word designating actors is *histrion*, and from this name is derived that word so commonly in use in describing dramatic art, "*histrionic*," a word more popular among amateurs and novices than among professional actors.

A word that has come very much into use within the past ten years to describe or name the results of the dramatic artists is "work;" e.g., in speaking of an actor's performance in a play, the speaker says "I like" or "I dislike" "his work." We need not necessarily attribute this expression to affectation or to ignorance, but we may say that it is a bad form of speech, not in good taste; for dramatic art is a special result—the outcome of the direct application of the mental force to the machinery of the human body in re-presenting the creatures of dramatic authors, who are in themselves a special class among the litterateurs of the world, and although acting is *work*,

## The Art of Acting

yet because it is a special kind of work, it should be described by the specific term which through long and best usage has obtained, viz., "art." "Work" is a general term and, as a descriptive term, includes acting. But why have specific terms if we do not use them to describe special things? An actor may do very earnest *work* in his preparation and still do very bad *art* in his acting. Any sound, able-bodied man may work, but every sound, able-bodied man cannot therefore do dramatic art.

## The Dramatic Director

PAINTING, music, poetry and sculpture, as fine arts, may be executed in perfection by the artist single-handed and alone; but dramatic art in its greatest perfection requires a group of artists, working together, and the correct result depends entirely on their harmonious action. In order to develop the intentions of the author, the group of artists seeking to represent the author's *dramatis personae* must rehearse the memorized words for the purpose of discovering the individual action of the several characters of the play, and so to conjoin those actions as to preserve the unity of purpose that a dramatic author must have, if he would present a successful play.

A director is an indispensable necessity to a proper rehearsal of a play; for the reason that every earnest and ambitious actor will always

## **The Art of Acting**

strive to win the approbation of the audience ; and the desire to win approval, unless properly directed, may and often does destroy the intention of the author. Good plays are sometimes destroyed and frequently marred through the presentation of the actor's own individuality, instead of the individuality of the author's character. The failure may result from the actor's inability to conceive the author's motive, or through lack of skill in his art, or again the failure may be made through the egotism that constantly presents the actor's own personality, instead of the author's creature.

The actor or actress playing the hero or heroine may be a good director, but it does not follow that either of them is so necessarily, because acting the principal characters in the play. Certainly the actor playing the principal character should know the play very thoroughly, but even this knowledge does not in itself constitute him a good director ; for, to direct properly, he must not only possess the knowledge, but he must be able to impart it clearly to his fellow artists. Then, too, the

## **The Dramatic Director**

strain on his patience is frequently greater than he can successfully bear, while engaged in rehearsing his own part in the play, and a manifestation of impatience is quite out of place in rehearsing. The aim of a director should be to keep the mind of the actor open to receive suggestions, and impatience, with severe and sarcastic words, closes up the mind of the actor to whom they are addressed and, for the time being, quite destroys his receptivity. This is a bad state of affairs for the director and the directed.

Great acting requires singleness of purpose. No actor can be great if he act and direct at the same time. A good director must be a good actor. He should be a man of good scholarship in the language of his author, of good general information, an authority on correct pronunciation and good reading. He should have an artistic desire and a good knowledge of form and the harmonies of color, with a quick eye to see and ability to arrange picturesque groups. His perception should be quick, his knowledge apt and



## **The Art of Acting**

his patience everlasting. A want of courtesy on the part of a director is not only a manifestation of gross ignorance, but it is destructive of the very intention of his office. Ignorant people generally assume a dogmatic and domineering manner, to conceal their inability to answer questions.

The office of Dramatic Director in a good theatre is a very honorable office, and worthy of better men than are sometimes selected for it. It is not improbable that at least seven in every ten of the failures that are made in producing plays, result from improper direction, inability to discover the author's intention. A good director should be able to eliminate redundant lines that check action, to make the verbal connections that may preserve the harmony of action and to make such transposition of words, lines, or even whole scenes, as may tend to perfect the situations of the author and develop his climaxes in their full value. He must be able to suggest the proper scenery to the scenic artist, to describe the necessary properties to the property man, and to

## **The Dramatic Director**

describe the correct style and color of the costumes for each artist in the play. He must direct the proper lighting and darkening of the play through its various phases of day and night to be re-presented.

It is a duty that the director owes to himself and those whom he is to direct, to know the play thoroughly, before he calls the company together. If a director would have and retain the respect of his artists, he must be punctual to the appointed hour of rehearsal. A director should be a disciplinarian; but for best discipline extreme severity is not necessary, and the effort to control the conduct of an artist outside of his business relations, except by friendly advice, is an impertinence that no manly artist will submit to. The director who attempts it may be justly termed "a martinet."

The man who would be a disciplinarian must first discipline himself. A want of ability and lack of punctuality on the part of the director are disturbing elements that destroy discipline and demoralize the company.

## **The Art of Acting**

A director should not call his company to rehearsal until he is ready to begin; and having named the hour, he should begin exactly at the appointed time. After the dramatic work begins, nothing should engage his attention until the rehearsal is terminated for the day.

To avoid the distracting interruptions that fatigue the actor and demoralize the rehearsals, the director should arrive at the theatre in time to have an interview with the machinist, scenic artist, property man and other mechanical and spectacular assistants before his appointed hour for rehearsal. A good director can always spend an hour with these subordinate departments before the rehearsal, and, by this course, avoid much mental annoyance and bodily fatigue for both himself and company.

The first call of the company is for the purpose of assembling all who are engaged and thereby to know if they are ready to begin the labors of the season. This call should be made at least one day before rehearsals begin. At this meeting, the director should take the occasion to make the sev-

## **The Dramatic Director**

eral members acquainted by personal introductions among those who are strange to each other. At the meeting of the company, the play, if new, should be read by the author or by the director, and the "parts" distributed for study. At a first rehearsal of each act in a new play, the members of the company should read their parts. The parts should be read to save the time that may be lost when the actor tries to recite a half-memorized character; but the sooner the actor memorizes his part the better it will be for him and his associates; for, when the part is thoroughly memorized, the actor will be able to express in action the individuality of the character he is to assume. The actor cannot do the action of a character while he is hunting through memory for the medium of conveyance.

A dramatic company should be made up of men and women who are actors, only when they are on the stage. Off the stage, the members of a dramatic company should be ladies and gentlemen. The tendency of the dramatic art is toward refinement. The study of the best dramatic au-

## The Art of Acting

thors is a powerful developer in the philosophy of life. A thorough knowledge of Shakespeare, alone, is a liberal education. Everything in the art and science of acting strengthens the body and beautifies the mind. Dramatic artists are, therefore, by their association with the best dramatic authors, prepared to present a high standard of intelligence in their daily lives and to beautify by intelligent development the works of dramatic authors in their evening labors.

If the dramatic director owe to the dramatic company courtesy, as a scholar and a gentleman, and the earnest fulness of his knowledge, with patience to meet the necessities of the inquiring minds around him, so does the company, individually and collectively, owe to him the courteous conduct of ladies and gentlemen, and their earnest attention, together with their best effort at all times, to do his direction; for upon the success of the director depends the preservation of the unities of the play. When the unities of a play are destroyed, the author's work is left in the condition of several "variety" acts, into which ignor-

## **The Dramatic Director**

ance of the original intention, or the over-weening and selfish ambition of the several actors, has thrown it, by their individual efforts for personal aggrandizement.

A rehearsal of a play means a time of study for the actors,—not a study of their words and lines (those may be studied outside of rehearsal), but a study of the situations of the play, so that each actor may know the true value of the words he is to speak and, by the practice of doing them in connection with his fellow artists, be enabled to present them in their full dramatic value.

A full and clear reading or recitation of the words of a part should be given by the actor at all rehearsals, first because all actors need such practice, and to read and recite in a slovenly or careless way at rehearsal is demoralizing to one's self; and, secondly, because those who are to respond should know the full intention of the speaker, and this cannot be unless a full illustration is given at rehearsals. True artists and those who are striving to be artists, always rehearse in full as soon as they have memorized the lines in a

## **The Art of Acting**

new play. In an old play it is a duty that the actor owes to the author and to the public, as well as to his fellow artist, so to speak and rehearse, even his most familiar character, that the newcomer or novice in the play may be able to comprehend and perform the "part" or "business" assigned to him. By a proper fulfillment of these conditions, both the director and the actors may save themselves much time and force, and avoid a great deal of unnecessary ill feeling. Good actors are sensitive people, and therefore liable to suffer more from unpleasant environments than is the so-called business man, a part of whose business is to bear the rebuffs and scorns of opposition, that arise in the competitive work of struggling to get from his fellow man everything that he possesses, except his diseases. Sensitiveness in a business man is an index to failure, but sensitiveness in the dramatic artist is a positive merit.

Actors who are successful grow more sensitive as they grow older, and feel so keenly the loss of applause or the want of recognition from an audience, that it sometimes begets jealousy. This

## **The Dramatic Director**

diseased condition is generally made apparent by an effort to suppress or destroy the applause due to a fellow artist, either by entering on the scene and speaking too quickly, or by actually cutting out the lines and situation that would bring the expression of approbation to his assumed rival. This is pitiful. Jealousy is always the sign of a limit. Great minds accept rivalry as an incentive to greater development. Fair rivalry urges one to higher achievements.

The distribution of the characters in a play is a matter for very serious consideration with the director, for he must not only know the intention of the author, but he must also know the capacity of the several actors in his company, so as to assign to each artist the "part" in the play for which he is best adapted. This adaptation of the actor to the "part" alludes only to his mental fitness, which mental fitness is the result of an inherent quality in the actor or a cultivated mental condition enabling him quickly to perceive and readily to present by tone, pose and gesture an author's embodiment of sensations. Because the



## **The Art of Acting**

dramatic author's story is told by several characters, male and female, each doing a part, while preserving the unities and the entirety of the play, several men and women are necessary to the proper interpretation of the work. Every play must have a hero or a heroine, the person in the story in whom all the interest centres and around whom all the principal incidents of the play cluster. Some plays have a hero and a heroine, seemingly of equal importance. These two characters, in a well constructed drama, contain the interest and, in the progress of the plot or story, occupy all the great dramatic situations, climaxes in action that surprise, startle, increase interest or arouse enthusiasm in the spectator. All subordinate characters must serve to develop the hero or heroine, for although the actors in a play may be artists, all cannot be central figures, nor possess equal attractiveness. It sometimes happens that a young and inexperienced actor will endeavor to make Horatio superior to Hamlet, or prince Malcolm superior to Macduff; but such a ranting effort is an

## **The Dramatic Director**

absurdity, and only begets ridicule for the ill-advised aspirant. The sooner an aspirant for dramatic honors learns to co-ordinate his muscle with the author's thoughts, and to subordinate his personal ambition to the author's situations, masking his egotism behind the author's creature, the sooner will the discipline fit him to fill the "leading character," a worthy and a desirable achievement for every aspiring artist; and though it may be impossible for all to reach the "leading position," the effort will enhance their value to the public in the subordinate positions.

The distribution of the characters in a play, among the members of an organized stock company, has long been classified, according to the intellectual fitness of the actors, and for the convenience of the manager, in engaging and working the company, into "Lines of Business," as—Leading man and leading woman; juvenile man and juvenile woman; heavy, first and second; first and second comedian; first and second comedienne; old man, first and second; old woman; eccentric characters; first and second walking

## The Art of Acting

gentleman; responsible utility; general utility; and supernumeraries.

To fill these several lines of business, a company of at least twenty actors is required, and in some of Shakespeare's plays a larger number is called for. The "doubling" is scarcely commensurate with the dignity of a first class theatre, and its obligations to a cultivated public. A dramatic artist who is an acknowledged leader, whether male or female, has earned the right to have a choice of characters when the *dramatis personae* are to be distributed in a new play. The leading man and the leading woman are bound to accept the precedent established in any first-class stock theatre; but the fitness and ability of the artist to assume the great variety of dramatic characters that must necessarily fall to the lot of the "leading" artists may justly be a question for rational discussion and amicable adjustment between the director and the "leading man" or "leading woman," as the case may be.

The "leading man" and the "leading woman," by reason of the favorable dramatic situations

## **The Dramatic Director**

that they are nightly assuming in the plays, generally achieve popularity and become favorites with the audiences or patrons of the theatre, making it desirable on the part of the manager to keep them before the public in every play produced. Every artist in the theatre may and does have a following advantageous to the manager and complimentary to themselves according to the artistic merit displayed by them in their several positions. The approbation accorded to a man or woman for his club life, or for her social position, does not necessarily entitle her to approval as a dramatic artist.

A little reflection will convince any thinking artist that a very large proportion of his popularity is due to the author. Shakespeare has lifted hundreds of actors into fame and a position in the world of arts and letters that could never have been achieved by them if thrown on their own resources for a medium of conveyance. In the distribution of heroic characters, a director would undoubtedly be impressed with the idea of size; but, upon reference to his historical knowledge,

## The Art of Acting

he learns that a fair proportion of the world's heroes and heroines have been only an average height and size. Some of the most famous dramatic artists have been men and women of small stature. It will be a sad day for dramatic art when mere physical conditions shall take the place of mental force, when muscle and adipose matter shall outweigh brains, and elegant costumes shall mask false conceptions and bad execution.

A perfect knowledge of the play, and a thorough acquaintance with the individual ability of each member of the company, are absolute necessities on the part of the director, to enable him to cast a play with justice to the author, credit to the actors, and satisfaction to the public.

The following cast will show how the characters in a play were distributed to accord with the positions of the several members of a stock company, up to the time when the present system of combinations obtained a place in the theatre:

## **Hamlet, Prince of Denmark**

Claudius,	King of Denmark,	1st Heavy Man.
Hamlet,	Son to the late, and nephew to the present, king.	1st Leading Man.
Polonius,	Lord Chamberlain,	1st Old Man.
Laertes,	Son to Polonius,	1st Juvenile Man.
Horatio,	Friend to Hamlet,	2d Juvenile Man.
Guildenstern, Rosencrantz,	Courtiers,	1st and 2d Walking Gentlemen.
Bernardo, Marcellus,	Officers,	Responsible Utility.
Priest,		2nd Old Man.
1st and 2d Players		1st and 2d "Character Parts."
Osric		Eccentric Comedy.
1st Grave Digger,		1st Comedy.
2d Grave Digger,		2nd Comedy.
Gertrude,	Queen of Denmark,	Heavy Leading Woman
Ophelia,	daughter to Polonius,	Leading Juvenile Woman.
Player Queen,		2nd Old Woman.
Courtiers, male and female,		General Utility.
Ghost of Hamlet's father,		2nd Leading Man

## Make-Up

**T**HIS term is used to define the appearance of the actor in whatever character he assumes, and not only alludes to his costume for the part, but to the painting of the face, the color and cut or fashion of the hair and beard. The success or failure in the presentation of the mental and emotional phases of a dramatic character may, and often does, depend upon the knowledge and skill of the actor in the department of make-up.

It is difficult to rid one's self of first impressions in nature, and first impressions from the *dramatis personae* of the stage are quite lasting. The every-day record of the theatre is full of the proofs of first impressions. The subject may easily be opened by comparing the original cast of a play to the cast of a reproduction. All who have

## **Make-Up**

seen the "originals," except those who are acting in the reproduction, are ready to tell how much better the play was done when they first saw it. While undoubtedly some of the superlative praise must be credited to the vanity of the historian, who oftentimes expects to enhance his own greatness in the estimation of his listeners by claiming to have seen a more meritorious performance than the course of events has permitted them to witness, still some of the enthusiasm of the relator may be justly attributed to the effect of first impression. It therefore behooves the artist to look to the correctness of his make-up if he would secure the lasting approval of his audience.

So far as the costuming is concerned, the artist of to-day may obtain at any of the public libraries the best archaeological authorities for reference; and if he desire to be entirely successful in his make-up, he must be able to refer to authorities that will enable him to present the special effects of the costume of any century or decade of a century.

In modern dress, a first-class tailor for gentle-



## **The Art of Acting**

men, and a first-class milliner and dressmaker for ladies, should be consulted in order that the costume of the period may be truthfully presented. Having selected a costumer, whether ancient or modern, do not let your taste or fancy interfere with his facts of history.

I remember an actor who, having to dress a character in the long-tailed embroidered coat of the latter part of the eighteenth century, had the tails cut off to the same length as the skirts of his evening dress coat of 1860, because the latter was more in harmony with his taste. This certainly was very ridiculous, but not more ridiculous than the wearing of a blue necktie with an evening dress. I saw this done by an excellent actor in a first-class theatre in 1876. Had the artist in either case taken the trouble to consult a proper costumer, these mistakes could have been avoided.

In presenting a play, the manager has the right to arrange the fashion and the color of the costumes that the characters shall be represented in; but the exercise of that right requires that he shall furnish the costumes at his own expense.

## **Make-Up**

There is neither honesty nor the semblance of respectable management in requiring individual artists to buy colors to suit the director's groupings on the stage; and the form and color of dramatic grouping, whether in ancient or modern costume, are productive of some of the most pleasing effects in a play. This is a matter worthy of much consideration by directors and managers.

Great attention should be given to the hair, not alone to the style of wearing it, but to the characteristic color. It may safely be set down as a principle with which to govern action in this matter, that dark hair is more in keeping with the expression of serious emotions, while light hair seems to convey with first impressions the idea of a bright and cheerful disposition.

There is no reason in nature why a person with light colored hair may not feel just as serious as a person with black hair; but we know that, on all serious occasions, custom in this country has made dark colors in costumes the medium for expressing serious and sad situations. The colors of dress for mourning differ according to

## The Art of Acting

persons and countries. In Italy the women once mourned in white and the men in brown. In China they wear white; in Turkey, Syria, Cappadocia and Armenia, celestial blue; in Egypt yellow, or the color of a dead leaf. The Ethiopians wear gray, and in Europe the mourning color is black. Each of these colors had originally its significance. White is the emblem of purity; celestial blue denotes the place we wish to go to after death; yellow or the dead leaf indicates that death is the end of hope, and that man falls as the leaf; gray signifies the earth to which the dead return; and black indicates the absence of life, or want of life. Previously to the reign of Charles VIII, the queens of France wore white upon the death of their husbands, and were called *reines blanches*. On the death of that monarch the color was changed to black. Light and bright colors are used to express mirth and gladness; so that it may be assumed that the first impression made by the character as to the serious or comic nature of its situations will depend largely upon the color of the costume. Of course,

## Make-Up

the fashion of the dress and the style of the hair must be governed by the prevailing mode of the period represented, unless the part be what is denominated a "*character* part," which means a character in the play eccentric to the accepted rules of etiquette and the prevailing forms of fashion. The eccentric vanity of a foolish man is sometimes shown when, as an actor, he appears on the stage in the court costume and bag wig of the latter part of the eighteenth century, wearing the moustache and side whiskers of the present day. It is an intolerable absurdity.

The gas light in the theatre neutralizes the warm colors of the face and leaves a pallid and unnatural hue. Artificial coloring must therefore be used to give the appearance of health and naturalness to this most expressive part of the body; but, with many actors and actresses, excellent artists in other respects, there seems to be an effort to produce, not a semblance to nature in this respect, but something, the likeness of which does not exist in nature.

As a matter of fact, there are no pure white

## **The Art of Acting**

masses in the human face in its healthful condition; and there are no black lines in the shadows or wrinkles of the face. And, yet, the would-be artist in make-up first lays on a heavy wash of pure white, and then rubs on an unlimited quantity of red, carrying it up the sides of the face to the very roots of the hair, and covering the eyelids until the face presents the swollen and inflamed appearance of dissipation. Then he puts a heavy, black line under the eyes which means nothing but dirt. It is difficult to attribute such false painting to anything but ignorance, through lack of observation of nature's coloring, which can be seen on every hand, and at all times; but if there be any difficulty or inconvenience in studying the lines and colors of the face from nature, there are in all of the large cities, and even in many of the smaller towns of our country, galleries of paintings where the actor may study characteristic expressions of the face, either in youth or in age, made solely by lines and color, the work of painters whose study is to copy nature correctly.

## **Make-Up**

One can scarcely appreciate the expression of intelligence that the nose gives to the face until he has seen a face from which the nose has been removed by disease or accident, as it sometimes is.

A small nose is generally the sign of a weak character, but it does not follow that a large nose is always the sign of a strong character.

The noses of the dumb animals lie flat and even with the surface, as in the face of the horse, the ox and the dog; but when one examines the head of the chimpanzee and the higher order of the simian race, the gorilla, one sees the nose gradually rising out of the face until it reaches an important elevation in the Hottentot, the lowest intellect in the negro race found in the interior of Africa.

Between the flat, broad nose of the negro and the elevated oriental nose, which seems a distinguishing feature of the brightest intellects of the world, there is a great variety of forms and each variety apparently marks some characteristic of the individual.

The nose of middle elevation with large bul-

## **The Art of Acting**

bous termination quite red in complexion, with large open nostril, indicates the high liver much given to dissipation. The straight Greek nose bespeaks clear intellect and love of art; while the Roman nose tells of courage and strength. The Oriental nose, with its extreme elevation, thin nostrils and hooked point, tells of acquisition and love of money for the sake of domination. Any of these forms crooked or twisted from direct lines indicates individual eccentricities.

A little attention to the coloring of the face through the instructions to be obtained from any good portrait painter, will greatly enhance the value of an actor's performance. A lack of proper height in the physique of the artist is a defect not easily overcome. It is true that shoes may be so constructed as to raise the figure, but great care should be exercised in building up, lest on trying to improve the appearance in this regard, awkwardness of movement and a stilted walk neutralize the effect gained by the elevation. There can be no grace without strength in the position, and beauty in the line of action; and the

## **Make-Up**

high heels, to which the artist is unaccustomed, are sure to beget clumsiness in movement, and a lack of firmness in pose.

While in dramatic art, or indeed in any of the fine arts, superior intelligence should not be handicapped by the absence or presence of adipose matter and muscle, still it behooves the dramatic artist to present as perfect a picture of the character, as the art of making-up will permit; and for this purpose symmetries for the lower limbs, padding for developing the shoulders, and such appliances as may give proper form to his natural physique, are entirely legitimate.

Young actors who aspire to do the "juveniles" or lovers in dramatic art, will find it greatly to their advantage, in personal appearance, to keep up their gymnastic exercises, such as sword playing and dancing, and to avoid feasting at late suppers. The actor must be willing to make some sacrifices if, as an artist, he would gain and hold the approbation of the public; for while the actor is feasting with "jolly good fellows," his art is fasting. He is bartering vital force and public



## **The Art of Acting**

approbation for the ephemeral admiration of those whose friendship, in many instances, is begotten of the exhilaration of wine, and dies with its effervescing. Such friendship lives only in the sunshine of the actor's prosperity, and, with the first chilling breath of adversity, this good-fellow-friendship floats off on its butterfly wings, and leaves the actor to that depression which must necessarily follow a false stimulation. If one desires to be a true artist, he must avoid those methods which earn for the actor the name of "good fellow."

On the stage let your make-up and your etiquette present the appearance of the dramatic character assumed. Off the stage let your costume and your deportment harmonize with the best forms of the society in which you live.

Affected eccentricity in dress and manners is a vulgarity that must place even a good artist at some disadvantage in polite society.

On the stage, affectations and assumptions are art; but, off the stage, let the simplicity of your manner be the charm of your individuality.

## **Analysis of the Dramatic Composition**

**W**HEN the pupil has learned to analyze the physical effects of the various emotions, and, consequently, the natural language through which they express themselves, let him then take up some dramatic author, read a passage, and, having decided what emotion it is intended to express, let him interpret the author's artificial language by the aid of the factors of natural language which he may have acquired through his observations of nature, and which he has rendered subservient to his will by his analytical method of study and daily physical practice.

The artist should make himself as familiar with the natural language of all emotions of the human mind as he is with the alphabet of his native tongue.

## The Art of Acting

In order to apply the factors of expression correctly, it follows that one must be able to analyze for the true meaning of the dramatic author's words, phrases, and sentences. Every sentence in a purely dramatic composition not only has its grammatical construction, through the study of which one arrives at the author's logical conclusions, but there must always be a recognition of a sensation underlying the very words or signs of sensation. The outcome of this sensation constitutes the emotional part of the word or sentence.

It is the presentation of this emotional part, through a harmonious blending of the artificial with the natural language that the actor must strive for.

How shall he obtain a knowledge of the emotional part of the dramatic character? Here begins the severe work of the artist; for the emotional nature of the dramatic character cannot be fully known until the artist has a clear conception of the psychology or mentality of character, which conception can only be received by the artist, through a logical deduction made by an

## Analysis

analytical study of the grammatical construction of the author's sentence. It is sometimes asserted by those who believe that actors "are born, not made" that some of the clever actors and actresses have been quite ignorant of the curriculum of even a grammar school. Suppose the statement be admitted as entirely true, it would not militate against the statement that these undisciplined actors might have been greater artists if they had been better scholars. The history of the dramatic art in all ages, and in all countries, shows that the greatest dramatic artists have been scholarly men and women. I might, in proof of this position, cite names from the histories of the Greek, Roman, French, English and American theatres; but this work is not a eulogy on dramatic artists; it is a method for studying dramatic art. I will therefore dismiss the matter by saying that, other things being equal, the better scholar will always be the better artist.

The actor must comprehend the logic of the author's sentences. He must know the mentality

## **The Art of Acting**

of the character; for, if he do not know the mentality of the character, he cannot know what emotions are to be portrayed.

The true study of a dramatic character lies entirely within the dramatic author's text. For example, in order to study the character of Richard III in Shakespeare's play of that name, it is not at all incumbent upon the artist to hunt through English history to learn what kind of a man the Duke of Gloster, afterward King Richard III, was; for it is admitted on all hands that no writer has ever more clearly and forcibly expressed, in language, the emotions of human beings, than has this universally acknowledged linguist of the emotions—Shakespeare. And it is also admitted by students of English history that Shakespeare's Richard III is not the Richard III of English history. So, when an actor leaves Shakespeare's text to hunt through history for the historical personage there described, he becomes an author instead of an actor, whose true art is not to construct characters, but to illustrate characters already constructed by the dramatist.

## Analysis

It is rather a pusillanimous intelligence that can achieve celebrity only by stealing the framework of great or even popular authors, to invest it with its own personal peculiarities for representation.

This much for dramatic pirates, whether they be managers or actors.

As independence is one of the attributes claimed for the American character, I trust American actors will ever, in their true manliness, treat with contempt the author or actor who lives upon the stolen capital of plagiarized plays or conceptions of characters. Let the actor study and think for himself. If he cannot think for himself, he has no right to be in an art whose aim is to illustrate the works of the brightest thinkers and litterateurs of the world.

In a subsequent volume, now in preparation,—“The Emotional Analysis of Shakespeare’s Dramatic Characters”—I have given analytical studies of a few of Shakespeare’s dramatic characters, in order to show the student how we may get at the mentality of the *dramatis personae*, and

## **The Art of Acting**

so become acquainted with them just as we are acquainted with our most intimate friends, whose personal peculiarities we can and do frequently imitate for the amusement and instruction it affords to the listeners. This imitation of facts may be most harmoniously blended with fancy in what is termed idealizing a character which is really nothing more than presenting the character as the actor thinks it should be, instead of presenting it as a positive matter of fact, deduced from the text and situation. This is a very dangerous field of experiment; for, to be successful, the actor must possess not only great refinement of taste, but delicate skill, to diverge from the author's verbal descriptions.

And here is where imagination may, nay must, come to the actor's assistance. Imagination is that part of our mental action which, while it grows out of the truthful observation of realities, refuses to be limited by logical conclusions, and reaches into infinite space for expansion. Wonder, not always an agreeable sensation, may be the outcome of great eccentricity in this factor in

## Analysis

mental picture making; but true pleasure, satisfaction, repose for mentality, will result only when the works of imagination bear so strong a resemblance to nature that the mind immediately recognizes a standard for comparison in its parts, or as a whole.

As theory is the forerunner of practice, so is imagination the originator of theory. The dramatic art may be idealized by this power; but the imagination of the actor must be so versatile and supple as to be always a truthful elaboration of the author's work in any given direction.

If versatility or suppleness of imagination be wanting, the actor will not only pervert the author, but he will fall into the habit of representing his own individuality, and so produce that quality in his art called "sameness."

Because the artist sometimes gives scope to his imagination and thereby seems to enhance the value of the author's work, some people are inclined to think that actors create characters; but the art of acting is not creative. The author arranges emotions and the actor illustrates them.



## **The Art of Acting**

The actor, through his science, studies the emotions that the author has described, and by his art he represents them.

Perfection is not claimed for the present work, in any department; but, if the author's effort shall set actors to thinking that they really have an art, then there will be a chance for a more perfect development of the science of emotions, because study will follow.

**FINIS.**



THIS BOOK WAS SET UP, PRINTED AND  
BOUND BY THE NYVALL PRINT, OF  
NO. 1876 BROADWAY, NEW YORK.



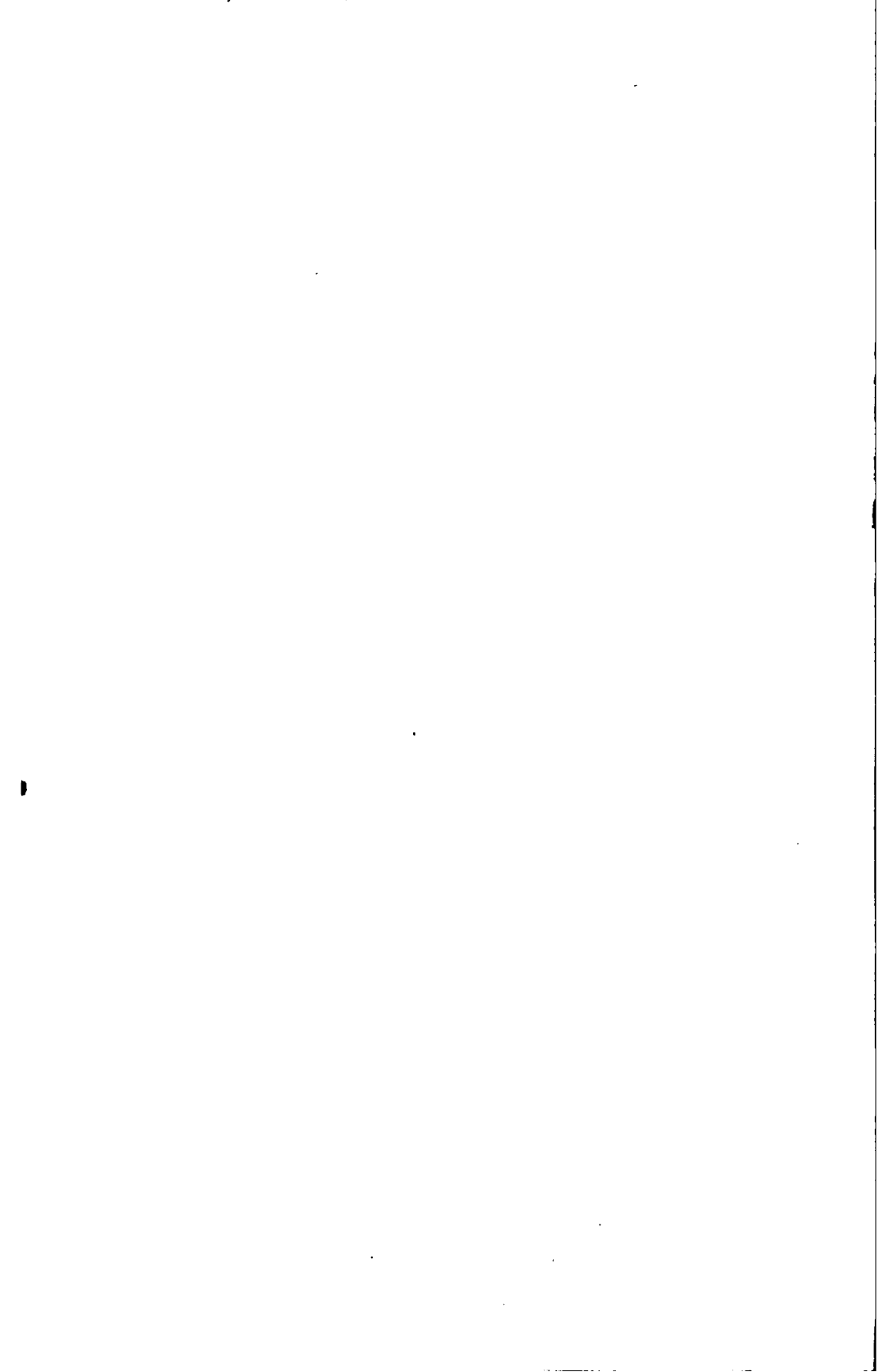














THIS BOOK IS DUE ON THE LAST DATE  
STAMPED BELOW

AN INITIAL FINE OF 25 CENTS  
WILL BE ASSESSED FOR FAILURE TO RETURN  
THIS BOOK ON THE DATE DUE. THE PENALTY  
WILL INCREASE TO 50 CENTS ON THE FOURTH  
DAY AND TO \$1.00 ON THE SEVENTH DAY  
OVERDUE.

NOV 9 1932

500407p  
2Jun'55LT

NOV 10 1932

11N2 1055LV

DEC 9 1932

JAN 05 1989

DEC 8 1936

AUTO. DISC.

NOV 18 1988

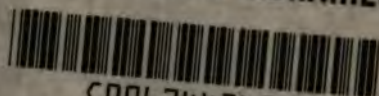
CIRCULATION

JUN 29 1940

OCT 7 1940 M.

OCT 22 1941 A

U.C. BERKELEY LIBRARIES



C006744245

331044

*macbay*

UNIVERSITY OF CALIFORNIA LIBRARY

